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4-H Calendar of Events

November

- 2 Leader Orientation, Ukiah 4-H Office, 6:30-8:30 pm
- 5 Cloverbud Field Day
- 5 Eel River Cleanup
- 9 Expo Committee Meeting, Ukiah 4-H Office, 6:30-8:30 pm
- 11 Veteran’s Day, 4-H Office closed
- 11-13 State Leaders Forum at Asilomar
- 15 *Roundup* deadline
- 24-25 Thanksgiving holiday, 4-H Office closed

December

- 3 Extravaganza Leaders’ Meeting, Ukiah 4-H Office, 10 am-1 pm
- 7 Expo Committee Meeting, Ukiah 4-H Office, 6:30-8:30 pm
- 14 Executive Council Board Meeting, Ukiah 4-H Office, 5:30-8 pm
- 15 *Roundup* deadline
- 26 Christmas, 4-H Office closed

January

- 2 New Year’s holiday, 4-H Office closed
- 7 County Leaders Council Meeting, Ukiah 4-H Office, 9 am—Noon
- 11 Expo Committee Meeting, Ukiah 4-H Office, 6:30-8:30 pm
- 15 *Roundup* deadline
- 16 Martin Luther King Day, 4-H Office closed
- 21 Thrive leader Training, Ukiah 4-H Office, 10 am—2 pm
- 25 Expo Committee Meeting, Ukiah 4-H Office, 6:30-8:30 pm



California Focus 2012

“I know the way government works so much more because I actually learned by doing it,” explained a Cal Focus participant.

California Focus is a unique citizenship educational experience that combines, hands-on participation in workshops, debates and simulation with speakers, tours, fun activities and new friends from all over the state. A Cal Focus project is being offered this year to prepare teens (grades 8-12) for the Cal Focus experience next summer. It will teach you how to be involved in your own community by participating in a service-learning project. Anyone interested in this statewide program can check out the 4-H website or contact Barbara Nordin-Elmer in Mendocino County at bnelmer@gmail.com or 743-1297.

Leader Corner...

Leaders, keep an eye on this space for important dates and messages.



County Council News

All clubs are required to send representatives to County Council meetings. The reason for this is so all clubs can vote and have their say in policies set by the council.

A big change just made recently was the requirement for presentations and star ranks. Members no longer **must** do their presentation at County Presentation Day to work toward their star ranks. A presentation must follow the guidelines in the State Presentation Manual which can be found at <http://www.ca4h.org/files/2193.pdf> Each different presentation must be given at least once either at a Community Club Meeting, Extravaganza or at County Presentation Day (judged or not). To receive a Presentation Proficiency the rules remain the same, members must present at County Presentation Day, which is where they pick up the presentation proficiency forms. Mendocino County hosts Sectional Presentation Day this year. So if members receive a gold on their presentation at the County level, they can continue on to Sectional Presentation Day which will be held in Willits in April.

The newest version of the 2011-2012 calendar of events is available on our County website at <http://cemendocino.ucdavis.edu/4-H Program/Calendar/> Included in this calendar are dates for Executive Council meetings, County Council meetings, county-wide events as well as committee meetings (as many as Linda has been informed of).

When in doubt, check it out.

California 4-H North Section Youth Council Tech Team Application Available October 1

Applications are now available for the **newly Formed 4-H North Section Youth Council Tech Team**. The 4-H North Section Tech Team is one of the new projects and service opportunities being offered by the University of California 4-H Youth Development Program North Section Council. We are looking for intermediate and senior 4-H members who are interested in the areas of technology and community service, and would like to serve the 4-H Youth Development Program in roles that promote learning and leadership through education and service. There is no deadline to apply.



There will be quarterly project meetings for members and interested parties who would like to apply to become a member of the North Section Tech Team at each of the North Section Council meetings. Team members will be selected by application review and notified of their opportunity for membership Interviews; to be held at a regular North Section Council meeting.

Applicants will be notified of their acceptance following a review of their application and interview.

