



April 2014

4-H Calendar of Events

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Back in office and BIG THANK YOU

Happy Spring everyone, I am now back in the office resuming regular duties. I had been out for 3 months taking care of family and their medical issues. I will still need to be gone at times during the work week due to continuing family medical struggles. This is the reason you haven't gotten any newsletters since November.

I'd especially like to thank the Executive Board for continuing with the program and keeping things "afloat" during my absence. **Nadine Boer** was kept very busy staying on top of important council and program issues; she helped Laytonville hold a very successful Presentation day event, to name only a few. **Rhonda Brown**, our Council treasurer, took care of getting our enrollment fees to the state office on time, not an easy job I assure you. **Sheryn Hildebrand**, council secretary, took care of getting a council meeting planned and held in January. These are only a few of things that this very efficient team took care of in my absence.

I am sincerely **thankful** and grateful for everything they have done to keep Mendocino County 4-H on track. Linda Edgington

April

- 15.....Round up articles due to the office
- 15.....Purple Up for Military kids~ wear purple
- 16.....Extravaganza entry items due in **Ukiah** office
- 18.....Extravaganza entry items due in **Fort Bragg** at Haywire **9:00am-12:00 Noon only**
- 23- May 4....Tractor Supply Clover Days
- 26.....4-H informational table ~Tractor Supply
- 26.....Potter Valley Rabbit Show~ Firehouse
- 27.....Rabbit Meat Pen seminar & Poultry educational table ~ Tractor Supply
- 29.....Livestock Expo Planning meeting 6:00~ Farm Bureau

May

- 3.....Extravaganza event in the town of Mendocino
- 3.....4-H animal information table ~Tractor Supply
- 15.....Round up articles due to the office
- 26.....Memorial Day Holiday [**office closed**]
- 31.....North Coast Jr Meat Goat Show REF
- 31.....State Field Day UC Davis

June

- 8.....Sheep Show Santa Rosa Contact Chuck Ream
- 15.....Round up articles due to the office
- 18.....Executive Board meeting 5:30 PM
- 21.....Swine Field Day contact Susan Pierce
- 26-30.....Summer Camp

July

- 4.....4th of July Holiday [**office closed**]
- 15.....Round up articles due to the office
- 20-Aug 3.....Redwood Empire Fair move in & Fair

August

- 1-3.....Redwood Empire Fair
- 15.....Round up articles due to the office
- 31.....End of 4-H Year

Leader's Corner

Fair information for 2014

2014 Fair dates as July 31 – August 3. the fair theme “Ocean Adventure”. Think dolphins, whales, starfish and boats.

4-H Uniform Contest Rules

Currently enrolled 4-H members may enter the contest.

Proposals are due by **April 18, 2014, 9 pm.**

Multiple entries from one member are allowed.

Submissions will be evaluated by an ad hoc sub committee appointed by the State 4-H Incentives and Recognition Advisory (I & R) Committee. This committee will be comprised of three youth members, one adult volunteer and one staff member. The ad hoc group will make recommendations to the I & R Committee who will then prepare multiple uniform options for voting by all registered members and adults.

You do not need to be present at State Field Day for your uniform idea to be selected.

The evaluation committee and the I & R Committee reserve the right to take features of one uniform submission and combine it with features from another submission.

Members will be recognized for their selected and winning contributions in the Updates Newsletter, on the State 4-H Website and through our social media networking platforms.

How to Enter

Submit your proposal electronically by **9 pm, April 18, 2014.** A proposal must include a written description of the proposed uniform and may also include sketches and/or photos of the proposed uniform that can be uploaded onto the contest survey site. Submit your proposal here: <http://ucanr.edu/survey/survey.cfm?surveynumber=12195>

Submissions will be evaluated using the following criteria:

Affordability and Availability. Uniforms have to be affordable to all members. The uniform pieces must be generally available or easily produced.

Serviceability and Comfortableness. Uniforms need to be comfortable and functional for all 4-H activities, from showing livestock to giving presentations.

Adaptability. Uniforms should be adaptable for weather and project needs. For instance, there could be long and short sleeve options. There could be different options for younger members (e.g., green hat) and older members (e.g., no hat, but need something else that displays pins and emblems).

Professional Appearance. Uniforms should be easily recognizable and easy to keep clean.

4-H Uniform Contest Rules Continued

Ability to Exhibit Recognition/Awards.

Uniforms should allow for the display of pins, emblems, etc.

Traditionalism. Uniforms should incorporate the 4-H colors and the 4-H emblem. The 4-H colors are white, to symbolize purity, and green, to represent growth. The 4-H emblem is the green clover with four white Hs.

Voting Process:

Voting will begin at State Field Day, May 31, 2014 and will end on June 15, 2014 at 9 pm.

Photos or sketches of the uniform options will be displayed at State Field Day and also posted on the State 4-H Website on May 31, 2014.

Voting will be by survey in the 4-H Online Record Book (ORB). This will ensure that there is only one vote by registered youth member or adult volunteer.

At State Field Day, you can vote by going to the computer lab to log into your ORB page. It will be important for you to know your log-in and password to ORB. If you do not know this information, please follow the instructions on the ORB Login Help reference: <http://4h.ucanr.edu/files/121045.pdf>. If you still need assistance, contact your county UCCE office for support.

