



Mendocino County Roundup

November 2008

<i>In This Issue</i>	<i>page</i>
Eel River Cleanup Report	2
Kelly Eddie	2
Presentation Day Workshop...	3
Francine Hines	3
Rocket Contest	3
Club Scribe	4 & 5
Leslie's Kline's 4-H Story	6 & 7
Diane Johnson	8
4-H Calendar of Events	9
Updates & Essential Elements Site	9



Adult Focus

A quick reference of important 4-H dates & information for busy 4-H leaders & parents!

November

- 03 Mandatory Club Reports Due- U4HO
- 05 New Leader Orientation, U4HO, 6:30-8:30 pm; FB4HO, 4-6 pm
- 04 County Record Book Judging- 6:30 pm U4HO
- 7-9 4-H Leaders' Forum at the Asilomar
- 15 Presentation Day Workshop, 9:30 am- 1:00 pm, U4HO

December

- 24-25 Christmas Holiday- 4-H Offices closed
- 31 New Year's Eve- 4-H Offices closed

More dates on page 9. Details about important dates can be found in this issue or call the 4-H office for information at 463-4495 or 961-2508.

New Member Enrollment Update From the Ukiah 4-H Office

As you may be aware this year we are now using the new State 4-H on-line registration and data base for all of our enrollments. Currently we are in the process of inputting all of the enrollments for the new 4-H year. The process is proving to be rather time consuming even with three people working on it.

One of the many things we use the data base for is generating mailing labels for the Mendocino County Roundup. Because not all new members will be entered into the new data base in time for the November newsletter, we will be using our old mailing list.

“Consequently our newest members will not be mailed a copy this month,” noted J.T. William, office assistant. J.T. asks that you please plan on sharing your copy, let new members know there will be extra copies at the 4-H offices, or best of all, help them find it on the web. Go to http://cemendocino.ucdavis.edu/4-H_Program/ then click on Mendocino County Roundup.

By next month all of the glitches should be worked out and everyone will begin receiving the newsletter. Thanks for your help!



Eel River Clean Up-A Huge Success! Thanks to Beb Ware, Volunteers and PG&E

Thank you Beb Ware for all your hard work and to PG&E for helping make the clean up a fun and worthwhile project.

The Eel River Clean Up is a volunteer effort that enhances the Upper Eel River Watershed. Through Beb's enthusiasm and dedication 125 volunteers attended the 17th annual event. Participants included Mendocino County 4-H members and their families, Oscar Dominguez' Clear Lake High School students, local residents and PG&E employees.

The community service day resulted in cleaning 5 miles of river and 14 miles of county road. At the end of the day 24 tires, 6.85 cubic yards of scrap metal, 12 cubic yards of trash, 3 cubic yards of recyclables, one V-8 engine block and a dead wild mink were removed.

PG&E and Mendocino County 4-H thank Beb for 17 years of successful cleanups and we are look forward to next year's event and invite you to join us.



Mendocino County 4-H Council would also like to thank PG&E for their generous donation of \$1,000 to our County Council to promote positive youth development activities in Mendocino County.

Kelly Eddie

It is with great sadness to announce that one of our outstanding, beloved and vital 4-H Leaders has passed away.

Kelly Eddie has been an integral part of the Potter Valley 4-H Club for many years and is remembered for her enthusiasm and wonderful cooking projects. Her project members loved taking her project because she knew how to keep it interesting and fun for them.

Kelly contributed many hours helping at the Redwood Empire Fair and Mendocino County Fair and was always so thoughtful, cheerful and knowledgeable.

We have been blessed to have such an incredible person in our community and organization and will miss her very much!



State Rabbit Orientation Day

Rabbit Basics

Choosing & Housing a Rabbit, Nutrition & Showing Your Rabbit

Competing in: • Showmanship • Judging • Breed Identification

NEW! Rabbit *Leader* Orientation during "Rabbit Basics"

Learn what you should be teaching your project members to help them be competitive & successful!

Presented by the **Sonoma County 4-H Rabbit Raisers**

Saturday – November 15, 2008

Sonoma County 4-H Center – 6445 Commerce Blvd, Rohnert Park, CA

Registration: 12:45 - 1:00 p.m. *Pre-registration appreciated!*

Program: 1 p.m. to approximately 4 p.m.

