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4-H Calendar of Events

September

- 1 Re-enrollments due to 4-H Office by Club
- 5 Labor Day, 4-H Office closed
- 13 Leader Orientation, Ukiah 4-H Office, 6:30-8:30 pm
- 15 *Roundup* Deadline
- 16-18 Boonville Fair, Anderson Valley
- 23-25 WHY Conference, Camp Masonite Navarro
- 30 Completed Project Proficiency lists by Club due to 4-H office

October

- 1 County Council Meeting, Ukiah 4-H Office
- 2-8 National 4-H Week
- 7 Record books due
- 8 Eel River Cleanup
- 10 Columbus Day, 4-H Office closed
- 13 County Record book judging
- 15 *Roundup* Deadline
- 15 **All 4-H enrollments due, especially for market animal projects**
- 15-16 Ukiah Pumpkinfest and Petting Zoo
- 20 Leader Orientation, Ukiah 4-H Office, 6:30-8:30 pm
- 24 Club end-of-year reports due

November

- 2 Leader Orientation, Ukiah 4-H Office, 6:30-8:30 pm
- 5 Cloverbud Field Day
- 11-13 State Leaders Forum at Asilomar



Welcome to the New 4-H Year!

The new 4-H year has just begun. To all our returning members, welcome back! We at the 4-H office promise to support you in making this your most rewarding 4-H year yet! To all new members, we welcome you and promise to support you as you acquire leadership, citizenship, and other skills that will last a lifetime!

Enrollment Time

Enrollment Fees: Fees for the 2011-12 enrollment year have increased to \$25 for members and \$10 for volunteer/leaders.

Re-enrollment: Your community leaders have received pre-printed re-enrollment forms for last year's members where most of the information is already filled in from last year's records.

Please be sure to review and update your information! Of particular importance

Continued on next page

Leader Corner...

Leaders, keep an eye on this space for important dates and messages.



New Leader Orientation

Tuesday, September 13

Thursday, October 20

Wednesday, November 2

6:30 to 8:30 pm Ukiah 4-H Office

Coast Orientations—TBA

As part of the enrollment process, each new leader must attend one orientation with 4-H staff prior to starting any project. (See dates above.)

There are three steps to enrollment:

1) paperwork returned, 2) fingerprints cleared, and 3) orientation completed before any project meeting can be held by the leader. Each project meeting **MUST** have a leader and another adult (over 21) in attendance at all times.

To be sure we have adequate materials, please RSVP to the 4-H Office at 463-4495 with your name and your project(s).

If you are charged a Livescan fee, send your receipt to the 4-H Office for reimbursement.

County-wide Projects

Vet Science

Youth members interested in participating in this project should submit an application that assesses interest — due by September 15th. The applications will be available on line or at the County 4-H Office. If you intend to pursue enrollment in the County Wide Vet Science Project, please call Shanna at 984-6763 to be placed on an "interest list."

Cal Focus Project and Conference

If you are interested in having fun, meeting new people, and learning to make a difference in your community, consider joining the Cal Focus Project and Conference. This project will prepare you to attend the Cal Focus Conference in June 2012. You must have completed the 8th grade by June 2012. For more details, contact Barbara Nordin-Elmer at 743-1297 or bnelmer@gmail.com.

Hand Spinning

Lois Schaer is teaching a hand-spinning project using drop spindles made from used CD's. Youth will eventually progress to spinning wheels. If interested, contact Lois at 485-7068. Wool and spindles will be provided.

Continued from previous page

is making sure your contact information, **including email**, is up to date so you don't miss out on any important information. Also, cross out old projects and be sure to include new projects. Forms and payment are to be returned to your Community Leaders or Enrollment Coordinator.

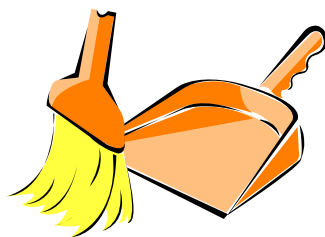


New Enrollments: Please fill out all of the enrollment forms completely. We cannot accept forms without a birthdate. Unfortunately, the computer enrollment system will not allow us to input any project information without a birthdate. An email address is also important so you don't miss any important information.