If you will not be attending State Field Day, you can still vote by log-in to your ORB page from any computer, until June 15 at 9 pm.

If you also take your ORB surveys in the computer lab, you will receive a \$10 gift card for completing your surveys that day. (All other ORB survey incentives still apply).

This is the process for submitting a proposal, offline, for the uniform

Print out the online Uniform Proposal survey. Complete the survey and mail the hard copy to the state office.

<http://ucanr.edu/survey/survey.cfm?surveynumber=12195>

California State 4-H Office
Attn: Gemma Miner
2801 Second Street

Davis, CA 95618-777



UC, ANR and 4-H Smoke and Tobacco Free Policy

On January 1, 2014, all UC campuses and facilities, including ANR (Ag & Natural Resources), are completely smoke & tobacco-free, and the use of cigarettes and all tobacco products is no longer permitted on any UC ANR property. This includes buildings and structures, grounds, parking structures, enclosed bridges, and walkways, sidewalks, parking lots, and all property that is **owned, operated, leased, occupied, or controlled** by ANR. As well, smoking in parked and moving vehicles while on grounds owned, leased or under control of ANR.

4-H had an existing policy prohibiting the use of tobacco for 4-H adult volunteers and youth members. The policy has been updated to include parents/guardians and other participants and to explicitly mention smokeless tobacco products, e-cigarettes and unregulated nicotine products.

Below is the current 4-H Policy on Alcohol, Drugs, and Tobacco (Chapter 11, IX)

The following policy applies when youth, adult volunteers, parents/guardians and participants are participating in the 4-H YDP and while performing 4-H YDP duties at non-4-H events.



A. Participation in 4-H Activities and Non 4-H Events

1. Adult volunteers shall not consume or be under the influence of alcohol, illegal drugs or tobacco while performing their 4-H YDP duties.
2. Adult volunteers shall not be impaired by legal drugs while performing their 4-H YDP duties.
3. Adult volunteers and 4-H YDP staff will not allow alcohol, illegal drugs or tobacco use.
4. The use of alcohol, illegal drugs, smoking and the use of smokeless tobacco products, e-cigarettes and unregulated nicotine products is prohibited.



Communication Skills Building helps community leaders who work with parents of pre-teen girls

Communication Skills Building helps community leaders strengthen the communication skills of parents and caregivers of preteen and teenage girls. Research shows that girls who have strong and open lines of communication with their parents and caregivers are more likely to finish school and less likely to get involved with drugs and alcohol or become teenage parents. Important conversations on hard topics should begin as early as possible, or between the ages of 9 and 11.

Communication Skills Building helps community leaders work with parents and caregivers to address difficult topics, such as:

- o Dating
- o Appropriate dress
- o Internet dangers
- o Peer pressure (smoking, drugs, and alcohol)
- o Time management

For more information: <http://womenshealth.gov/talking-to-preteens/>

Source: U.S. Department of Health and Human Services



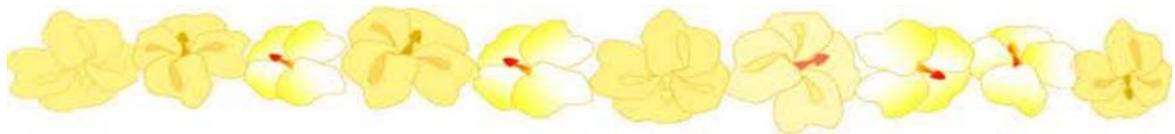


Members Having Fun while doing Community Service!



November 14, 2013: Ukiah Shamrock 4-H Floral Arranging Project

Group created and donated floral arrangements for the recent annual Statewide 4-H Leaders Forum in Sacramento. The youth members under the expert guidance of their project leader, Wil Gonzalez AIFD – “Hey - Flower Guy”, designed 7 attractive arrangements that were the talk of the conference. Using locally grown pumpkins, highlighting the seasonal colors these charming “Pumpkin Burgers” were coveted by the attendees of the conference. The 4-H members are looking forward to more floral challenges throughout this coming year.



Countywide Knitting Group: Knitted birds nests for baby orphaned birds

March 2014

This knitting group has been VERY busy (not all members are pictured) They are showing off the birds nests that they have been working on and the wooden knitting needles donated to them by a local needle making company on the coast. The knitted nests will be used to hold orphaned baby birds so they can grow and fly out on their own.

What a fun and useful community service project.

Thank you all for your great work!



County Presentation Day Results

Fort Bragg

Nathan Yanez	Demonstration	Blue Award
Alani Yanez	Educational Display	Blue Award
Lane Norvell	Prepared Speech	Gold Award

Mendocino Spartans

Jillian Anton &	Cultural Arts	Gold Award
Rory Beak	Cultural Arts	Gold Award
Ariel Anton	Demonstration	Gold Award
Joey Beak	Demonstration	Gold Award
Rory Beak	Demonstration	Gold Award
Hardy Beak	Demonstration	Gold Award
Carson Smiley	Audio Visual	Gold Award
Ayla Yager	Demonstration	Gold Award
Jordan Yager	Demonstration	Gold Award
Elisha Yager	Demonstration	Blue Award