This project is open to any future applicants on an ongoing basis. Please contact Mathew T. Portillo, PhD at mtportillo@ucdavis.edu or John H. McIntosh at mcintosh@inreach.com For more information please see the Tech Team section on our website at: <http://www.ca4h.org/Resources/Volunteers/Councils/Sectional/North/>

Please help us save postage...

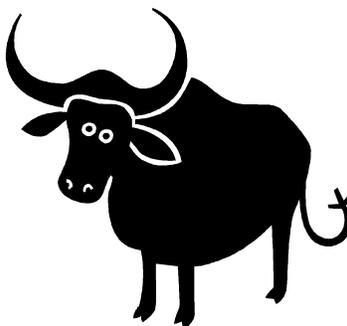
If you are receiving a mailed copy of the Roundup and prefer to get it electronically, please let us know. Also let us know of any email address changes.

Hands-on Junior Livestock Expo Registration is Open

February 4, 2012, is the date for the Junior Livestock Expo. Registration forms are now available on line at <http://cemendocino.ucdavis.edu/4-H Program/Livestock Exposition 2012/>

The registration fee is \$10 per person before January 13th and \$15 after that date. At the same web address is a vendor application for businesses. The committee has been hard at work for over six months planning this event. There will be a quality assurance and ethics training by Dr. Celina Johnson from Chico State University in the morning and afternoon. This training is mandatory for those showing at the Redwood Empire Fair. There will be six market animal species sessions including beef, sheep, swine, goats, poultry and rabbits that will be held simultaneously in the morning and the afternoon.

A walking lunch and food will be available for purchase. Melissa Smith will be heading up the kitchen with the proceeds to benefit the Mendocino County Council. A "Soup Off" (a soup competition — perfect for a cold winter day) will be put on by Court Appointed Special Advocates (CASA) for your dining pleasure. We call it a walking lunch because during that time there will be learning labs for you to go to. Some of the learning labs that have been



scheduled are bio-security with Martin Smith of UC Davis, plus programs on dairy goat, dairy cattle, horse, dog, carcass evaluation and processing, a dissection station by UC Davis Vet school, and more.

Vendors will be available throughout the day to highlight their products or services. Some of the vendors already committed to participating are a veterinarian, farrier, saddle-maker, ironsmith, the Farm Bureau, Mendocino Farm Supply, Sullivan's, Rainbow Agriculture, Nasco, Mendocino County Council, and many more.

All Star Asia Jones of Lake County 4-H will be hosting a Livestock Wheel of Fortune. Test your knowledge about all different livestock. Asia will have a special Cloverbud session in the morning during registration before the ethics and species sessions start. She'll have a lunch-time session for all other members.

This is a full day of information, fun, and lots of prizes. The event is open to 4-H, FFA and independents in Mendocino, Lake, Humboldt and Del Norte Counties plus their leaders and families.

Be sure to mark your calendar **February 4, 2012!**

T-shirt Design Contest for Hands-on Livestock Expo

The Expo Committee is asking for members to submit their design for a T-shirt for the Hands-on Livestock Expo. The Expo will be held at the Redwood Empire Fairgrounds on Saturday February 4, 2012. Designs should:

- ◇ Include only two colors
- ◇ Be original artwork
- ◇ Be no larger than 12x12

Submit your entry digitally (as a PDF file) by December 10th to Shanna Braught at shan@willitsonline.com or drop off or mail it to the Ukiah 4-H office at 890 N. Bush St, Ukiah, CA 95482 so it is in the office by December 10th.

Help!

Committees Needed for Hands-on Livestock Expo

The Expo Committee is looking for youth and adults to help with set-up for the event on the Friday, February 3 between 10 am and 5 pm. They also need help cleaning after the event on Saturday, February 4. Serving on either of these committees could be entered in your record book. This is a huge event that takes many people to make happen. If you are interested, please contact Shanna Braught (event chairman) at shan@willitsonline.com or call 707-984-6763.

