



Mendocino County Roundup



February 2010

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4-H Calendar of Events

February

- 6 4-H County Council Meeting, U4HO
- 8 Livestock Auction Committee Meeting, Willits High School
- 12 Abraham Lincoln Day, U4HO Closed
- 15 President's Day, U4HO Closed
- 16 Mendocino County Round-Up Deadline
- 27 Extravaganza Field Day

March

- 6 Camp counselor training day at U4HO
- 8 Livestock Auction Committee Meeting, Willits
- 15 Mendocino County Round-Up Deadline
- 20-27 2010 National 4-H Conference, Maryland
- 25 Bunko Fundraiser for Trenton Phillips, U4HO
- 27 County Presentation Day, Fort Bragg
- 31 Cesar Chavez Day, U4HO Closed

April

- 10 Rabbit Meat-Pen Field Day, Fort Bragg
- 10 Sectional Presentation Day, Del Norte County
- 12 Livestock Auction Committee Meeting, Willits
- 15 Club Project Proficiency Enrollments Due, U4HO
- 15 Mendocino County Round-Up Deadline
- 17 4-H Extravaganza, Willits
- 24 Potter Valley Rabbit Show
- 25 Redwood Valley/Calpella Horse Show



Dear 4-H Community Leaders –

With much difficulty, we've come to the decision to end Will Parrish's employment with our office. While we thoroughly enjoyed his warm personality and sense of humor, his skill set did not match our needs. Hopefully he will find another opportunity that takes advantage of his strengths.

In the meantime, until we can find a replacement, Linda Edgington will handle all club management issues, JT can help with enrollments and enrollment questions, and Linda B. will be editing the monthly newsletter. If you have plans to stop in the office during the noon hour, please call first as occasionally we will need to close the office.

Thanks for understanding,

Julie Fetherston

4-H Youth Development & Human Resource Advisors

Extravaganza Field Day

Saturday, February 27
Ukiah 4-H Office

For all interested 4-H members, Extravaganza Field Day provides an opportunity to learn about and prepare for participating in Extravaganza on April 17 in Willits. A special guest will be present, and examples of many still exhibits will be on display! Learn about...

- Modeling
- Table settings
- How to answer the Judges' questions
- The Food Guide Pyramid
- Food Safety
- Embellish Wearable Art
- Review Judging Sheets
- Menu Planning
- Recipe Submissions
- Clothing Construction/Selection

Bunko Fundraiser for Trenton Phillips

Where: Ukiah 4-H Office—890 N. Bush St Ukiah
When: Thursday, March 25 6:30 pm

Cost \$20 in advance, \$25 at the door.
You'll get dinner, bunko, prizes and fun.

Trenton is heading to Washington DC to participate in Washington Focus, a 4-H citizenship program. He needs YOUR help with the cost of the trip. He's decided to hold a Bunko Fundraiser, as a way for friends and family to have fun while supporting a good cause. Bunko is a parlor game played in teams with dice. Have a fun evening playing, eating and visiting with friends.

For more information:

Phone: 707-485-8855, cell: 707-489-7231, or email: mophillips1964@yahoo.com.

Cloverbud Field Day Huge Success

The Cloverbuds went through stations talking about the American Flag, the 4-H pledge and Motto, how to wear the 4-H uniform, preparing record books, ideas on giving presentations, and some other fun activities like basketball dunking, boat making and shooting off rockets.

A big thank you to High 4-H members, Trenton and Wyatt Phillips, Dylan and Bobby Ricetti, Cheyenne Davis, Natasha Looney, Tessa Behnke, Thomas Rockel, Hannah Foster, and Bryce Hayes (Lake Co.) They did a wonderful job running each station.

Also thank you to the parents who brought their Cloverbuds and stayed for the morning.





"Club Scribe"

News from county 4-H clubs



Round Valley 4-H Club

Submitted by Jocey Thiemann

Happy New Year from the Round Valley 4-H. Our club has been busy the past couple months. We had a busy meeting in December. We got together in our project groups and made tree ornaments. We did the exchange at the Buffalo Room during our group meeting in December. We did a cake walk to raise money for our club. Tickets were 50 cents each. The club made \$85. We also did a canned food drive for local food baskets. We discussed doing a trash pick-up on Hill Road.

At our January meeting, project meetings and information were announced. There was also interest shown in Jr. Gardeners. There was a list to sign up for those who wanted to do gardening. Presentation Day was also announced. The club voted to keep the Constitution and By Laws the same with no changes. Some members were planning to attend the rabbit show on January 16.

Our next club meeting will be on Monday, February 1st at the Buffalo Room.