Lillian Barkoczy-Hadik Educational Display Gold Award

Joya Yager Educational Display Gold Award

Potter Valley

Cassia Lazzaro	Demonstration	Gold Award
Katie Penry	Demonstration	Gold Award
Serena Grimm	Interpretative reading	Gold Award
Chancelyn Johnson	Demonstration	Gold Award
Briley Penry	Interpretative reading	Gold Award
Monica Galliani	Job Interview	Blue Award

Share the Fun Potter Valley

Serena Grimm, Briley Penry, Graceson Penry (honorary) &

Chancelyn Johnson Gold Award

Redwood Valley

Hannah Brown Educational Display Gold Award

Ukiah Shamrocks

Kenzie Kornegay	Cultural Arts	Blue Award
Jonathon Hunt	Educational Display	Gold Award
Tanner Whetzel	Educational Display	Gold Award

Ukiah Shamrocks Continued

Shannon Whetzel	Interpretive Reading	Blue Award
Ella Rozelski	Demonstration	Gold Award
Madeline Cline	Job Interview	Gold Award
Lindzey Rozelski	Job Interview	Gold Award

Willits

Keely Adhers	Cultural Arts	Blue Award
Emma Garmen &	Demonstration	Primary Participation
Ella Garmen	Demonstration	Primary Participation
Lilah Garmen &	Educational Display	Gold Award
Emma Compa	Educational Display	Gold Award



Sectional Presentation Day

Fort Bragg

Lane Norvell Prepared Speech Gold Award

Mendocino Spartans

Ariel Anton	Demonstration	Gold Award
Jillian Anton & Rory Beak	Cultural Arts	Gold Award
Joey Beak	Demonstration	Gold Award
Rory Beak	Demonstration	Gold Award
Hardy Beak	Demonstartion	Gold Award
Carson Smiley	Audio Visual	Blue Award
Ayla Yager	Demonstration	Gold Award
Jordan Yager	Demonstration	Blue Award

Potter Valley

Serena Grimm Interpretative Reading Blue Award
Chancelyn Johnson Demonstration Gold Award

Redwood Valley

Hannah Brown Educational Display Blue Award

Willits

Emma Compa & Lilah Garman Educational Display Red Award

Scholarship Opportunities

Higher Education Scholarship Applications

Deadline: 11:59 p.m. on May 1, 2014

The application link is available on the 4-H state website at:

<http://4h.ucanr.edu/Resources/Members/Scholarships/>

I'm pleased to announce the addition of the Flaco Feldmiller Scholarship for Higher Education. This scholarship category was established to provide five \$1000 scholarships for students majoring in agriculture at a 4-year college or university. I have added this category to the list of scholarships available this year. By Gemma Miner

Wool Growers Scholarship

Deadline June 15th

Find more information and the application at

<http://cemendocino.ucanr.edu/files/171357.pdf>



Mendocino County 4-H is gearing up for another North Coast Jr. Livestock EXPO.

We need your participation! The main purpose of the EXPO is to certify all livestock exhibitors in Animal Ethics and Quality Assurance, which is required by many Fairs including The California State Fair and our own Redwood Empire Fair.

We provide a day long educational experience for all youth livestock exhibitors from the North Region: Mendocino, Lake, Sonoma, Humboldt, Del Norte and other interested counties. This event has been highly successful in the past and has ranged in attendance from 500 to 800 participants.

If you would like to be involved with the planning of our February 7, 2015 EXPO, there are several ways you can help:

Chair an **Animal Species Break** Out Session: Any species shown at Redwood Empire Fair

Chair the **Food/Refreshment Committee**

Chair the **Trade Show Committee**

Chair the **Learning Labs Walking Lunch**

Chair the **Speaker Committee**

Chair the **Attendance Committee**

Chair **Set Up or Break Down Committee**

Chair the **Fundraising/Sponsorship Committee**

Serve on any of the above committees

Share your contacts and ideas

This is a fantastic event to be involved with! If you are interested in helping Mendocino County 4-H provide another amazing event to the youth of the Redwood Empire please call Shanna Braught (707-489-5070) and let her know you are interested.

Our **first planning meeting will be April 29, 2014, 6:00 pm** at the Mendocino County Farm Bureau Office.

Partnership Scholars Program

Our mission is to provide six years of educational and cultural experiences to academically motivated, but economically disadvantaged students, starting in the 7th grade, to promote college access and a lifetime of success.

Our core values reflect our beliefs that:

Children who come from low income families tend to believe that college is not a feasible option for them.

College access and success is the most viable way out of poverty.

Learning outside the formal classroom is essential for every child.

Student who come from low-income families should have the same educational and cultural enrichment opportunities that more affluent students have.

Having a teacher/mentor/advocate helps bridge the educational and cultural divide.

Every child should have the opportunity to enter and succeed at higher education and they should not be limited by their environment.

For more information go to:

<http://www.partnershipscholarsprogram.org/>



Shooting Sports Trainings coming up !

4-H Shooting Sports Workshop - Pistol Discipline

Friday, May 2nd, 2014 – 7:00 a.m. – 7:00 p.m.
Facility Location: Madera County 4H class room
328 S. Madera Avenue, Madera CA, 93637-5465



A 4-H shooting sports workshop for the pistol discipline will be held at the Madera County 4H office in Madera, CA. This is a one day-twelve hours course. This course will be held indoors using the Creedmoor portable air gun range and Crosman Silhouette 1700P PCP pistols donated by the NRA. Participants may also bring their own AIR pistols to use should they choose. Upon successful completion of the course, the participant will be certified as a volunteer and can lead a pistol project at the club level. The cost for this course is \$30.00 to cover the instruction binder each participant will receive. Teen leaders are invited to attend. Eye protecting will be provided, however, students may bring their own eye protection if desired. Polycarbonate prescription eye glasses are acceptable.

