



In This Issue	Page
Leader Corner	2
All-Star Ambassadors	2
State Fair	2
Good News	2
Record Book Corner	2
4-H Shooting Sports	2
Scholarships	3
Buyers Luncheon Reminders	3
HREC Blog	3
Junior Awards Update	3
State Leadership Conference	3
Club Scribe	4-5
Junior Meat Goat Show	5
Swine Showmanship Field Day	5
Extravaganza Cookie Recipes	6
President's Fitness Challenge	6
Equine Herpes Virus	6
State Updates	7

4-H Calendar of Events

June

- 3-5 Spring Fair, Redwood Empire Fairgrounds
- 15 *Roundup* Deadline
- 15 Camp Counselor Meeting, 4-H Office, 6:30-8:30 pm
- 18 Swine Fitting & Showing Clinic, Redwood Empire Fairgrounds
- 19 N. Coast Jr. Meat Goat Show, Redwood Empire Fairgrounds
- 19-24 Summer Camp, Teen Staff, Camp Masonite Navarro
- 20-24 Summer Camp, All campers, Camp Masonite Navarro
- 28 Community Leader Meeting, 4-H Office, 6-9 pm

July

- 4 Independence Day, 4-H Office Closed
- 5 WHY Conference Planning Meeting, 4-H Office, 6:30-8:30 pm
- 6 Livestock Expo Meeting, 4-H Office, 6:30-8:30 pm
- 8-10 Sheep Camp, Chuck Ream
- 9 County Council Meeting, 9 am to noon, Fort Bragg
- 14-31 California State Fair, Sacramento
- 15 *Roundup* Deadline
- 24 Redwood Empire Fair Horse Show, PV Rodeo Grounds
- 31 Campers move in, Redwood Empire Fair, until 10 pm

August

- 2 Animals move in, Redwood Empire Fair, until 10 pm
- 4-7 Redwood Empire Fair
- 15 *Roundup* Deadline
- 31 End of 4-H Year

Have Fun at Camp!



Dear 4-H Families and Friends...

As you know, 4-H is part of the University of California through the UC Cooperative Extension system. As part of the UC system, we are affected by the State budget cuts. UC system has been trying to deal with a \$500 million cut which could grow to \$1 BILLION if Governor Brown's recommended temporary taxes are not extended.



The University has been preparing — through program cutbacks, staff layoffs, efficiency initiatives and other financial strategies — to cope with the \$500 million cut already approved in its 2011-12 State funding package. Doubling UC's cut to \$1 billion would amount to a single-year reduction of more than 32 percent! Tuition costs will rise, and impacts will be felt system wide including Cooperative Extension and 4-H.

We need your help! Please show your support for the future of UC, Cooperative Extension and 4-H. Send a letter or call your legislators today. Let them know what 4-H has meant to you and your family. For a template to help you take action, go to www.ucforcalifornia.org/uc4ca/issues/alert/?alertid=46907516&type=ML

Leader Corner...

Leaders, keep an eye on this space for important dates and messages.



Community Leader Meeting June 28—6 to 9 pm 4-H Office

We'll be updating the Community leader binder, sharing ideas with each other through hands-on stations, and reviewing new policies/procedures plus online enrollments and more!

Important Fair Entry Notes....

If you are enrolled in the associated 4-H project, you enter in the 4-H Division for the Fair. If you are NOT enrolled in the associated 4-H project, then you enter in the Independent Division.

All-Star Ambassador Team

The Incentives and Recognitions Committee has been working on bringing a County All-Star Ambassador program back to Mendocino County. All-Star Ambassadors is a leadership team of 4-H youth and an adult advisor who serve to increase 4-H visibility to the public, support county events in a leadership role, develop and implement a team plan of action, and represent 4-H at various levels. To get the program off the ground, an All-Star Adult Advisor is needed. A job description is currently being developed. If interested, contact Linda Edgington at 463-4495.



The theme for the 2011 California State Fair is
"The Adventure Is Bigger Than Ever!"

July 14-31, 2011

www.bigfun.org

Good News...

The University has announced the first group of academic positions approved for recruitment and hiring this year including a Youth, Families and Communities Advisor for Humboldt, Del Norte, Lake and Mendocino Counties. While the process will take awhile, this still represents good news for us. We'll keep you posted...

— John Harper, County Director

Record Book Corner

By Barbara Nordin-Elmer



For those of you preparing your Record Books for the end of the year, we have posted Barbara's Record Book Corner information on our website at: cemendocino.ucdavis.edu/4-h_program/record_books or you may pick up a copy at the office.