Reminder...

Cloverbud Field Day

Saturday, November 5 — Ukiah 4-H Office

Registration begins at 8:30 am, and activities start at 9 am. 4-H members ages 5-8 are encouraged to attend this hands-on "Welcome to 4-H" field day.

Questions? Contact Linda Edgington at 463-4495 or lgedgington@ucdavis.edu

Eel River Cleanup moved to Saturday, November 5



On Saturday, November 5, arrive anytime between 9:00 am and noon. We will meet near the Pioneer Bridge over the Eel River, five miles north of Potter Valley on Eel River Road for a day of community service and play.

Bring sunscreen, gloves, trash bags, canteen and beach needs. The Mendocino County 4-H will be sponsoring the **Best Cleanup Ever**. For more information call Beb Ware at 743-1525.

Fire Safety Project

"When I grow up, I want to be a firefighter." You don't need to wait until you grow up. Lezlie Elmer is offering a new countywide 4-H project that can show you what it's like to be a firefighter. There will be fun, hands-on activities to learn survival skills, mapping, tours of the dispatch center and firehouse, as well as environmental benefits of fire and learning CPR.



Anyone can participate in this project. We will have meetings each month from January to May. If you are interested in this project or need more information, contact Lezlie at [707 489-1592](tel:7074891592) or [<elmersglue91@gmail.com>](mailto:elmersglue91@gmail.com) before December.

County All Star Ambassadors

The County 4-H Council has approved a pilot program to start a County All Star Ambassador team. This team will have the opportunity to expand their leadership experiences in serving the Mendocino County 4-H Program. The County All Star Ambassador is the highest honor acknowledged at the county level. The term will run from February 1 through August 31. If you have earned a gold or platinum star rank and are at least 15 years of age by December 31 and not older than 19 by January 1, you may apply to be a County All Star Ambassador. Contact the 4-H Office for an application which is due by December 2, 2011.



National 4-H Week Club Window Displays

The results are in for the 4-H Week Window Displays:

1st Place: Ukiah Trophies, Ukiah Club
2nd Place: Furniture Mart, Ft. Bragg Club

The winning display received a \$100 award. Thanks to all the local business who supported National 4-H Week and our local clubs by allowing 4-H displays in their windows!

Facebook & Twitter Afficionados....

You can now follow John Harper's Livestock & Range Management updates on:

Facebook

www.facebook.com/UCCE.Range.Livestock

Twitter

www.twitter.com/MendoLakeRange

Also check out John's Blog on our office website:

<http://cemendocino.ucdavis.edu>

"Club Scribe"

News from county 4-H clubs

Ukiah Shamrocks 4-H Club **Submitted by Tanner Whetzel**

On October 6, 2011, the Ukiah Shamrock Club had their October meeting. We welcomed and introduced our new members for this year. We talked about how our club participated in National 4-H Week. Some of our club members did window displays at Ukiah Trophy, Cabinets Unlimited, Moochie Poochie, The Mendocino Book Company, and Heidi's Yarn Haven. We won the National 4-H Week Challenge from the Mendocino 4-H Council, and our club will received \$100. Our treasurer, Katherine Thornton, presented a balanced budget proposal to our club members and after we talked about it, we voted and accepted the budget.



Our club will be participating with a float in the Pumpkinfest Parade. We will also be selling water bottles at the Pirate Pete Pumpkin Patch as a fundraiser during two weekends in October. Lastly, we are planning a club Halloween Party at the Pumpkin Patch.



After our business portion of the meeting was adjourned, our officers taught the members about how to make a motion by doing the "Parli Pro Stomp."

At the very end of the meeting, we played a game where we all had to line up in alphabetical order by our first name. We had a great time!

Long Valley 4-H Club **Submitted by Garrett Campbell**

We've been busy already this year. Some of the Dog Obedience and Training Project showed their dogs at the Boonville Fair. They all did really good. Congratulations to Gracie Silva, Natya Cauckwell, Collin Spackman-Rowles and Tate Campbell for doing such a great job.