To register for the course or receive more information, contact Sammy Ashworth at (559) 707-0755 or email sdashworth@gmail.com Please fill out and bring the medical documents listed below.

<http://4h.ucanr.edu/files/20100.pdf>

<http://4h.ucanr.edu/files/4726.pdf>

4-H Shooting Sports Workshop Rifle Discipline

Location: Watsonville – Santa Cruz County
Pajaro Valley Rod & Gun Club

557 ½ Lakeview Rd. Watsonville, CA 95076

Saturday, April 26, 2014 - 8:30 a.m. – 5:00 p.m.

Sunday, April 27, 2014 – 8:30 a.m. – 4:00 p.m.

Upon successful completion of this course, 4-H volunteers will be certified as rifle trainers and can lead a project at the club or county level and may also qualify to serve as a county trainer to certify other leaders.

PRE-REGISTRATION is a MUST:

To register or ask questions for the class contact:

Randy Turnquist at randy@randyt.com or 831-566-2590

For directions to the class site, visit www.pajarovalleyrodandgun.org

Cost:

If you want a binder of materials produced for you \$28.00 or a CD that you print is Free

Morning coffee and afternoon refreshments are provided (donations accepted)

Lunch may be provided at \$5.00-\$7.00 per day (fast food is 10-20- minutes away)



State Record Book Competitors

Fort Bragg

Lane Norvell ~ Merit Award winner

Tanisha Norvell ~ Merit Award winner

Mendocino Spartans

Morgan Margerison ~ Merit Award Winner

Ayla Yager ~ Participant Award



MENDOCINO COUNTY'S 2014 4-H EXTRAVAGANZA PROMISES A FUN AND EDUCATIONAL EXPERIENCE

The Mendocino County 2014 4-H Extravaganza and Fashion Revue will be on Saturday May 3rd in lovely Mendocino at the Mendocino K-8 School on Little Lake Road east of Hwy 1.

The day will start with early arrival of Fashion Revue entrants for judging of the State Fashion Revue category entries, and a modeling workshop for ALL Fashion Revue entrants and run-through of the Fashion Show to be presented later in the day.

At noon, excellent food will be available for sale to benefit the Mendocino Spartan 4-H Club: Chicken, tortillas, vegetarian beans, rice, and all the customary delicious condiments: cheese, salsa, onions, sour cream, etc., plus coffee and cookies from our People's Choice Cookie Contest! Also, cookies from our Restricted Diet Cookies entries will be available, so there will be something for EVERYONE!

After the food concession opens at noon, 4-H'ers with their families and leaders may view the still entries in the school's Multi-purpose Room, during which time our talented Mendocino County 4-H Cultural Arts presenters will reprise their entertaining presentations that they gave at Presentation Day.

The Extravaganza Opening Ceremony will start at 1:15p with participation by lots of our great 4-H youth members. A new Mendocino County 4-H Banner designed and sewn by Teresa and Julia Ravella of the Ft. Bragg 4-H Club will be presented, and the Banner Club awards for the 2012-2013 4-H Year will be presented also. A fashion show will follow, with 4-H'ers modeling their wearable and carry able projects entered in Extravaganza and Mendocino County Fashion Revue. Rumor has it there will be at least one special performance by a knitting project group. Announcement and recognition of Still Entry awards from the numerous entry categories will then be announced. Extravaganza/Fashion Revue promises to be a fun, full day for Mendocino County 4-H youth, their families, leaders, and supportive community members.

If you are **new** to 4-H you are encouraged to attend to see what it's all about and start making plans for entering next year and perhaps getting involved in production of this annual fun, educational, and encouraging event.

~Lyn Anton



The Wreaths Across America

<https://www.wreathscrossamerica.org/>

A presentation on this was given at the January County Council Meeting by the Evans family from Lower Lake 4-H

I attended the Lower Lake Ceremony and it was very moving and wonderful. We are grateful to Katie Evans and Family for driving over an hour to make the two presentations. Please discuss this opportunity with your club leaders and members and report back to us at the next County Council meeting your clubs' decision to participate this coming December in this worthy community service project. And remember if you do decide to do this activity - a Fundraiser form will need to be completed and turned in to the 4-H office prior to participating. So far I know that Redwood Valley/Calpella and Ukiah clubs have discussed this and the members voted to participate. And have formed committees. We will be registering soon along with registering the cemetery.

I look forward to hearing what your club thought of the activity. It would be very appropriate to earmark the funds raised to your club's citizenship/community service budget line item.

By Nadine Boer~ Ukiah Shamrocks 4-H



The Spring Paper Clover dates are

April 23-May 4.

Be sure to mark your calendar and begin planning how your club will get involved in-store at your local Tractor Supply Company during the promotion. Try displaying your record books or setting up a petting zoo!

There are two weekends during this campaign; April 26-27 and May 3-4th. It is a busy time of year with the Potter Valley Rabbit show on the 26th. We are looking for members that would like to help staff a 4-H information table on Saturday April 26th. The 4-H program has lots of tri fold informational boards as well as hand outs about 4-H, for you to use.

