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4-H Calendar of Events

October

- 02 County Council Meeting
- 08 Record Books due to Ukiah 4-H Office
- 09 Eel River Cleanup
- 11 Columbus Day, 4-H Office closed
- 14 County Record Book Judging Ukiah 4-H Office
- 15 4-H New Enrollments Due
- 15 Mendocino County Roundup Deadline
- 16-17 Petting Zoo at Ukiah Pumpkinfest Redwood Valley/Calpella Club
- 19 New Leader Orientation, Ukiah Office, 6:30 to 8:30 pm
- 23-24 Shooting Sports Volunteer Training-Shotgun, Ukiah
- 26 Food Safety Training, Ukiah 4-H Office, 6-9 pm
- 30 County-wide Presentation Day Workshop, 9 am to noon

November

- 5-7 Asilomar State Leaders' Forum, Monterey
- 6-7 Shooting Sports Volunteer Training-Rifle, Ukiah
- 10 Leader Orientation, Ukiah 4-H Office, 6:30-8:30 pm

December

- 3-5 State Record Book Judging, UC Davis



Happy Halloween!

19th Annual Eel River Cleanup—Saturday, October 9

Arrive anytime between 9 am and 2 pm. We will meet under the bridge over the Eel River, five miles north of Potter Valley on Eel River Road for a day of community service and play. Bring sunscreen, gloves, trash bags, canteen and beach needs. The Mendocino County 4-H and PG&E will once again be sponsoring the Best Cleanup Ever. We will be cleaning a 5 mile section of river from Van Arsdale Reservoir up to the Lake County Line. PG&E owns this stretch of the river as part of their Potter Valley Hydro-Electric Project. PG&E will provide a Tri-Tip BBQ lunch for participants and a \$1000 donation to the Mendocino County 4-H. Solid Waste of Willits Inc. will be donating the dumping fees. We hope you will come and help to rid the river, roads and beaches of trash so we can enjoy a clean, healthy watershed and recreation area. For more information, call Beb Ware at 743-1525.

Leader Corner...

Leaders, keep an eye on this space for important dates and messages.



Oct 2 County Council meeting— Each club needs to send representation for their club. Important issues are discussed and decided at these quarterly meetings. Each club is allowed 4 votes, 2 adults and 2 youth

Oct 8 Deadline for county record book judging — Books must be in the office by 5pm, with the names of judges

Oct 14 County Record book judging — Every club must send one judge for every 3 books entered. We will start promptly at 6:30 PM

Oct 15 Club enrollments due at Ukiah 4-H office — Clubs will have earlier due dates to collect and process their paperwork. This is also the last day to enroll in a Market Animal Project

Oct 19 New Leader orientation — All new leaders must attend an orientation before beginning their project meetings. Please RSVP to the office with leaders name and project they will lead

Oct 25 Mandatory Year end reports due to Office — Club/project inventories, year- end financial reporting and outreach documentation for each club is due. Any club turning their work in prior will receive a gift from Linda.

Oct 26 Food Safety Training 6-9 pm Ukiah 4-H office — Each club is required to have at least 2 adults certified in Food Safety. A certified person must be in attendance at an event where food is involved

Oct 30 Presentation Workshop — This workshop is for new members and parents as well as returning members. Learn about all the different styles of presentations that can be done

Advanced Vet Science Project to Begin Soon

Jenny Smith and Shanna Braught, the project leaders for the County-wide Advanced Vet Science Project, are very excited for meetings to begin in October. The dates are:

- October 16 (changed date)
- December 18
- February 19
- April 16
- June 18



Local veterinarians, as well as veterinarians from the School of Veterinary Medicine at the University of California, Davis, will be leading the meetings at the UC Hopland Research and Extension Center. The meetings will be approximately 4 hours long.

This Project is targeted at members with a serious and committed interest in animal science and veterinary medicine. The subject matter is advanced. Potential topics are:

- The Basics: Animal assessment, Injury assessment, Effective communication with your veterinarian, Animal first aid
- Orthopedics
- Animal physiology/organ systems
- Reproduction and reproductive physiology
- Necropsy
- Parasitology

Meetings will give members a great opportunity to work one on one with veterinarians and to gain a more thorough understanding of animal medicine and the important role animal husbandry plays in relation to their animal's health. Meetings will be hands on, and members are expected to learn by getting their hands dirty and interacting with the veterinarian(s) leading each meeting.