Project Enrollments: Each club will have a list of projects available to you for sign-ups. We cannot enroll you in a project that isn't on your Club's list unless you have been approved to cross-club with another Club or are joining a County-wide Project. (Check with your Community Leader or Club Enrollment Coordinator about cross-clubbing.)

Dear Fellow 4-H Leaders,

I have the score sheets for the clean stall judging from REF. Does anyone want to use them as learning tools for your projects? I will gladly mail them out. Please just let me know your home address, and I will send them to you.



And thank you all for encouraging your members who won fair awards to send their thank you notes to their sponsors. All told, we had 35 turned in to the Livestock Office – which have been mailed. We have 165 more out there to send...This is very important to continue our successful sponsorship program.

Thank you for all you do.

Nadine Boer

Ukiah Shamrocks 4-H Co-community leader

National 4-H Week Club Window Display Contest

Clubs, start thinking about your display window for National 4-H Week slated for October 2-8, 2011. During 4-H Week there will be a contest

for the best window display. The winning display will receive a \$100 award. The display should promote 4-H and your club. They must be setup by October 1st.

Please let Linda know where your club's display will be by September 27th. Judging will be based on creativity, information/educational value, accessibility to the general public and the overall look of the display. The winner will be announced in the November issue of the Roundup.



Come one, Come all
All volunteers are welcomed
to

The 20th Annual Eel River Cleanup

On Saturday October 8, 2011, arrive anytime between 9:00 am and noon.

We will meet near the Pioneer Bridge over the Eel River, five miles north of Potter Valley on Eel River Road for a day of

community service and play. Bring sunscreen, gloves, trash bags, canteen and beach needs. The Mendocino County 4-H and PG&E will once again be sponsoring the **Best Cleanup Ever**.



We will be cleaning a 5 mile section of river from Van Arsdale Reservoir up to the Lake County Line. PG&E owns this stretch of the river as part of their Potter Valley Hydro-Electric Project. PG&E will provide a TRI-TIP BBQ lunch for all participants and a \$1000 donation to the Mendocino County 4-H. Solid Wastes of Willits Inc. will be donating the dumping fees. Your attendance is important, and we hope you will come and help. Together we can rid the river, roads and beaches of trash so that we can enjoy a clean, healthy watershed and recreation area.

For more information call Beb Ware at **743-1525**

Club reminders...

Project proficiencies are due to the 4-H office by September 30th, **club dates will be earlier**. Pins, stripes, stars, patches, awards and recognition are due after September 15th Gold award winning Record books at the club level are due in the 4-H office by October 7th County record book judging is October 13th.

"Club Scribe"

News from county 4-H clubs

Ukiah Shamrocks 4-H Club Submitted by Tanner Whetzel



Ukiah Shamrock members visit the Senior Center to share about their projects and 4-H.

The Ukiah Shamrock Club elected new officers in June. They are Audie Boer- President; Megan Whetzel- Vice President; Madeline Cline- Recording Secretary; Shannon Whetzel- Corresponding Secretary; Katherine Thornton- Treasurer; Tanner Whetzel- Reporter; Kenzie Kornegay and Tea Greene- Historians; and Maranda Allenbaugh and Mariah Phillips- Sergeant of Arms. Our officers met in July to plan our year. For community service, our officers decided to help local veterans. We would like to organize collections for Veterans and the Military at our club meetings. We also want to have speakers come talk to us about their programs.

Our club did really well at the Redwood Empire Fair in Swine, Pygmy Goat, Poultry, Cavies, Rabbits and in the Junior Building. Congratulations to all of our members.

Our club helped host the 4-H Open House on August 10 at the Ukiah 4-H office. Our members shared with the crowd about what they did in 4-H or what possible things people can do in 4-H. The crowd was also able to ask questions to the members and leaders. At the end of the meeting we had ice cream and muffins.

Our community leaders are busy signing up new and returning leaders for the 2011-12 year. Some of our projects will include fishing, plant science, welding, quilting, cake decorating, archery, shot gun, cooking, scrapbooking, hiking as well as numerous animal projects. Our next general meeting will be September 1 where we will sign up our returning members.