Sunday April 27th will be a Meat Rabbit Seminar at Tractor Supply by Terri Gowan of Anderson Valley 4-H. If you are interested in helping please contact Terri at ttbunnys@yahoo.com

May 3rd is another busy day in 4-H life with the Extravaganza being held in Mendocino. We are looking for any animal projects that would like to bring either their animals or information about their animals for a table at Tractor Supply in Ukiah on either Saturday the 3rd or Sunday the 4th.

Rob, the store manager tells me that Saturdays are the busiest but either day would be greatly appreciated. During the whole time April 23-May 4th paper 4-H clovers are sold to customers at \$1 each. The Mendocino County 4-H Program profits from this event, by receiving 70% of the clover sales!



Club Scribe

Ukiah Shamrocks

On **November 7th** 2013 the Ukiah Shamrocks 4-H club joined up for a general meeting. Great job Ukiah! We won the Widow Display contest! The reward was \$100 for our club. The water sales at the Pumpkin Patch did really well and we earned about \$500. The Halloween party was a blast and many members came. We enjoyed a scavenger hunt, as well as the hay rides and food. We discussed 4-H camp on June 26-30 2014. Happy birthday to the November babies! We celebrated the birthdays by singing happy birthday to them. Our treasurer, Tanner Weatzel, did a presentation called, Hat Facts. He showed us what some of the pins meant and where they go. Awards night!! Nadine Boar and Tasha Wetzel handed out the pins, stripes, stars, proficiencies, and more. Great job everyone. At the end of the meeting we made placemats for Brookside Residents. Our next meeting is December 5th 2013 at 6:30 pm.

The Ukiah Shamrock 4-H club meets again on **December 5th**, 2013 at the 4-H building. At the meeting we had an ugly sweater contest. There were many UGLY sweaters. We talked about how we won the window display contest, the prize was \$100. 4-H camp for 2014 is on June 26-30; join us it will be tons of fun! Presentation Day will be on March 8th in Laytonville. It's going to be a lot fun! Extravaganza will be on May 3rd 2014, so start making your fun, creative items. Cloverdale Citrus fair is going to be on February 14-17 of 2014. Sheep day is on February 8th and swine day is on January 25th.

Thank you sheep dog trials food servers, it meant a lot to the cooks. Also thank you to the Cloverbud field day helpers, it was a ton of fun for the future 4-Hers. Happy birthday December babies!. Our next meeting will be on January 2nd 2014. Come and join us!

For **January** we met on the second of 2014. To start of the meeting we said Happy New Year to everyone who was there. We voted on purchasing supplies for the Fiber Arts group. Next, for business Tea, Tanner and Lindzey talked about Presentation Day and the different presentations you could do. 4h summer camp will be on June 26-30. We sang happy birthday to the people who were born in January and wish them a good day. For a special New Year treat Madeline Cline showed everyone how to make a chocolate covered strawberry. Everyone got to make a couple and enjoy them. Lastly for recreation we play Hula Hoop and team building activities. Our next meeting will be Thursday, February 6, 2014 please come and visit us at the 4h building.

Scribes continued on next page

Redwood Valley Calpella

November 12, 2013 was our third meeting of the year. Our Community Leader, Kristen gave a presentation on how to do a Record Book. We are going to do classes for members and parents who would like to learn more about what should be entered into the Record Book. Our club is looking forward to the Cloverbud Field Day, which is on November 16th at St Mary's School. We have many new Cloverbud members and they are very excited to learn more about 4-H. We are having a dessert challenge at our next meeting, on December 12th. Members are challenged to bring in a homemade dessert. Our officers will be judging each dessert and choosing their favorite. December is a very busy month for us. We will also be having a canned food drive and making Christmas cards for the elderly. Happy Holidays

December 10, 2013 was our fourth club meeting of the year. We had a dessert challenge that was a lot of fun. Our club encouraged members to make a dessert to share with other members, and their families. Our officers judged the desserts and they chose their top three favorite desserts. Our first place winner was Caleb Fairall, second place went to Courtney Beer, and third place went out to Wyatt and his sister Savannah Sanders. Thank you to everyone who participated. A few of our Cloverbuds talked about the Cloverbud Field Day. They said it was tons of fun, and they learned a lot. This was also our annual awards ceremony. Each member received an award with their number of years in 4-H, as well as any other achievements earned through out the year. We also had a canned food drive and collected two large boxes of food to donate to Plowshares. Our next meeting is January 14, 2014. Our club wishes you Happy Holidays.

Ukiah Shamrock con't

On **February 6th** 2014 the Ukiah 4-Hers had a general meeting at the 4-H building. At the beginning of the meeting we talked about the Humane Society Fundraiser on April 26th at Barra Winery. The members that have signed up will need to arrive around 4:30. The dinner will be from 5-7 and a band will play till 9:00 the members have been asked to buss tables. They have asked us to wear our 4-h shirts, and if anyone doesn't have one contact Dana Kornegay.

Duncan Cline gave a presentation on how to fill out the PDR in 4-H record books. Each month we will work on a section of the 4-H record book. If anyone would like to ask any questions about record books please go to <http://4h.ucanr.edu/files/165564.pdf>. Our next meeting will be March 6th, 2014 at 6:30 pm at the Ukiah 4h office.