The project is open to 12 members only, grades 8 through 12. Those members are expected to submit an application explaining their past animal science experience and what they hope to learn from the project. In addition, the applicants will complete the first level (five in total) of the 4-H Veterinary Science Proficiency Program [UC Davis and Tehema County 4-H] and will receive a proficiency pin for their efforts. Congratulations to those members who will have the opportunity to take part in this new and exciting project.

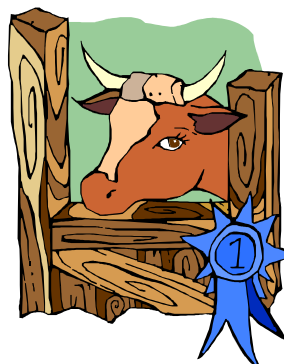
Thank You to Mendocino Junior Fair Award Sponsors!

The Mendocino County Junior Fair Awards Committee would like to again thank all the generous sponsors to the program for this 2010 fair year. Please, if you received an award at either the Redwood Empire Fair or the Mendocino County Fair, write your sponsor that thank you note. Sponsors enjoy reading about your and your projects. If you do not know who to thank or the card was missing from the award, please contact Stacey Anderson 964-2690 or Nadine Boer 463-0411. Leaders and advisors please make sure your members follow through with this task.

We will again be asking for sponsors for the 2011 year shortly after the beginning of the year. Please let your friends, family and business associates know how much their contributions to this program mean to our members. Thank you again to the list of sponsors.

A 5 Farms
Ag Unlimited
Anderson Angus Ranch
Anderson Logging Inc.
Anderson Valley FFA
B Bar Six Polled Hereford
Beckstoffer Vineyards
Betty Hamblin
Blue Ribbon Pets
Bob Dempel
Boontling Boers
Brian White
Campbell Cattle Co.
Carre Brown
Clines Unlimited Construction
Daniels Construction
Downey Vineyard
Feather Rock Ranch
Gary Swanson Paving, Grading
George Weger
Happy Woman Jewelry
Hwy 20 Feed
Janet Heppler/Betty Barnett
Jessica Tanning
Jo Dinning
Keith & Angela Thornton
Keiths Family Food Center
Kelsay/Rowles Families
Kiwanis Club of Ukiah
KW Swine
Laytonville Rodeo Association
Lester & Donna Smith
Long Valley 4-H

Long Valley Lumber Inc.
Long Valley Market, Inc.
M&M Feed & Supply
MCJLAC
Mendocino Coast Pediatric Group
Mendocino County Cattlemen's
Mendocino County Farm Bureau
Mendocino Spartans 4-H
Michael & Nadine Boer
North Coast Rabbit Club
Quality Landscape Company
Rhonda Stoker
Rucker Vineyards
Shoreline Riders Inc.
Stephen & Sharon Short
T & M Aviation
The Hunt Family
Tres Classique
Ukiah 4-H
Vic & Maggie Weaver
Willits 4-H
Wilson Livestock
Wine Country Termite & Pest
Yokayo Veterinary Center



New Leader Orientation

October 19 or November 10

6:30 to 8:30 pm Ukiah 4-H Office

As part of the enrollment process, each new leader must attend orientation with 4-H staff prior to starting any project. There are three steps to enrollment: 1) paperwork returned, 2) fingerprints cleared, and 3) orientation completed before any project meeting can be held by the leader. Each project meeting **MUST** have a leader and another adult (over 21) in attendance at all times. **To be sure we have adequate materials, please RSVP to the 4-H Office at 463-4495 with your name and your project(s).**

4-H Food Safety Training

October 26 6:00-9:00pm

Ukiah 4-H Office

Every club must have 2 adults certified in Food Safety. County of Mendocino Food Safety certification also counts toward the 4-H certification; however, all the scheduled County Food Safety trainings are full through the end of 2010. The schedule has not come out yet for 2011.

This 4-H Food Safety Training will talk about food safety at home, at picnics, pot lucks and much more. Did you know that many people think they have the flu when it is actually a case of food poisoning?!



Youth members are invited, please RSVP by Monday Oct 25th so there will be enough training materials, food and prizes for everyone.