We also voted in our officers for the 2011/2012 4-H year. Terria Mitchell is President, Mady Braught is Vice President, Emma Braught is Treasurer, Natya Cauckwell is Secretary, Garrett Campbell is Reporter, Hannah Whitely is Correspondence Secretary, Linnea Mitchell and Sophia Avila are Sargent at Arms, Tate Campbell and Collin Spackman-Rowles are the 2nd Sargent at Arms (in charge of set up and break down of meetings).

We had many members receive 100% Attendance for last year. Congratulations to: Anna and Melissa Adkisson, Mady Braught, Garrett and Tate Campbell, Colton and Jayden Doak, Mason Kelly, Terria Mitchell, Wade Sizemore, Collin Spackman-Rowles, Trinity Stockton, Haley and Paige Whitcomb, and Hannah and Kaitlan Whitely.

We volunteered at the Grange Breakfast and help serve breakfast to the community. Everyone showed up and did a great job.



Meetings are starting and projects are off to a good start. We are offering many new projects this year and it's really exciting. Here's to a great year!

Reminder to Club Scribes...

Submissions for the Club Scribes column should be sent to cemendocino@ucdavis.edu by the 15th of the month to be included in the next newsletter. Reminders will be sent if you send your email contact information. **Questions?** Call Linda Blatchford at 463-4495.

Mendocino County Board of Supervisors Honors 4-H

By Tanner Whetzel, Ukiah Shamrock 4-H Club

On Tuesday September 27, 2011 several members of the Ukiah Shamrock 4-H Club visited the Mendocino County Board of Supervisors meeting. Ukiah Shamrock 4-H Club Community Leader Nadine Boer asked Supervisor Carre Brown if the Board would recognize National 4-H Week for our county. All Mendocino county 4-H members were invited to attend the meeting to hear the proclamation. The following Ukiah Shamrock members attended the meeting: Tanner and Shannon Whetzel, Becca and Meghan Andrews, Jonathon Hunt, Ericka Boesel, Maranada Allenbaugh, and Kylie Kornegay. They were joined by University of California Cooperative Extension County Director and Livestock and Natural Resources Advisor John Harper and several leaders from the Ukiah Shamrock Club. The members were asked to lead the Pledge of Allegiance at the beginning of the meeting. After the Board of Supervisors listened to some public comments, Chairman Kendall Smith read the Proclamation to recognize the week of October 2-8, 2011 as National 4-H week in Mendocino County. Chairman Smith then asked the members to stand and recite the 4-H Pledge for the audience and to accept a copy of the proclamation. 4-H member Tanner Whetzel went to the podium to talk about what projects he is doing in 4-H and what his role is as an officer. The 4-Hers took some pictures with Chairman Smith and County Director John Harper. Then the members went back to school. Chairman Smith read the following:



From Left to Right: Tanner Whetzel, Becca Andrews, Meghan Andrews, Jonathon Hunt, Supervisor Kendall Smith, Shannon Whetzel, Ericka Boesel, County Director John Harper, Kylie Kornegay, Maranda Allenbaugh.

PROCLAMATION OF THE MENDOCINO COUNTY BOARD OF SUPERVISORS

RECOGNIZING THE WEEK OF OCTOBER 2-8, 2011 AS NATIONAL 4-H WEEK IN MENDOCINO COUNTY

WHEREAS, 4-H youth across the nation are leading efforts to solve problems in their communities and make a difference for their futures; and

WHEREAS, 4-H is one of the largest youth development organizations in California and the largest in the nation with more than 6 million young people, 540,000 volunteers, 3,500 professionals, and more than 60 million alumni; and

WHEREAS, 4-H in California claims 130,000 youth members and 20,000 adult volunteers, while Mendocino County 4-H program number more than 430 youth participants and 200 adult volunteers; and

WHEREAS, 4-H as part of the Division of Agriculture and Natural Resources of the University of California-Davis is a program where youth learn through opportunities that provide them with hands-on experiences in 4-H's mission mandates of science, engineering and technology, healthy living, and citizenship; and

WHEREAS, 4-H has connected youth and their communities with the innovative research and resources from our nation's 109 land-grant universities and colleges for more than 100 years.