All Rabbits Provided – Please DO NOT Bring a Rabbit!

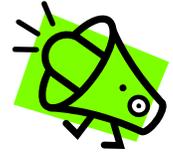
Cost: \$5 (*checks payable to Sonoma County 4-H*)

Guarantee your packet of Educational Materials by pre-registering by November 10 for this event! Same day registrations will be taken but we *can not* guarantee Educational Materials for registrants. Questions or further information? Please contact Patrick Hinde at (707) 578-6221 or via e-mail at patrickjhinde@yahoo.com. Registration information is also available at the Ukiah 4-H Office.

PRESENTATION DAY WORKSHOP



SATURDAY, NOVEMBER 15
9:30 A.M. – 1:00 P.M.
UKIAH 4-H OFFICE



See demonstrations of the different types of presentations you can do at County Presentation Day!
New this year- "The Job Interview!"

→ **Have fun** ←

- How to pick a topic and organize your presentation
 - How to make effective visual aids
 - Gain confidence & feel comfortable while speaking
 - New and returning members welcome!
 - Everyone can benefit from this workshop
- Please RSVP by November 10th to reserve a spot!
Call 463-4495 or E-mail lgedgington@ucdavis.edu



Exciting News For Our 4-H Secretary!

Our friendly, dependable and wonderful 4-H secretary Francine Hines became Mrs. Francine Niles on Sunday October 26.

Francine's husband is Mr. Bob Niles and lives in Paradise, California. After their wedding Francine and Bob had a honeymoon, and she returned to the office on October 29th.



Join us in wishing Francine and Bob the best of everything in their new life together.

Francine plans to move to Paradise after the first of the year so please stop by and wish her well before she departs.



The world's largest rocket contest challenging participants to compete for \$60,000 in prizes, scholarships and a trip to next year's international air show in Paris is open to 4-H members. Participants must design and build a rocket that will climb to 750 feet and stay aloft for 45 seconds. This year's new task is transporting the one-egg payload lying on its side rather than positioned vertically, mimicking the position of an astronaut. Teams have until December 1 to register.

April 6 is the deadline to conduct a qualifying launch and earn a trip to the finals, scheduled for May 16, 2009 at the Great Meadow in The Plains, Virginia. The registration fee is \$105. For more information, visit <http://www.rocketcontest.org>



Club Scribe

News from 4-H Clubs in the County

Spartan 4-H Club

Submitted by Seamus Begley

On the Coast, the third annual Caspar Fest was held September 27th and 28th. An outdoor county event all about sustainability, Caspar Fest was also a fun day of food, music, and event and was a great success.

Both FB 4-H and Mendocino Spartan members staffed a 4-H Petting Zoo with Cielle from Fort Bragg 4-H taking the lead role of organizing it all.

The 4-H Petting Zoo got a lot of attention from families. The kids were happy while visiting the zoo, but the ducks were scratching kids when they were picked up improperly, so we had to make a sign, "no picking up the ducks." Many people brought rabbits and chickens, and they were fun to hold.



The 4-H kids also helped out at other booths. I helped out at the apple press which was used to turn apples into apple juice. In the evening there was a big hot air balloon. I was one of the lucky kids who got to go on it.

Mendocino Spartan 4-H Club helped organize 4-H Presentations at Caspar Fest. Congratulations and thanks to Matt, assisted by Myles, of Fort Bragg 4-H for his bee equipment and presentation on Bee Keeping; Cielle of Fort Bragg 4-H for her presentation and poster on duckling development; Carson of Mendocino Spartan's for his demonstration of rabbit nail clipping and Seamus for providing his display board and photos of How to Start An Egg Business. Great presentations, everyone!

Round Valley 4-H Club

Submitted by Kenyon Duke

The meeting was called to order at 5:30 p.m., Monday September 6. We conducted elections of officers and completed our enrollment paperwork. Ashley

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Edwardians was elected president, Jessie Gurolla is vice president, Meliaia Malone is secretary and Kenyon Duke is reporter. Parents Mare and Libby Malone

are going to start a woodworking project which has never been offered by the Round Valley 4-H Club. We are all looking forward to this experience. Our largest group once again is 4-H Swine.