Food Safety and Unpasteurized, Raw Milks

— Food Safety is important to all of us. Drinking unpasteurized (raw) milk; cow, goat or sheep could make you sick. Raw milk can contain harmful bacteria. There are many families that do drink raw milk from their own stock, which is their choice. For 4-H club and project meetings, raw milk is not to be served. The link below has more information from FDA (Food and Drug Administration) on the dangers of consuming raw milk. <http://www.fda.gov/Food/ResourcesForYou/Consumers/ucmo79516.htm>

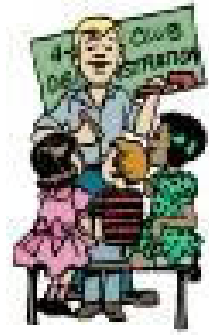
October 2010

Presentation Workshop

October 30 9 an to Noon

Ukiah 4-H Office

Are you new to 4-H? Have you been in 4-H for a while but still nervous about what a presentation is and how to give it? Have you ever wondered how the kids learn to speak in front of groups so well? Well this workshop is for you!



There are many different styles of presentations that can be given and count in your record book toward your star rank. Giving a presentation at County Level is a requirement of each star rank.

Come and join us on Saturday morning, October 30, to learn how to put together a presentation on a topic you know or like. There will be presentations by youth and adults — something for everyone.

Please RSVP by October 27th to 463-4495. We must have a minimum of 5 participants attending, or we will have to cancel the workshop.

Taking the Lead

National 4-H Week
October 3-9, 2010



Look at your local 4-H, and you will find young people taking the lead in addressing today's challenges. 4-H is where young people explore, learn and discover in a safe environment. In 4-H, youth find their true passions, gain confidence and give back to their community.

Celebrate 4-H as youth step up and take responsibility for their futures - and ours.

www.4-H.org



Reminder... Record Books Due

Gold Seal record books from your club are due at the Ukiah 4-H Office by 5 pm on Friday, October 8 along with the names of judges from your club (one judge for every three books). Record books are due at the Club level earlier for Club judging. County record book judging will be October 14.



Well Done Steer Exhibitors!

On August 6th the Redwood Empire Fair made available an Ultrasound Carcass Evaluation for the Market Steers entered for the Junior Livestock show made possible by sponsorship's from Taco Bell and Hildebrand Hay & Cattle. The attempt was for the 4-H, FFA and Independent Market Steer participants to understand what a good feed program will do for the animal. One thing that all participants and the viewing audience learned is that it also requires good genetics behind that animal to produce your top carcasses. All 22 market steers scanned had a quality grade score of Select or Choice. This is a tremendous result. What is even better is that the judge did a great job because the Champions were within the top 7 placing.

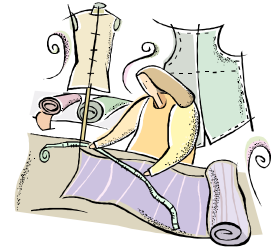
Once the ultra sounding was completed Mr. Setter forwarded the information onto an independent lab for evaluation. Once the results came back he was able to place the animals by using the data and he put together the top three, along with an honorable mention listed below. All other results are available on the Redwood Empire Fair web site (www.redwoodempirefair.com) Keep in mind they are posted by the tag number.

- Rank 1 (#148) - Danielle Seymour, Willits FFA (Grand Champion Steer)
- Rank 2 (#116) - Salvador Zamora, Potter Valley 4-H
- Rank 3 (#150) - Brady Satterwhite, Ukiah FFA (Reserve FFA Champion)
- Notable Mention (#102), Justena Weaver, Fort Bragg 4-H.

Go to www.settercattle.com to learn more about ultrasound carcass evaluations and scoring.

CA State 4-H Fashion Revue: Fashion cents

The 2011 State Fashion Revue will be held on May 28 at UC Davis as part of State Field Day. The theme is Fashion Cents. There is one major change for the Consumer Science—Purchased category. Instead of the \$150 limit in past years, the limit for 2011 will be \$100. The categories of Traditional, Recycled, and Wearable Art-Embellish are the same as in previous years. The rules for Recycled have been changed so that it is clear that the original materials must be a garment(s) and the finished product must be a different garment(s).



Alterations such as shortening a dress to a shorter dress do not qualify for the recycled category.