Redwood Valley/Calpella 4-H Club

Submitted by Bryon Norcross

The Redwood Valley Calpella 4-H group met on Tuesday, January 12. Our club had a group activity where we had to keep the ball off the ground without using our hands. It was really hard to do but a lot of fun! We talked about our project reports. We also voted to buy our officers t-shirts with the word "officer" on them so we could find them easily at 4-H events. Trenton Phillips talked about summer camp. We found out a lot of members wanted to go to summer camp this June. We always have a great time! We need counselors! Our community leader talked about the leader retreat in Hopland and asked leaders to participate. There wasn't a contest this time, but our next contest is to make a valentine for a boy or a girl. Our next meeting will be on February 9 at 6:30 p.m. at the Redwood Valley Grange.

Ukiah Shamrocks 4-H Club

Submitted by Megan Whetzel

At the December meeting of the Ukiah Shamrocks, we decorated Christmas cookies and placements for the Senior Center. The Adult Day Care Center and the Senior Center were able to enjoy the homemade cookies the next day!



At our January meeting we had the pleasure of having County Council Secretary Diane Johnson talk to our club about record books, and many club members learned a lot. We played a game at the end of the meeting. Members reported on Rifle, Shotgun, Knitting, Science, Rocketry, Sewing, Fly-tying and Cloverbuds project meetings.

We have many more projects starting in January. Our next meeting is February 4, 2010 at the Ukiah 4-H office. Please be there at 6:30. We will be making Valentine's Day cards and placemats for the senior citizens at the Senior Center!

Potter Valley 4-H Club

Submitted by Hailey Thornton

In December, we had a big potluck/awards ceremony. Lots of people brought some really good things to eat. We all sat at the big tables that were decorated with bay leaves and pine boughs. We ate a very yummy meal with dessert.

After the meal the record books were handed out along with hat pins & stripes. The leaders gave their group awards. We also gave a few other club awards & talked about other county awards that hadn't been given out yet, such as Best of Show from the Ukiah fair & County winner records books. We had a lot of fun & we even took a group photo. We are ready for 2010. Happy New Year to all from the Potter Valley 4-H Club

Mendocino Spartans Community Service **Submitted by Kenyon Begley**

For the last months, the Mendocino Spartans have been doing numerous Community Service projects. Some of the projects included a food drive for the Fort Bragg Food Bank, Christmas caroling for the elders at Lodge At The Woods, and baking cookies for seniors. We got to help eat the cookies with the seniors. Recently we have been gathering blankets, sleeping bags, jackets, coats, umbrellas, etc. We will be donating them to Hospitality House, Coast Community Center, and Four-square Church here on the coast. All of these groups help the homeless men and women get food and shelter. In February we will be going back to visit the elders. We will be sharing cookies, cards, and poetry!



Fort Bragg 4-H Club **Submitted by Myles Anderson**

During the final few months of 2009, a lot of things happened in Fort Bragg 4-H. We had a guest speaker, Sherri Soria, from Living Light come in both September and October. She has written three books about healthy living and eating raw, organic foods. She brought cheesecake for all 105 members and their families, and then showed the club how to make raspberry sauce as a topping. Eleven record books from our club received gold awards at our local level, and from these, Julia Ravella, Myles Anderson, and Veronica Weaver received gold at the county level. The dynamite award in October was given to Sam Perkins, and the dynamite award in November went to Dalton Stoker. Our local community met our animals, saw our awards, checked out our quilting, educational posters, and scrapbooking during 4-H Visibility Week at the Harvest Festival and in our window display at Furniture Mart.

In November, we collected cans and money at our

general meeting to donate to our local food bank. Our club was able to donate \$37 and 78 pounds of canned goods. Along with holding our local awards night that month, Fort Bragg was in charge of the "Top Dogs" County awards night décor and chose to go with a Hollywood theme. Thanks to Jen Estes for providing healthy snacks following each meeting.



We celebrated the holiday season by making decorations and cards for Sherwood Oaks, our local convalescent home, and by collecting more canned goods and money to be given to as a Christmas basket for the holiday season.

Long Valley 4-H Club **Submitted by Garrett Campbell**

Long Valley 4-H has been really busy. We did Thanksgiving baskets for our community. Two of our members, Emma Braught & myself (Garrett Campbell), went to the [Power of Wind SET Training](#) where we learned all about how the wind can power boats. We did hot cocoa for the town's local open house before Christmas, as well as held a bakesale to help replace some of our items that were lost in the fire. Our goat group went to Stockton for a Breeders, Feeders & Leaders Training, learning tons of helpful info to help with their projects.

We were very happy that Stuart Boule was able to make our January meeting so that we could award him with his Friends of 4-H Award. I gave a speech and handed out the award. Unfortunately, Mr. Boule was unable to attend the year-end awards ceremony. He has done so much for our local club and we appreciate him.