Mendocino Spartans 4-H Club Submitted by Sophie Swan-Edlund

The first meeting of the Mendocino Spartans 4-H group for the school year will be September 12th at Preston Hall from 4:00 to 5:00. 4-H'ers will sign up for the various projects that they would like to participate in. There are many options to choose from including photography, bird watching, knitting, first aid, and many animal related projects.

New families are welcome. Soup and bread will be provided. Regular club meetings are the second Monday of each month. For information about the Mendocino

Spartan 4-H, please contact WendyLee at 937-6224.



Reminder to Club Scribes...

Submissions for the Club Scribes column should be sent to cemendocino@ucdavis.edu by the 15th of the month to be included in the next newsletter. Reminders will be sent if you send your email contact information. **Questions?** Call Linda Blatchford at 463-4495.

WHY Conference Is Almost Here!

Registration is open for WHY Conference to be held from 4 pm Friday, September 23 through noon on Sunday, September 25. We have 40 already registered — only two from Mendocino County! This is a teen conference for 4-H members in 6-12th grades. Here are just some of the exciting workshops planned for you:

- ◆ Interviews— how to prepare for an interview for a job or a contest
- ◆ Money talks — how to handle credit cards, save money and other necessary financial information.
- ◆ Career Café — what kind of career are you interested in?
- ◆ Swing dancing — just like it sounds
- ◆ Booth building — how to market your products or sell people on your ideas
- ◆ Engineering with a paper airplane workshop
- ◆ 4-Hers set the pace — learn fun physical activities to use in your clubs and projects
- ◆ Quilts of Valor — a community service workshop making quilts for veterans
- ◆ Revvin' your engines for your teen years — leadership opportunities in 4-H
- ◆ Basic car maintenance — learn to check you oil, tire pressure, belts and more

In addition to workshops, we'll have lots of free time with a chance to get to know teens from other counties through games, Wii dance contests, an interactive campfire, as well as recreation for large groups with handouts to take back and use. The committee has been working hard to put together a fast paced fun experience for you. <http://cemendocino.ucdavis.edu/files/109814.pdf> is the link for the registration form. Don't delay. The deadline for registering is Tuesday, September 6. Contact Linda Edgington at 463-4495 or lgedgington@ucdavis.edu with questions.

Record Books Due



Gold Seal record books from your club are due at the Ukiah 4-H Office by 5 pm on Friday, October 7 along with the names of judges from your club (one judge for every three books). **Record books are due at the Club level earlier for Club**

judging. County record book judging will be October 13 so that they can be sent to the state in time for state judging. If you need forms or information about record books, go to the state 4-H website at www.ca4h.org. Along the top click on "Resources" and then "Youth Members" followed by "Record Books."

Save the Date!

Cloverbud Field Day

Saturday, November 5 — Ukiah 4-H Office

Registration begins at 8:30 am, and activities start at 9 am. 4-H members ages 5-8 are encouraged to attend this hands-on "Welcome to 4-H" field day.

- ◇ Learn the 4-H Pledge and Motto
- ◇ Discover many facts about the American Flag
- ◇ Learn songs and new games
- ◇ Learn the basics of giving a presentation
- ◇ Learn about the 4-H uniform and 4-H emblem
- ◇ Explore the world of science
- ◇ Decorate your own stick horse
- ◇ Participate in a stick horse gymkhana

Please RSVP to the Ukiah 4-H office no later than November 2, this is VERY important because each Cloverbud that RSVPs will get their own stick horse to take home. We'll need time to get all the supplies needed to make the day fun and exciting. Questions? Contact Linda Edgington Phone: 707-463-4495 or lgedgington@ucdavis.edu

Your Wish is Our Command...

At the Community Leader Training in June, leaders asked for Adobe fillable forms on our website. JT has converted most of these forms for your convenience. If you have other ideas for how we can help, please contact JT or Linda B. at 463-4495 or send an email to cemendocino@ucdavis.edu.



Summer Camp Thanks



The Mendocino/Lake Summer Camp was a huge success. The theme this year was "Space." A great group of 210 4-H members and volunteers plus a few special guests enjoyed fun, friends, and new experiences at Camp Masonite/Navarro. Campers participated in workshops such as challenge high ropes course, fishing, horseback riding, leather craft, woodworking, digital photography, rocketry and campfire to name just a few.