Club Scribe Continued

Potter Valley Fort Bragg

In **November**, Potter Valley 4-H learned about the American flag, discovered who was in our project groups, created cards giving thanks to senior citizens, and did some teambuilding. We dropped more change into our "Change for Charity" bottle, discussed the awards potluck and signed up to work at the Cloverbud Field Day. This year we are conducting our meetings in a circle so everyone can be seen and heard. It seems to be working in a positive way for our small group.

Everyone took turns standing up, saying their name and what projects they are signed up for. Cards were passed out for all of us to write in giving thanks to senior citizens. We wrote our name, our age, and why we love 4-H. The finished cards will be delivered to nursing home residents for Thanksgiving. The final segment of our meeting was devoted to teambuilding. We divided into four teams with the common goal of putting together a child's puzzle. Older members were encouraged to support younger members in this task because their participation is equally important.

In **December**, the Potter Valley 4-H held its annual awards banquet/potluck. Garrett and Cassia organized and emceed the evening. We collected warm jackets for the homeless and "Change for Charity". There were many awards handed out to our members. The food was amazing, especially the desserts. This year has brought quite a change in our membership. Many of our older members either graduated or moved on to FFA. This has left us with most of our members being young and new (somewhat) to 4H. Therefore, we have been spending time learning/relearning things like motions, the pledges, how to write thank you notes, community service, etc.

At our **January** meeting "Question of the Day" was: What % of club meetings must you attend to be a member in good standing? When you provide the correct answer, you earn 4H Bucks. Project reports are becoming more informative since the officers posted "How to Give A Project Report" board at the front of the room to refer to when reporting to the members. A few of our members discussed "Why You Should Come To Camp". The final consensus was that camp is fun, amazing, and the food is to die for.

We discussed, in depth, Presentation Day and encouraged everyone to participate. Potter Valley's 2013-14 club goals were posted: 1) Make meetings more interesting, 2) Recruit members, 3) Expand projects offered, and 4) Community Service. Our ongoing community service opportunities are "Change for Charity", Warm jackets/coats, and Tango Mike. A member in good standing has attended 80% of meetings.

By Serena Grimm

We have started the year off welcoming new and returning members. The officer's team has been busy preparing for the New Year and "Lasso the Past" is this year's theme. In October FB 4-H celebrated visibility week by gathering at the Fort Bragg Furniture Mart to make our annual window display. It turned out great and thank you to the committee for their great job. We ended our month with our annual club Halloween Party at Shoreline Riders Club. That was a spook-tack-ular time... Thanks to that committee. In November we celebrated our past year members by having a potluck Awards/Achievement night. We had many members to celebrate. Along with the celebration we recognized our new primary members with some fun games. November is a time to be thankful and that is why our club has an annual Thanksgiving Basket drive. It's a great time for us to help other families in need. December we will be Christmas Caroling and gathering things for our Christmas Basket drive. Leaders have been given their project list and many projects should be up starting soon. Happy Thanksgiving to all and Merry Christmas!!!! By Jasper Estes



Willits

Willit's 4H held it's November meeting at 7 PM on the 18th. We had a lot of members and parents attend. We talked about events coming up like our Santa pictures and bake sale on December 1 at ER energy. We also had all the members who participated in the sees candy sales turn in the order forms. Willits 4H is going to help serve at the senior center on Thanksgiving. We ended the meeting with a fun game I like to call "talk and greet". At our December 16 meeting we played a game called "guess how many candy canes in the bucket", I won the prize! It was 280 candy canes! At this meeting we discussed having a booth at the frontier days during the Fourth of July. All of our members brought in one dozen cookies each and we split them up and deliver them to all the local businesses that support us throughout the year. The top 3 winners of the sees candy fundraiser were also announced congratulations to third-place Nakai Chilson, second place Samantha Arms and first place myself. We hope you have a great rest of 2013 and that 2014 will be a terrific year for everyone.

Claire Moyle

Willits 4h reporter



Club Scribe Con't

Mendocino Spartans

The Mendocino Spartans had a very productive past two months. To begin, we hosted our Annual Awards Ceremony and Family Fiesta at Preston Hall in Mendocino on November 11. Thanks to all of our members and their families for helping us put together a real tasty mexican meal. A number of our members were recognized that night and the banquet tables were filled with family members we don't usually see. It was a good opportunity for those family members to learn more about what goes on at our 4H "family" gatherings.

On **December 9** instead of having our normal monthly meeting, we held an Ugly Sweater Contest. We cast secret ballots and judged categories that included the most colorful, most eccentric, best male sweater, and overall ugliest sweater. The winners from each category received 5 Spartan bucks! We continued our evening by carpooling over to the Lodge at the Woods. This gave the Spartans an opportunity to be with the elderly who live at the Lodge. Some of our 4H members played music for the elders at the Woods. Ayla Yager, Joey Beak, Lilliana Hadik, and Morgan Margerison played the piano. On the flute we had Jillian Anton and Ms. Anton. Rory and Hardy Beak played the violin. A big thank you to everyone involved in this event. What a great way to begin the holiday season!