Our group is currently getting ready for our Annual Superbowl Sunday Breakfast! The cooking project is heading the breakfast up this year (thank you Rick) & the officers will also be helping them out. We are excited to offer some new items on the menu this year. If you're in the neighborhood, stop by the Grange Feb 7 between 7-11a.m.

Opportunities & Updates from the State 4-H Office

- **Habitat for Humanity Partnership:** 4-H clubs across the U.S. can now partner with their local Habitat for Humanity (HFH) affiliates to plant trees at recently completed homes as part of the 4-H Million Trees (4HMT) project. 4-Hers are encouraged to contact the local Habitat for Humanity affiliate now to organize future planting events. Enter your Zipcode at <http://www.habitat.org/cd/local/default.aspx> to obtain the telephone number.
- **The Operation: Military Kids (OMK) Program** is offering free Babysitting Training courses for Youth 12-18. For more information, contact Jeanne Christenson at jpchristenson@ucdavis.edu or 530-219-6608 Dates and locations of upcoming youth trainings include the UC Davis 4-H Office, Feb. 20 & 21, 9:30-4:30, and the Yuba/Sutter 4-H Office March 13 & 14, 9:30-4:30.

Science, Engineering, & Technology (SET)

- **Crime Scene — The Case of the Missing Computer Chip:** In this activity for grades 6-12, a simulated crime scene is presented for teams of youth to solve. The elements of the nature and process of science are recognized through discussion of the crime solution metaphor. Find it at the Evolution & the Nature of Science Institutes (ENSI) website at <http://www.indiana.edu/~ensweb/lessons/crime.html>.
- **You can't win NASCAR races without getting the science right.** The Science of Speed, produced for the National Science Foundation (NSF), explains the scientific principles that are so essential to the NASCAR experience. Viewers learn how science makes cars powerful, agile, fast and safe. View the videos at http://www.nsf.gov/news/special_reports/sos/?WT.mc_id=USNSF_51.
- **Science Toy Maker** is a non-commercial, teacher-created website, for people who like to roll up their sleeves and make fun, mysterious science toys and projects that entice scientific investigation. It is a resource for inspired parents, kids, teachers, teenagers, home schoolers, science fair participants and citizen scientists everywhere. Access the website at <http://www.sciencetoymaker.org/>.

Let's Get Ready to Lead!



July 29th through August 2nd you will begin a journey of a lifetime at UC Davis. Meet new friends through the intense recreational activities, become more knowledgeable about your leadership mission through the educational workshops, and be inspired by the secret agent speakers and commander in chief in every assembly!

Be pumped, be armed, and be ready for the conference that will help you develop as a leader and benefit your Operation 4-H Journey! State Leadership Conference is ready for you, but can you handle this much extreme???

State Leadership Conference 4-H 2010 Operation 4-H: July 29th – August 1st, 2010 at UC Davis.

7th Annual North Coast Youth Summit "Connect for a Cause!"

February 27, 2010
College of the Redwoods, Eureka,
9 am to 3:45 pm (check-in 8:30 am)

Registration Deadlines:

\$10 if received by January 29
\$20 if received between January 29 & February 12
\$30 after February 12

Participants will learn what it takes to confidently enter leadership roles in the real world and will gain an understanding to the value of service in their communities. There will be over 20 dynamic workshops available for youth and adults plus two motivational keynote speakers.

For more information:

<http://ysummit.org/default.aspx/>

Mendo-Lake Leaders Meet

Saturday, January 23rd Mendocino and Lake County 4-H Leaders met for the 3rd annual Leader Retreat, held in Hopland at Brutocao Schoolhouse Plaza.

Forty leaders in attendance learned about developing youth leadership in projects, how to incorporate SET (science engineering and technology) in project meetings, plus information on ice breakers and energizers. There were break-out sessions on Record Books, fundraising, animal science curriculum, kitchen science, project planning and what a community of practice is. Also included was a creative indoor nature walk (due to weather), a session on how to deal with difficult people and the introduction of a program development board. One of the more active sessions was yoga, which was fun for all.



Each attendee received a 4-H backpack with A-Z Icebreakers and meeting energizers and supplies to go with it as a gift for attending. Thank you to all the leaders that took time out of their busy schedules to join us for a full Saturday. We are already talking about what to do next year to help adult volunteers lead projects, run meetings and more.

Please Support Mendocino County Fair Junior Awards!

Submitted by Stacey Anderson & Lory McAsey

We are kicking off 2010, and it's shaping up as another fun-filled year. It is time to start thinking about the junior awards program for this year; Fair time will be here before we know it.

We are breaking down the awards program into small (sub) categories to help maintain sanity and organization. A volunteer request form is available on the Mendocino County 4-H web site at http://cemendocino.ucdavis.edu/4-H_Program/Mendocino_County_Fairs.htm. The committee is seeking anyone interested in helping with a sub-category. If you are able to help in one or more areas, we would greatly appreciate your support. Please complete the form and return as soon as possible. Like all events, it takes an army, and we can use your help.