Summer Camp would not be a success without the help of those named below. Be sure to thank them when you see them or send a note to the Lake 4-H Office at 883 Lakeport Blvd., Lakeport, CA 95453. A special thank you to Julie Frazell, Nicole Gentry and Shirley Morse for their hard work.

— **Eric Smith, Executive Director**

Special Friends & Businesses

Taco Bell, Ukiah & Clearlake—T-shirts
Kristen & Randy Looney, Looney
Tuned Exhaust — Water bottles
Michael & Shanna Braught, Geigers
Long Valley Market — canteen goodies
Federal Premium Ammunition, John Holder & Ukiah Gun Club, Rainbow Ag of Ukiah, Mendocino Farm Supply, CA
Fish & Game, Ukiah Oxygen, Frosty Freeze, Redwood Empire Fair, Black Horse Supplies, Redwood Valley Café, Rescue Solutions, WalMart of Ukiah and Clearlake, Danny Wilds Family

Scholarship, both Lake and Mendocino 4-H Councils for scholarships, Wasson Memorial Veterinary Clinic, Eric & Shani Smith for scholarships, Mendocino Redwood Company, and Pacific Outfitter of Ukiah.

Adult Helpers

Joanne Barber, nurse
Beth Keiffer, Marie Behnke, Jan Kane and Chris Ingram, kitchen team
John Holder, Randy Marler, Jennifer Andrews and Mike Whetzel, shooting sports

Workshop Presenters

Neal Elmer, Nadine Boer, AmeriCorp, Jake Smith, Shay Smith, Chance Smith, Bob Keiffer, Lezlie Elmer, Hanna Foster, Kevin & Pat Ford, Dan Schaffer plus Ron, Tonya, Alisha, and Ericka Roysum.

Chaperones

Walt Christensen, Gina Clark, Lou Derr, Katy Evans, Gretchen Ferguson, Bob Fischer, Jo Hughes, Pam Ingersoll, Jane Lyon, Marilee Roberts, Mike Robinson, Bonnie SeEVERS, Jennifer Andrews, Denise Bartolomei, Kelly Boesel, Monique Gournou, Andrew Hobart, Thomas Hunt, Kosta Ivasku, Becky Koenig, Dana Kornegay, Deborah Owen, Tim Rivero and Kristi Thieman.

Camp Steering Committee

Eric & Shani Smith, Walt Christensen, Paul Johnson, Tonya Roysum, Jennifer Andrews, Kerry Braider, Kristen Looney, Judy Fortner, and Maureen Phillips.

Thanks to all the youth staff for all they do and the additional hours they put into organizing and planning Summer Camp.

Directors

Ryan Blyleven, Natasha Looney, and Trenton Phillips

Deans

Chayton Johnson and Julia Racz

Teen Counselors

Adriaan Boer, Jacob Casey, Kaylee Dashiell, Taylor Delbar, Cassidy Elledge, Joel Fischer, Wesley Fox, Sarah Graves, Vanessa Hanson, Victoria Hayes, Lindsey Ivasku, Chesney Johnson, Asia Jones, Lindee Jones, Taylor Klemin, Zoe Lazaro, Morgan Lucan, Zoe Lynch, Wyatt Phillips, Rebecca Pierachini, Brigham Reese, Bobby Ricetti, Trinity Roach, Taylor Robbins, Bill Robinson, Hattie Schwartz, Ian SeEVERS, Elliot Serena, Cody Smith, Dalton Stoker, Tiffany Sullivan, Travis Thorn, Tristin Vau, Miranda Wanzer, and Megan Whetzel

Thanks to the 29 counselors-in-training who were a huge help and will make great future counselors!

Camp Photos

The 2011 camp photos will soon be posted at <http://ucanr.org/campphotos>.

Lost & Found

Lost and found photographs are located at <http://ucanr.org/camplostfound>
Contact the Lake 4-H Office for items: 263-6838.