4-H Shooting Sports Workshop Rifle Discipline Tulare, CA

Saturday, June 25, 2011 – 8:00 a.m. – 5:00 p.m.
Sunday, June 26, 2011 – 8:00 a.m. – 5:00 p.m.

A 4-H shooting sports workshop for the rifle discipline will be held at Rankin Field Range, 20000



Road 140 in Tulare. Participants must attend both days of training. Upon successful completion, the participant will be certified as a rifle trainer and can lead a rifle project at the club level or serve as

county trainer to certify other leaders. There is no cost for the course. To register for the course or receive more information, contact John Borba at: jaborba@ucdavis.edu For information about the facility and a map, please visit the range website at: http://www.tcdsa.org/documents/rankin_field.htm



SCHOLARSHIPS



The State 4-H website has information on many scholarships. Check this link: http://www.ca4h.org/Resources/Members/Scholarships/Scholarship_Categories/ Scholarships listed below are available locally with applications available at the 4-H Office or on our website.

- **Mendo/Lake Wool Growers:** Three Scholarships for studies in agriculture or related fields — Floyd Johnson Memorial, Woolgrowers Auxiliary and California Wool and Fiber Festival. Applications available at 4-H Office. **Due June 15.**
- **Jane Amundson Memorial Scholarship** for 4-H or FFA participants. Applications at the 4-H Office. **Due July 8.**

Reminders for Buyers Luncheon at REF

Centerpieces: Each 4-H club and FFA chapter are asked to create two centerpieces (more if they would like) for the Buyers Luncheon. They are to reflect the fair theme of 75 years of blue jeans and country dreams. If flowers are used, please make them *real* flowers.

Photos for Market animal PowerPoint: Since youth are not allowed to ask people to bid on their animal during the luncheon, a slide show of photos will be playing during the luncheon. To have your photos displayed, please make a duplicate CD of the photos that are taken for the buyers placards and get it to Sheryn Hildebrand. Audie Boer will be putting the slide show together.

HREC BLOG

Check out the new UC Hopland Research & Extension Center's BLOG at <http://ucanr.org/blogs/Hopland>. The daily photo will interest many of you.

Update from the Mendocino County Junior Awards Committee

2 more months until fair time!!!! Please look at the list of new fair awards sponsors. And thank them when you patronize their business or meet them in your course of activities. Many of our sponsors give consistently year in and year out and have donated even in these difficult times. We appreciate our sponsors very much.

We are asking each 4-H family to secure at least one sponsor this year. The donation flyers are available by asking your community leader or by contacting Nadine Boer 463-0411 or by email pirtpete@pacific.net.

Business and

Individual Sponsors

Ag Unlimited Farm Supply

Anton Geological

Donald & Rhonda Brown

Geysers Cattle Company/Rabbit Habbit

Mendocino County Cattlemen's Association

4-H and FFA Club Sponsors

Anderson Valley FFA

Mendocino Spartans 4-H

Potter Valley 4-H

4-H State Leadership Conference July 28 - 31, 2011 University of California, Davis

The 4-H State Leadership Conference brings together high school youth (age 14-19 years) from across California in a four-day leadership training, networking, and learning experience. The conference focuses on providing high school youth with experiential education on leadership development, civic engagement, college admissions and other 4-H project areas. For details and on-line registration, go to: <http://www.ca4h.org/Programs/Conferences/SLC/SLCInfo/> **Registration deadline is June 17th.**



"Club Scribe"

News from county 4-H clubs

Fort Bragg 4-H Club **Submitted by Rikki Hautala**

4-H on the coast has influenced not only people involved in 4-H, it has also influenced the lives of many community members. The Fort Bragg 4-H Club has attended community events over the past year including the Day of the Young Child, Earth Day, and the Harvest Festival to name just a few. The 4-H Club has also put together a Thanksgiving basket, a Christmas basket, a coat drive, and a blanket drive. The club has donated these different items to organizations around our local community. All of these things were made possible by our outstanding leaders in 4-H.

The Fort Bragg 4-H vice president Lane Norvell has amazed many with his growing leadership skills. He has been active in 4-H for many years, participating in community service events, leadership opportunities, and raising a dairy goat and hog for Fair. With his dedication the, Fort Bragg 4-H Club has been improved.