Along with the volunteer request form, we have sent out a donation request letter to all of our loyal sponsors of 4-H clubs and FFA Chapters. The form is also available at http://cemendocino.ucdavis.edu/4-H_Program/Mendocino_County_Fairs.htm. Please use it to help reach our goal of \$8,000.00+. It would be wonderful if everyone involved was able to help bring in at least one donation. Please be sure to express your gratitude for any and all donations you receive.

We hope to have the awards ordered and prepared for distribution before the Redwood Empire Fair. All awards should be ordered around May for both fairs. Throughout the summer we will still be collecting donation money, as well as organizing and labeling awards.

Once we have additional help, we will be collaborating with the sub-committee. Our goal is to be able to offer many wonderful awards. We will be handing out many of the awards ringside, helping to downsize the awards ceremony.

We would really appreciate all of your help and support. The amount of donations we receive is ever-important to ensure the quality of awards we are able to provide.

COUNTY PRESENTATION DAY

Get prepared now for County Presentation Day! The event will take place **March 27, 2010**, and will be sponsored by the Fort Bragg 4-H Club at the Redwood Elementary School, 324 S. Lincoln Street in Fort Bragg. Sign-in on March 27 starts at 8:30 to 9:30 a.m. followed by a group assembly at 9:30 to 9:45. Demonstrations will begin at 10:00 a.m. Make plans now to participate. Use the application form on the bottom of this page to sign up.

Applications are due in the Ukiah 4-H Office or post marked by Monday, March 15, 2010!

Club leaders have information and guidelines which you can refer to if you are not sure what the criteria are for each of the categories. You can also access the categories on <http://ca4h.org/leadership/>. The Ukiah and Fort Bragg lending libraries have information and videos which can be checked out for a 2-week period to give you tips as well. A few highlights are listed below:

- ◆ A 4-H member may participate in ONE individual or team demonstration, prepared speech, impromptu speech, cultural arts, problem solving, or audio visual presentation. Additionally, you may also participate in a still display or Share the Fun skit.
- ◆ It is suggested that presentations be from 4 to 7 minutes in length, although they may be longer.
- ◆ Participants will provide their own equipment and supplies for demonstrations or still displays.
- ◆ If you sign up and find you just can't get the presentation ready, please notify the office immediately.
- ◆ Primary members will receive participation ribbons only; they may not compete for medals. This includes participation in Share the Fun. If there are primary members in a skit, all members receive Participation Ribbons.

Those receiving gold awards at this year's event are encouraged to attend the Sectional Presentation Day on April 10 in Crescent City. The Presentation (Demonstration) Proficiency Award Program will also be available to those who are interested. Forms can be picked up at the registration table on March 27, 2010.

PRESENTATION DAY REGISTRATION FORM

Name: _____ Club: _____

Co-presenters: _____

Title: _____ Project: _____

Phone # _____ Age: _____ Grade: _____ Will live animals be used? _____

Check a box below for the category of your presentation. If you are not sure, please contact the 4-H Office.

- | | | |
|--|---|--|
| <input type="checkbox"/> Demonstration and Illustrated Talks | <input type="checkbox"/> Interpretive Reading | <input type="checkbox"/> Job Interview |
| <input type="checkbox"/> Scientific Demonstrations and Illustrated Talks | <input type="checkbox"/> Share the Fun | |
| <input type="checkbox"/> Educational Display | <input type="checkbox"/> Cultural Arts | |
| <input type="checkbox"/> Prepared Speech | <input type="checkbox"/> Audio Visual Presentations | |
| <input type="checkbox"/> Impromptu Speech | <input type="checkbox"/> Problem Solving | |

Share the Fun Skit Title: _____

Club Name: _____ Names of Participants: _____

I would like to serve as a room host at Presentation Day

Sponsored by the Fort Bragg 4-H Club

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“Roundup”
MENDOCINO COUNTY 4-H
February 2010

Web Sites

National 4-H Council

www.4-h.org

California State 4-H <http://ca4h.org>

Record Book forms, officer manuals, Policy Handbook, opportunities for youth and leaders, etc. Click on **Downloads** for links to electronic 4-h forms, clip art, and the policy handbook.

Mendocino County web site:

<http://cemendocino.ucdavis.edu>

The *Roundup* is available on this web site. You can also be notified when a new *Roundup* is available electronically. Please contact the Ukiah 4-H office for this information.

Yahoo Groups for Community Club Leaders

<http://groups.yahoo.com/group/4h-ccl/>

Valuable site for discussing issues, sharing information and resources for curriculum, materials and project ideas.

Published by: University of CA Cooperative Extension
Mendocino County, 4-H Office

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