NOW, THEREFORE, BE IT RESOLVED, that the Board of Supervisors of the County of Mendocino, hereby proclaims the week of October 2 through October 8, 2011, as

"NATIONAL 4-H WEEK IN MENDOCINO COUNTY"



Opportunities & Updates from the State 4-H Office

4-H Healthy Living Curricula

Recommended 4-H Healthy Living curricula is now available on the UC 4-H Youth Development Program website. Diverse sets of curriculum have been designed to teach 4-H youth about all aspects of a healthy living. Price ranges vary and some are free! For more information, visit [www.ca4h.org/Projects/Curriculum/4-H Healthy Living/](http://www.ca4h.org/Projects/Curriculum/4-H%20Healthy%20Living/).

Nutrition Decision

This educational website introduces young people to nutrition facts labels. Nutrition Decision is designed to engage youth members in activities and games as they learn about serving sizes, nutritional values and much more. For more information, visit www.nutritiondecision.net.

KidsHealth

KidsHealth is a website designed to give information about health, behavior and development from birth through teen years. The website has sections for parents, kids and teens which include more than just facts about health. KidsHealth provides families with perspective, advice and comfort about a wide range of physical, emotional and behavioral issues that affect children and teenagers. For more details, visit kidshealth.org/kid/kh_misc/about.html.

Ways to Help Community Service Grants

Deadline: Ongoing

WaysToHelp.org invites teens to apply for grants to fund community service ideas across any one of 16 issue areas including fitness, cancer/smoking, HIV/AIDS and organ and blood donation. Applications should be 5,000 words or less. Visit www.waystohelp.org to apply. Grant requests are reviewed and responded to on a

monthly basis.

California Afterschool

Resource Center Online Trainings

Teach youth members to live healthy lives and build healthy communities by participating in online trainings provided by The California Healthy Kids Resource Center. Learn how to help youth members make individual healthy choices and become advocates for health in their schools, after school programs and communities. For a list of online trainings, visit www.casrc-chkrctrainings.org/training/modules.

MyPlate Fruits & Veggies Video Challenge

Deadline: November 15, 2011

What does YOUR MyPlate look like? Create a short video (approximately 30 seconds) showing how you build a healthy plate with fruits and veggies on a budget. It can be a song, skit or a how-to in action, as long as it includes the message "Make half your plate fruits and vegetables." Winners will receive cash prizes. To learn more, visit <http://fruitsandveggies.challenge.gov/>

National Parks Free Entrance Day

November 11-13, 2011

<http://www.nps.gov/findapark/feefreeparks.htm>

America's Best Idea — the National Parks — gets even better with several fee-free days at more than 100 national parks that usually charge entrance fees.

Making the fun even more affordable, many National Park concessioners are joining the National Park

Service in welcoming visitors with additional discounts.



To see ALL the State 4-H Updates, go to: <http://www.ca4h.org/News/>

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University of California
Agriculture and Natural Resources



**“Roundup”
MENDOCINO COUNTY 4-H
November 2011**

Web Sites

National 4-H Council

www.4-h.org

California State 4-H <http://ca4h.org>

Record Book forms, officer manuals, Policy Handbook, opportunities for youth and leaders, etc. Click on **Resources** for links to electronic 4-h forms, policies, and opportunities.

Mendocino County web site:

<http://cemendocino.ucdavis.edu>

The *Roundup* is available on this web site. You can also be notified when a new *Roundup* is available electronically. Please contact the Ukiah 4-H office for this information.

Yahoo Groups for Community Club Leaders

<http://groups.yahoo.com/group/4h-ccl/>

Valuable site for discussing issues, sharing information and resources for curriculum, materials and project ideas.

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