On Monday **February 10**, the Mendocino Spartans met at the Mendocino Grammar School for our monthly meeting. We began the meeting with our usual business. Our Healthy Living Officers, Sophie Swan and Allison Margerison, shared some tips on how to keep others from catching your illness. Jillian Anton and Lilliana Hadik reported on how to enter items at Fair. Our Activity Leader, Carson Smiley led us in a game that involved being blindfolded, two bowls, and puff balls. We also enjoyed a variety of homebaked treats that our officers brought to share with us in keeping with the spirit of Valentine's Day. We concluded our meeting by gathering into groups and heading outside to do a community service project. Each of our groups was given a trash bag and tools to make handling the trash easier. We had fun roaming the Grammar school's buildings, playground, and parking lot to collect a lot more trash than you might think! And it was fun to be outside with each other. It seemed like everyone enjoyed this meeting and the opportunity to share in some community service.

Long Valley

Hi Guys this is Collin reporting for the Long Valley 4H Club. We just got done having our successful Super Bowl Breakfast. We had a great time taking orders and serving our community a yummy breakfast before the Super Bowl. A big thank you to all the Leaders and Parents, we appreciate everything you do for us. Clubs have been meeting like crazy. We had our first dog meeting and have some new members this year. Swine Group is going to be ear notching new baby piglets that were just born on February 11th. Our group is hosting this year's Presentation Day on March 8th and is looking for volunteers to be judges, so please contact Shanna Braught if you are interested.

Thank you Collin Spackman-Rowles

Hi everyone hope your all enjoying this warm weather we are having. Well our Club just got done hosting this year's Extravaganza and it was a success. We had a great introduction to the public speaking corner stone of 4H and many of our members are now inspired to participate next year. We had great participation from our members and their families, as well as many community volunteers that were judges. Our Club would like to thank everyone who participated and to all that volunteered and a huge thank you to Shanna Braught without you this wouldn't have been such a success in our little town. By Collin-Spackman-Rowles



Mendocino Spartans

The Mendocino Spartans began our monthly meeting with a simple game of Duck, Duck, Goose. It was nice a nice way to get us started! Then, guest speaker and President of the Mendocino Rotary Club, LaDonna McDonald discussed the importance of saving a certain piece of land in Mendocino Village. The Rotary Club would like to purchase this land to keep as a community park where events like craft fairs, concerts, family events, etc. could take place. The Spartans will have a bake sale in April to help raise money for the Rotary Club to make this purchase.

We also reviewed County Presentation Day where a number of our members attended and won gold. After our meeting ended and we filled up on some healthy snacks, a few of our members presented us with their Presentations. It was interesting for all of those who didn't attend County Presentation Day to see what these presentations are like.

Extravaganza is coming up and the Mendocino Spartans are hosting. Our club is putting a lot of effort into this event and it should be fantastic!





State News



May 8: University of California Day of Science and Service

<http://beascientist.ucanr.edu>

On May 8, 2014, UC Cooperative Extension celebrates its 100th birthday. In the spirit of cooperation, the UC ANR is asking you to join us for a one-day science project. Take a walk, visit a park or enjoy the beauty of a garden. Paint a picture of California's food and water resources by marking your responses on our online GIS maps!

Free educational activities are available for grades K-12 around water conservation, gardening and nutrition, and pollinators to support the questions outlined above. In addition, links to curricula, ANR research projects, and additional efforts around these topics are available on the website. More information is available at <http://beascientist.ucanr.edu>.



Statewide 4-H Advisory Committees 2014-2015

The State 4-H Office is accepting statewide 4-H Advisory Committee applications for the 2014-15 program year. All 4-H members, adult volunteers, county and state 4-H YDP staff, as well as community partners are encouraged to apply. The committees offer insight, review and input for the operation and management of the statewide 4-H YDP. Applications are due to the CA State 4-H Office postmarked by May 31, 2014 or online by 11:59pm on May 31, 2014. For more information, see: http://4h.ucanr.edu/AdministrationAdvisory_Committees/



30th Annual California Range & Natural Resources Science Camp for High School Students June 15th-20th

University of California's Elkus 4-H/Youth Ranch just south of Half Moon Bay
Mark your calendars for this great opportunity! April 18th is the deadline for submitting applications for Range Camp! Range Camp is a week-long camp experience for students ages 15-18 who have an interest in the science and conservation of natural resources in California. Students learn plant identification, principles of livestock and wildlife management, forestry, fire ecology, hydrology and water quality, geology and soils, and management of stream and river environments. Field activities include learning to read wildlife 'sign', outdoor navigation with compasses, maps and GPS, forest management, a tour of a working ranch, and a beach BBQ. Information and applications are available at <http://www.rangelands.org/casrm/HTML/rangecamps.html>. Cost is \$400.00. Applications will be considered until May 30th if spaces remain



National 4-H Hall of Fame Ceremony Opportunity

Due to the State 4-H Office by: May 16, 2014

Two youth will have the unique opportunity to play a unique role in the 2014 National 4-H Hall of Fame Ceremony scheduled for October 10, 2014 at the National 4-H Center in Chevy Chase, Maryland. The Task Force is soliciting nominations and will select one youth member to serve as the Youth Master/Mistress of Ceremonies and one youth member to serve as the Entertainer. Details on how to apply are provided on the respective applications: National 4-H HOF Entertainer Application National 4-H HOF Master/Mistress of Ceremonies Application

Applications are due to the California State 4-H Office by May 16, 2014 so applications can be reviewed and nominations from California selected and submitted by the deadline. If multiple applications are received the State 4-H Incentives and Recognition Advisory Committee will review and recommend nominees to Shannon Horrillo, the Associate Director of 4-H Program and Policy for final selection. That State 4-H Office will submit the application packets from state's nominees by the deadline. For questions, contact the State 4-H Office at ca4h@ucanr.edu or 530-750-1334.