When entering a 4-H meeting you can always be sure to be greeted with a warm smile and positive attitude by Ashley Hautala, the second vice president. This year, for the first time, she will be attending the Redwood Empire Fair with a hog; though this isn't her first year in 4-H. With the sparks that Ashley created she caused a wild fire of positive attitudes.



Though some would say Emmitt Sanderson is in the shadows of his sisters following and participating in all of their 4-H events, others know he is carving out his own trail to success in 4-H. Emmitt is one of our youngest members and also one of our most active. Emmitt can be seen at most 4-H events that include a petting zoo with his pygmy goat Blueberry.

Though the Fort Bragg 4-H Club is led by kids; officers and members look to Michelle Norvell for

guidance. Michelle is always ready and willing to lend an ear or find time to assist anyone. Michelle has been an important leader within 4-H helping everyone improve not only their leadership skills but also their communication skills.

Also a huge thanks to all of our 4-H club officers: Rikki Hautala, Dalton Stoker, Tanisha Norvell, Lane Norvell, Ashley Hautala, Darren Rexrode, Adriane Lowe, Deanna Lowe, Will Jones, Molly Dorsey, Matt Hautala, Julia Ravella, Nathan Yanez, Jessie Estes, Riley Ball, Wyatt Larson, Wyatt Horbart, and Myles Anderson for the year outstanding.

Potter Valley 4-H Club **Submitted by Cooper Johnson**

It's Cooper Johnson here again with some news about our Potter Valley 4-H Club. Our photography group has made a calendar for sale with varieties of different types of flowers in it.



Guest speakers Jennifer Seward and Dan McAsey came to our last meeting and talked about the Redwood Empire Fair. One important thing is that they added a new Junior Class this year. We voted on contributing money as a Club for Fair Awards. Officer applications were passed out for 2011-2012 4-H year. We played a game about how to place an event you attended or a project you took or did in your 4-H record book. A motion was made to which charity our Change for Charity would go.

A rodeo ground clean-up was held on May 1. We hauled rocks out of the arena and weed-eated all the tall grass which pretty much covers everything. REMEMBER the rodeo will be held May 28-30. Make sure you stop by the Snow Cone Booth to support our club. There will be a Memorial Day Readiness at the Cemetery on, Sunday, May 29 at 10 a.m. Memorial Day Service, Monday, May 30 at 8 a.m. Relay 4 Life clean-up will be on Sunday, June 12, 2011. Until next time, happy days.

Continued on next page

Long Valley 4-H Club

Submitted by Garrett Campbell

We have been super busy. Everyone is going full speed with their projects. Beef and Swine have done their weigh-ins and everything seems to be off to a good start.

Last month we had an awesome feed tag seminar with Jack Beck from Farmers Warehouse. He did a great job. We all learned so much. He taught us so much about the importance about how to read a feed tag, what it means and what is truly important. It was pretty cool. He'd ask questions, and if we got the answer right, he gave us hats. Plus Anna Akisson won free feed for her 4-H Market Project this year.

Many fun events are coming up. We are having a goat auction this month, goat show next month, and we have a few kids going to summer camp this year. We are all looking forward to a fun-filled year and can't wait for Fair!



Redwood Valley 4-H Club

Submitted by Cielo Alavezos

At the May 4-H meeting, it was brought out that our projects are gearing up for the fair. Yay!! I love the fair. The meat goat group and swine group did fundraisers. The annual horse show on May 1, was a success. I was a volunteer there for the day, and I really enjoyed meeting new 4-H members, and observing the horse show contests. It was also a beautiful day. It was voted to donate \$500.00 to the fair for awards. Also we will be paying for one female and one male chaperon to go to 4-H summer camp.

Our June club meeting will be June 14 instead of June 7th as the fair forms need to be filled out and turned in to the club for camping, wristbands and parking at the fair. Our end of the year BBQ will be June 30th at Lyons Park. Sloppy copies of record books will be due that night along with all fair entries. Hope to see you all there at our BBQ!



Ukiah Shamrocks 4-H Club

Submitted by Mattie Duggan

These past two months our club has had a lot of fun. In April we got to watch a slideshow put together by Trenton Phillips. We all learned a lot about the country. At the next meeting, after discussing all of the requirements and duties of different officer positions, we all accepted and declined positions for officer. At our next meeting we will vote to see who will get what position. Join us on June 2nd at the 4-H office at 6:30 P.M. Hope to see you there :)



North Coast Junior Meat Goat Show

Sunday, June 19

Redwood Empire Fairgrounds, Ukiah

Weigh-in starts at 9 am
Informational Clinic at 10 am
Lunch at 11 am
Open show starts at noon.
Awards and Prizes!