Opportunities & Updates from the State 4-H Office

Engineers of the New Millennium

http://www.nsf.gov/news/special_reports/eng_mill/index.jsp?WT.mc_id=USNSF_51

Explore multimedia stories from engineers who are shaping our new millennium through discoveries in robotics, sustainability and energy. See how their cutting-edge innovations will lead to new industries and help people have happier and healthier lives.

California 4-H Revolution of Responsibility \$1,000 for 1,000 Service Learning Projects

Funding up to \$1,000

Review dates of October 15, 2011, January 15, 2012, and April 15, 2012. <http://www.ucanr.org/join/>

In support of this community development work, the CA State 4-H Office will consolidate the Requests for Funding (RFP) for Service-Learning, Healthy Living, SET, and Legacy into one application. Chartered 4-H clubs/units can apply for funding up to \$1,000 to support service-learning projects related to their club or project activities by submitting the proposal linked above.

The Bully Project—A Day In The Life Of Change

The Bully Project is a grassroots movement to educate and empower kids, parents, teachers and all school staff to build stronger communities where empathy and respect are greatly valued. As an effort to build an alliance to turn the tide on bullying, the Bully Project has produced a film which represents a different facet of America's bullying crisis that follows five kids and their families over the course of a school year. For more information, visit www.thebullyproject.com/movement.html.

FOOD N' ME

This internet-based program promotes healthy eating while focusing on balance and togetherness. "What Food Am I?" teaches principles of the USDA's My Plate and concepts of eating a balanced diet. "Smash Your Food" creatively depicts the amount of sugar, salt and oil that are in common foods. "The Food Quiz" gives children the opportunity to learn more about themselves, while "What Recipe Am I?" takes children on a whimsical food adventure. To learn more about these free educational tools, visit www.foodnme.com.



Emergency Safety Plans

4-H YDP volunteers and staff should be prepared for emergencies. Once you create a plan for your club, you may want to consider stocking emergency supplies or researching common emergencies. For additional tips on preparing for an emergency, visit www.ready.gov.

Once you create or update your plan it is important to also communicate the plan with 4-H members and their guardians. We feel physically safe when we know what steps are taken to insure our personal safety, so just by communicating your plan you will increase the confidence of 4-H members and volunteers.

Some important considerations for responding to emergencies include:

- Being capable of distinguishing between life threatening and non-life threatening injuries.
- Being competent to determine whether an injury requires immediate Emergency Medical Services (EMS) evacuation or other transportation in a passenger vehicle to a hospital or clinic.
- Knowing the location of and route to the nearest hospital or clinic.
- Having a telephone (cellular or land-line) to be able to immediately communicate with EMS. Dial 911, but remember that some phone systems require you to first dial an outside line.
- If feasible, develop a system for knowing who is at your meeting, including members and guests, in case there is an emergency.
- Maintaining a confidential youth or adult Medical Release Form for each participant in a 4-H event or activity.
- Planning an evacuation route and meeting place and communicating the plan with all 4-H members.
- Knowing whether any participants have special medical conditions stated on the Medical Release Form (such as severe allergies or diabetes) that may require emergency medication or other assistance.

To see ALL the State 4-H Updates, go to: <http://www.ca4h.org/News/>

Cooperative Extension—Mendocino County

890 N. Bush Street
Ukiah, CA 95482

University of California
Agriculture and Natural Resources



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Web Sites

National 4-H Council

www.4-h.org

California State 4-H <http://ca4h.org>

Record Book forms, officer manuals, Policy Handbook, opportunities for youth and leaders, etc. Click on **Resources** for links to electronic 4-h forms, policies, and opportunities.

Mendocino County web site:

<http://cemendocino.ucdavis.edu>

The *Roundup* is available on this web site. You can also be notified when a new *Roundup* is available electronically. Please contact the Ukiah 4-H office for this information.

Yahoo Groups for Community Club Leaders

<http://groups.yahoo.com/group/4h-ccl/>

Valuable site for discussing issues, sharing information and resources for curriculum, materials and project ideas.

Inland:

890 N. Bush Street
Ukiah, CA 95482
Phone (707) 463-4495
FAX (707) 463-4477

Coast Office:

Fort Bragg, CA95437
(open by appointment only)

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