Another category — the \$15 Challenge — encourages you to be a wise consumer. The spending limit is \$15.00 for a complete outfit (shoes not included). This may include a jacket or vest and should give a coordinated look. Receipts are required, although they can be handwritten from garage sales. Sources may include garage sales, consignment or thrift stores, Goodwill, Salvation Army, etc. To qualify for the state event, 4-Hers must be the County Challenge Winner in their County Fashion Revue. Complete information is on the CA 4-H website at www.ca4h.org/Programs/Events/SFR/

It's not too early to begin your planning now!

Shooting Sports Training—Rifle

Saturday, November 6, 8 am to 5 pm

Sunday, November 7, 8 am to 5 pm

Ukiah Gun Club

Upon successful completion of this course, 4-H leaders will be certified in the rifle shooting sports discipline as a Volunteer Leader eligible to serve as a club or camp rifle project leader. Course fee is \$20 payable to *Mendocino 4-H*. To register complete the *Training Request and Registration Form* found at: <http://www.ca4h.org/files/4785.doc>. Contact Linda Edgington at 463-4495 for details.

“Club Scribe”

News from county 4-H clubs

Potter Valley 4-H Club **Submitted by Cooper Johnson**

Hi, my name is Cooper Johnson, and I am the new reporter for the Potter Valley 4-H Club. We held our first meeting of the new 4-H year on September 13, 2010. We had three new members at our meeting and some projects were talked about: Rabbits and Cloverbuds, The Community Service project will do historical mapping of the PV Cemetery this year. In this project, members will research family trees of people in the cemetery and the historical relevance of the people to the area.

Sue Matthews reported about the fair. We had a lot of happy campers and parents! Kids that wanted to share about their experience at the fair talked. We had two Grand Champion and one Reserve Champion market animals and many champion breeding animals. Our Beef group won \$50 on their educational display. Swine, pygmy goats and dairy all won the Clean Stall Award. Our club won \$150 for winning overall Clean Stall! There was a report on summer camp by Taylor Delbar.

Our new officers were installed by a “Cookie Installation” ceremony. Each officer was presented one ingredient from a cookie recipe to represent how each part is important to the whole. Our new officers for the 2010-2011 year are as follows:



President (flour): Kenzi Wattenburger; **Vice Presidents** (sugar): Rebecca Pierachini and Chesney Johnson; **Secretary** (eggs): Emily Eddie; **Treasurer** (butter): Taylor Delbar; **Sergeant at**

Continued next column

Arms (salt): Warren Foster, Julie Brown, Jon Slotte, Adam Kile; **Reporter and Photographer** (vanilla): Cooper Johnson and Karli Chase; **Quarter Master** (recipe): Matthew Delbar; **Members** (baking powder); and **Adult leaders** (cinnamon – the spice!)

Fort Bragg 4-H Club **Submitted by Rikki Hautala**

Here on the coast Fort Bragg 4-H is off to a good start. We had our first general meeting run by our new president Tanisha Norvell. At the



meeting our vice president Lane Norvell arranged for a park ranger to come to our meeting and talk to the club about his job. He gave out posters to the 4-Hers who could guess where pictures had been taken. Lane had selected the park ranger to come talk to our club because our club’s theme for this year is “keep it green and blue.” The Fort Bragg 4-H officers are hoping to inspire people in our club to take care of our coastal forest and ocean.

Our club has downsized this year, and we are very excited to say we have sixty six members. This size of a club should be easier to manage and easier to plan events for. We are planning for a fun Halloween Party. Our chairperson is working on a spooky walk through the chutes and out into the arena for a “spook-tacular” time. We are excited about the new year and are off to a good start.

Reminder to Club Scribes...

Submissions for the Club Scribes column should be sent to cemendocino@ucdavis.edu by the 15th of the month to be included in the next newsletter. **Questions?** Call Linda Blatchford at 463-4495.