For entry forms, please contact Debi Bauer at 983-6352, 489-0742, or email at wd_bauer@yahoo.com or Shanna Braught at 984-6763.

Swine Showmanship and Clipping Field Day

Saturday, June 18

Redwood Empire Fairgrounds, Ukiah

Sign-ups at 8 am
Clipping & Fitting, Instruction in Showmanship, Show Ring Etiquette at 8:30 am
Lunch available to purchase at noon
Showmanship Class Awards 1 pm

No entry fee, uniforms not required, and casual clothing preferred. For more information, contact Susan Pierce at 485-8356 or 357-0252

2011 Extravaganza Cookie Contest Judges' Choice Winner

Anthony Gourno – Ukiah Shamrock 4-H

Snicker Doodles

- ½ cup butter
- 1 cup sugar
- ¼ teaspoon baking soda
- ¼ teaspoon cream of tartar
- 1 egg
- ½ teaspoon vanilla
- 1 ½ cups all purpose flour
- 2 Tablespoons sugar
- 1 teaspoon ground cinnamon

In a medium mixing bowl beat the butter with an electric mixer on medium to high speed for 30 seconds. Add the 1 cup sugar, baking soda, and cream of tartar. Beat until combined. Scraping sides of bowl occasionally. Beat in the egg and vanilla until combined. Beat in a much of the flour as you can with the mixer. Using a wooden spoon stir in any remaining flour. Cover and chill for 1 hour.

Combine the 2 Tablespoons of sugar and the cinnamon. Shape dough into 1 inch balls. Roll the balls in sugar cinnamon mixture to coat. Place balls 2 inches apart on an ungreased cookie sheet. Bake in a 375 F oven for 10 to 11 minutes or until edges are golden. Transfer cookies to a wire rack and let cool.

2011 Extravaganza Peoples' Choice Cookie Winner

Kylie Kornegay – Ukiah Shamrock 4-H Club

Earthquake Cookies

- 1 (18.25 oz) package devil's food cake mix
- 2 eggs
- ½ cup shortening
- ¾ cup confectioners' sugar
- 1 Tablespoon water

Directions:

1. Mix cake mix, eggs, shortening, and water in medium size bowl; mix with a spoon. Chill for 1 hours.
2. Shape dough into balls, roll in powdered sugar. Place on cookie sheet and bake at 375 degrees F for 8-10 minutes or until brown.



Join the President's Challenge!



The Presidential Active Lifestyle Award recognizes individuals who log their recommended physical activity for six consecutive weeks, five days a week (minimum 60 minutes for youth, 30 minutes for adults). 4-H is making this goal a top priority.

- 1) Go to www.presidentschallenge.org/natl4-H/
- 2) Fill out the registration form.
- 3) After registering, start logging your activities. As you log activities you'll be able to track your progress toward winning a President's Challenge Award or Medal.

Equine Herpes Virus

Equine Herpes Myeloencephalopathy caused by Equine Herpes Virus has been confirmed in horses in California including Kern, Placer, Stanislaus, Amador, Marin and Napa Counties. No cases have been reported in Mendocino or Lake Counties, but horse owners need to be aware, especially if you're participating in horse shows. All of the infected horses attended the National Cutting Horse Association's Championships in Ogden, Utah.

Equine Herpes Virus is a contagious disease and may spread quickly among horse populations. It is not transmissible to humans. For more details, check the "Current News" section of our website at <http://cemendocino.ucdavis.edu>.

Opportunities & Updates from the State 4-H Office

- **Host Families Needed**

The California 4-H Program is actively looking for **host families for Japanese** boys for a 1 month exchange this summer. Families with boys ages 10 – 15 can host a Japanese boy from July 22 to August 18. Please help to provide an international experience for a boy wishing to learn more about how an American family spends their summer. Tetsunori, Tomoya, Kensuke, or Shuma would be thrilled to spend time with your family. You can learn more by contacting Pat English at 530-754-8520 or pnenglish@ucdavis.edu or on the web at: <http://www.ca4h.org/Projects/Citizenship/International>. In addition, past host families are available to share tips and their experience
- **Free Online 4-H Curricula Library**