4-H State Field Day

May 31, 2014, 8:00am-6:00pm
UC Davis Campus-Wellman Hall

Revamped State Field Day Webpage:

<http://4h.ucanr.edu/Programs/Events/SFD/>

Here you will find an interactive map along all the exciting activities you can participate and enjoy!

New this year at State Field Day: 4-H Engineering and Technology Showcase

Have a 4-H Engineering or Technology project you will like to showcase or demonstrate? Apply here: http://ucanr.edu/exhibit/display_application! Funding for supplies/materials or handouts is available, contact Steven Worker, sworker@ucanr.edu.



Golden Clover Applications

Deadline: 11:59 p.m. on May 1, 2014

The application link is available on the 4-H state website at: <http://4h.ucanr.edu/Resources/Members/GoldenClover/>



More State News



Equine Updates:

Save the Date: State 4-H Horse Classic

June 25th-30th

Brookside Equestrian Show park, Elk Grove, CA



California State Fair Youth Competition Deadlines

o Youth Art..... April 18

Fine Art, Crafts & Hobbies, Fashion & Textile, Media

o California Kidz Kitchen.....June 20

Baking, Canning

o Junior Livestock (all)June 6

o Fur & Feathers

Junior Rabbits.....June 6

Junior Poultry.....June 6

Junior Dog Care & Training.....June 6

Junior Cavy.....June 20

Watch for 2014 Competition Handbooks and enter online at www.bigfun.org

The 2014 California State Fair runs July 11-17 at Cal Expo in Sacramento.

All shows are open with no prerequisites for entry.

Questions? Contact the State Fair Entry Office at (916) 263-3149.



Save the Date: 2014 State Fair 4-H Throwdown

July 22nd and 24th

Three teams compete each round with a secret ingredient in each round! A panel of judges yet to be named will judge the 3 course creations! Registration opens in March!

The daily schedule:

Round One: 11am-1pm

Round Two: 1:30pm-3pm

Champion Round: 3:30pm-5pm

Start prepping now for the State Fair 4-H Throwdown! Only 12 teams can compete. Register here:

<http://ucanr.edu/4h-throwdown>



Water Information to help with our drought

There's No New Water! 4-H curriculum (6-10th grade)

\$16 | <http://www.4-h.org/resource-library/curriculum/4-h-theres-no-new-water/>

4-H2O Curriculum: Water Quality Awareness in Urban Environments

<http://www.ca4h.org/files/14369.pdf>

2008 4-H National Youth Science Day: Helpful Hydrogels

http://4h.ucanr.edu/Projects/SET/NYSD/2008_4-H_NYSD/

4-H Project Sheet: Water Education

<http://4h.ucanr.edu/files/160007.pdf>

4-H2Online from National 4-H Council

<http://www.4-h.org/youth-development-programs/4-h-science-programs/environmental-science-alternative-energy/4h2online/>



#4hwaterwed

Start the New Year with a pledge to drink more water! Each Wednesday take a picture of yourself drinking water and post it to Facebook, Twitter, and Instagram. Be sure to #4hwaterwed to show your commitment to healthy living. or more information on the importance of hydration and ideas for your club visit:

http://4h.ucanr.edu/Projects/HealthyLiving/Water_For_Better_Living/

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he **Alliance for a Healthier Generation** is accepting applications for their Youth Advisory Board of young leaders committed to solving childhood obesity issues. More info:

<http://bit.ly/1evXsDe>

o **FEMA** is looking for youth leaders who want to expand their impact as national advocates for youth disaster preparedness as part of their Youth Preparedness Council. More info:

<http://1.usa.gov/1fAuWgi>

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Communication Skills Building helps community leaders who work with parents of pre-teen girls Communication Skills Building helps community leaders strengthen the communication skills of parents and caregivers of preteen and teenage girls. Research shows that girls who have strong and open lines of communication with their parents and caregivers are more likely to finish school and less likely to get involved with drugs and alcohol or become teenage parents. Important conversations on hard topics should begin as early as possible, or between the ages of 9 and 11.

For more information: <http://womenshealth.gov/talking-to-preteens/> Source: U.S. Department of Health and Human Services





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**“Roundup”
MENDOCINO COUNTY 4-H
April 2014**

**Published By:
University of CA Cooperative Extension , Mendocino**

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Web Sites

National 4-H Council

www.4-h.org

California State 4-H Website:

<http://ca4h.org>

Record Book forms, officer manuals, Policy Handbook, opportunities for youth and leaders, etc. Click on **Resources** for links to electronic 4-H forms, policies, and opportunities.

Mendocino County Website:

<http://cemendocino.ucanr.edu>

The *Roundup* is available on this web site. You can also be notified when a new *Roundup* is available electronically. Please contact the Ukiah 4-H office for this information.

Yahoo Groups for Community Club Leaders

<http://groups.yahoo.com/group/4h-ccl/>

Valuable site for discussing issues, sharing information and resources for curriculum, materials and project ideas.

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