Opportunities & Updates from the State 4-H Office

- The Water Drop Project is in conjunction with a current research expedition to Antarctica called ICE AGED, which is studying the changing conditions of sea floor communities in Antarctica. Youth are invited to create a “water drop” and send it to the scientists at the Moss Landing Marine Lab in Antarctica, and then follow along with updates about the expedition. Complete details can be found online at <http://iceaged2010.mlml.calstate.edu/water-drop/>.
- In order to build public awareness about water resources, World Water Monitoring Day will be on September 18, 2010. Participation in this day helps engage youth by conducting monitoring of local water bodies in order to conserve and protect water resources. More information can be found online at www.worldwatermonitoringday.org.
- The DoRight Leadership Corps will be holding two, four hour online training sessions on October 12 and October 21. The training will provide volunteers, teachers, and afterschool educators with an opportunity to expand their knowledge and expertise in sustainability and entrepreneurship and to enhance the linkages between classroom-based learning with community-based project work. All participants will receive the full DoRight Leadership Corps resource manual. The workshop is free. The syllabus and registration material is posted online at <http://eec1.ucdavis.edu/epyc/SEWorkshop>.
- Reserve the date – February 5, 2011 – for the 3rd annual statewide 4-H science, engineering, and technology workshops! Workshops will take place in multiple locations across the state. The locations and the curricula are still being planned. If you have suggestions, please send them to Steven Worker at smworker@ucdavis.edu.
- Planning for the new 4-H Club year? A wide variety of 4-H SET-Ready curricula can help you plan your project! Free, online, downloadable curricula are available in rabbits, veterinary medicine, filmmaking, water quality testing, environmental education, agriculture, and primary member (K-3rd grade) activities. Download these curricula at <http://www.ca4h.org/Projects/SET/Curriculum/> Other curricula are available for purchase from the National 4-H Council at <http://www.4-hmall.org/Category/4-hcurriculum.aspx>.
- National 4-H has become a partner with the National Center for Women & Information Technology (NCWIT). NCWIT is a coalition of over 200 corporations, academic institutions, and non-profits working to increase women’s participation in information technology. Check-out NCWIT’s resources, including talking points, activities/programs-in-a-box, and other materials at <http://www.ncwit.org/resources.res.html>
- Project BudBurst is following the effects of climate change on local areas by inviting citizen scientists to observe the phenophases of local trees, shrubs, and flowers. To participate, go online and record your observations of first leaves, first fruit, or first flowers at <http://www.budburst.ucar.edu/index.php>.
- For 4-H Members: As you start to consider about topics for your 4-H presentations for this year’s cycle of county - sectional - state 4-H presentation days – think **WATER!** At the State 4-H Presentation Day on May 28, 2011 at UC Davis, a special recognition pin will be awarded to 4-H members who relate their presentations (all categories are eligible) to water. Potential topics include water quality, conservation, water cycle, effects on plants and organisms, water in cultural contexts, human impacts on water, phases and/or properties of water, storage and transportation. For more information, please contact Steven Worker at smworker@ucdavis.edu.

2010 State Leaders’ Forum: Upgrade, S.E.T. Your system, GO!

The State 4-H Leaders’ Forum, “Upgrade! S.E.T. your system, GO!”, will be held November 5-7 at the Asilomar Conference Center. Portions of the forum will focus on sharing ideas about the various ways that 4-H educates its members in all aspects of the 4-H Youth Development Program, facilitated by volunteers and staff. Registration is \$45 per person before October 1, and \$50 per person after October 1. Talk with the 4-H Leaders, staff and parents in your club and county, form a group to attend the 2010 California State 4-H Leaders’ Forum. For information, <http://www.ca4h.org/Programs/Conferences/SLF/>.



To see ALL the State 4-H Updates, go to: <http://www.ca4h.org/News/>

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University of California
Agriculture and Natural Resources



**“Roundup”
MENDOCINO COUNTY 4-H
September 2010**

Web Sites

National 4-H Council

www.4-h.org

California State 4-H <http://ca4h.org>

Record Book forms, officer manuals, Policy Handbook, opportunities for youth and leaders, etc. Click on **Downloads** for links to electronic 4-h forms, clip art, and the policy handbook.

Mendocino County web site:

<http://cemendocino.ucdavis.edu>

The *Roundup* is available on this web site. You can also be notified when a new *Roundup* is available electronically. Please contact the Ukiah 4-H office for this information.

Yahoo Groups for Community Club Leaders

<http://groups.yahoo.com/group/4h-ccl/>

Valuable site for discussing issues, sharing information and resources for curriculum, materials and project ideas.

**Published by: University of CA Cooperative Extension
Mendocino County, 4-H Office**

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