<http://www.ca4h.org/Projects/Curriculum/SETCurriculum/>
Download PDF files for Veterinary Science, Rabbits, Exploring Salmon and Steelhead, Water Quality, Pollinators, Pond Mapping, Engineering, Agriculture, or DNA!
- **Cool the Earth**

<http://www.cooltheearth.org>
Cool The Earth is a free, ready-to-run program that educates K-8 students and their families about climate change and inspires them to take simple actions to reduce their carbon emissions. The program is successful because it's fun and empowering for the kids, and their enthusiasm is contagious
- **Explore Nano Sunblock**

<http://teachers.egfi-k12.org/lesson-explore-nano-in-sunblock/>
Sunblocks containing nanoparticles are one of the most common applications of nanotechnology. In this quick, hands-on lesson using everyday materials, students in grades K-12 compare sunblock containing nanoparticles to those that do not and learn how nanoparticles are used to help block harmful rays from the sun.
- **WE Garden Lessons**

Spring is the perfect time to get outside and get your hands dirty! California Foundation for Agriculture in the Classroom's collection of 11 one-page lesson plans teach youth about nutrition, science and cooking through a variety of garden experiences. The lessons were designed as a capstone to the WE Garden in Capitol Park, which was developed in collaboration with Ag in the Classroom and former First Lady Maria Shriver. Download a copy at www.cfaitc.org/wegarden.
- **National Get Outdoors Day—June 11, 2011**

National Get Outdoors Day is a new annual event to encourage healthy, active outdoor fun. Participating partners will offer opportunities for families to experience traditional and nontraditional types of outdoor activities. Prime goals of the day are reaching first-time visitors to public lands and reconnecting our youth to the great outdoors. For more information, visit www.nationalgetoutdoorsday.org. 4-H clubs can also join the National Get Outdoors Day Campaign and support the campaign at a national or local level.
- **Kids Cook Farm-Fresh Food**

Activities engage students in grades two through seven in exploring fresh, seasonal, locally grown produce through direct experience. Using tested recipes and farm profiles, Kids Cook Farm-Fresh Food links agriculture and the culinary arts to reading, mathematics, social sciences, and geography. Now available free online from the California Department of Education. To download, visit www.cde.ca.gov/ls/nu/he/kidscook.asp.
- **Media-Smart Youth: Eat, Think, and Be Active! Program Packet** is a free, 10-lesson curriculum that focuses on helping young people ages 11 to 13 understand the connections between media and health. To order, visit www.nichd.nih.gov/publications/pubs_details.cfm?from=msy&pubs_id=5025. *We Can! Energize Our Families: Parent Program* includes a session dedicated to helping parents reduce the screen time and increase the physical activity levels of their families. During the Parent Program, parents are introduced to youth screen time statistics and learn how to use tools like the children's screen time log. To download, visit <http://www.nhlbi.nih.gov/health/public/heart/obesity/wecan/toolsresources/curricula-toolkits.htm#parentprogram>

To see ALL the State 4-H Updates, go to: <http://www.ca4h.org/News/>

Cooperative Extension—Mendocino County

890 N. Bush Street
Ukiah, CA 95482

University of California
Agriculture and Natural Resources



**“Roundup”
MENDOCINO COUNTY 4-H
June 2011**

Web Sites

National 4-H Council

www.4-h.org

California State 4-H <http://ca4h.org>

Record Book forms, officer manuals, Policy Handbook, opportunities for youth and leaders, etc. Click on **Resources** for links to electronic 4-h forms, policies, and opportunities.

Mendocino County web site:

<http://cemendocino.ucdavis.edu>

The *Roundup* is available on this web site. You can also be notified when a new *Roundup* is available electronically. Please contact the Ukiah 4-H office for this information.

Yahoo Groups for Community Club Leaders

<http://groups.yahoo.com/group/4h-ccl/>

Valuable site for discussing issues, sharing information and resources for curriculum, materials and project ideas.

**Published by: University of CA Cooperative Extension
Mendocino County, 4-H Office**

Inland:

890 N. Bush Street
Ukiah, CA 95482
Phone (707) 463-4495
FAX (707) 463-4477

Coast Office:

790 S. Franklin St.B-1
Fort Bragg, CA95437
(open by appointment only)

John Harper
County Director, Livestock & Natural Resources Advisor
jmharper@ucdavis.edu

Linda Edgington
4-H Program Representative
lgedgington@ucdavis.edu

Linda Blatchford
Office Manager
liblatchford@ucdavis.edu

J.T. Williams
Staff Assistant II
jtwilli@ucdavis.edu