We would like to thank Mr. Ted Ochoa, Round Valley Indian Tribes Business Administrator and the Round Valley Tribal Council for making the Buffalo Room available for our 4-H Community Club meetings.

Ukiah Valley Shamrock Club

Submitted by Adriaan Boer

The Ukiah Valley Shamrocks had a very successful October club meeting on October 2, 2008. The club signed up over 15 new members in our projects. We also played a game to get to know each other suggested by our President Megan Whetzel. We look forward to an active year.

For National 4-H week, our club put a window display at the Mendocino Book Company on School Street in Ukiah for two weeks. We used some completed projects and our club flags for the display as well as books on animal care and crafts. The 4-H pledge banner looks great.

All of our officers and our officer advisor attended the officer training in Ukiah on October 4th. We practiced making motions as a group. We also worked on meeting agendas, reports, and learned about the American flag history and etiquette. The best part was making the motions as we put together our trail mix snack. Our officers learned that we need to start working on our annual budget.

Our next meeting is November 6, 2008 at the 4-H office in Ukiah. The theme will be come dressed as Autumn Colors and yes, even the officers are going to participate. The meeting should be fun!

(Continued on page 5)

Club Scribe

(continued from page 4)

Willits 4-H Club Submitted by Colton Pinson

Our October Meeting was a Spooktacular Event.



For the first time in my seven years in 4-H we celebrated Halloween at our club meeting. It was great fun. We had our business meeting first, going over the project reports and upcoming events, but then the fun began.

For our program we celebrated with games and contests. We had a costume contest, a decorated pumpkin contest, and games like people bingo, a whipped cream bubble blowing contest, and balloon stomping. It was great fun and everyone had a good time. We have many new members and everyone showed great enthusiasm by participating in the fun.

Members dressed as Yoda, Cowboys, Daisy Duke, a deputy, an injured soccer player, princess, robed knight, a peanut butter bar, Joe Dirt, and in many other great costumes too numerous to mention.

We will be holding a bake sale at the Harvest Moon Celebration this Friday night in Willits. Club members are encouraged to bring baked goods and help sell during the event. We hope to see many people we know stop by for some goodies while enjoying themselves.

Potter Valley 4-H Club Becca Pierachini

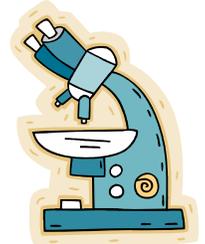
At our first club meeting of the year, we installed our new officers. Lezlie Elmer as president, Kayla Delbar and Gina Gervase as vice president. For secretary we now have Emily Eddie and Chesney Johnson. Chauncey Mills and Taylor Delbar as our treasurers. As quarter master, Chayton Johnson and Rebecca Pierachini as reporter. Wyatt Matthews, Wil Matthews, Garrett Chase and Jon Slotte for the new sergeant-at-arms.

At our second meeting, Lezlie Elmer led a science experiment to kick off national 4-H week and

(Continued in next column)

“National SET Day.” The members first took the dust out of a diaper and put it into a plastic bag. (The dust is called hydro-gels). Then the heavier parts of the dust were put into a cup with 16 ounces of water. In the end, one piece of dust could absorb more than 5 times its own weight!

We learned that people are using this sand (known as hydro-gels) in agriculture to help soil hold more water so farmers won't need to irrigate as much!



Long Valley 4-H Club Submitted by Haley Bassetineo

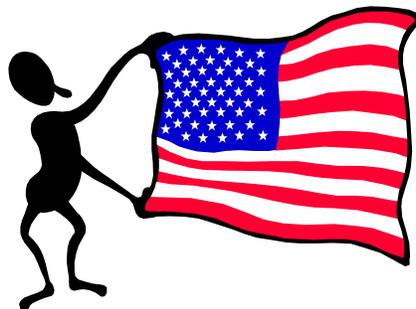
The 4-H year has been doing well for Long Valley. Two record books have been sent in for judging. The fair dates for next year are August 6th-9th 2009.

Hannah and Kaitlan Whitley got pins for 100% attendance. Mady Braught got a pin in her sheep group for overall. Garret Campbell got a pin in swine overall also.

There are quite a few new members in Long Valley. There is now a committee for the Thanksgiving baskets.

Long Valley 4-H is doing a float for the Laytonville High School Homecoming! Christina Dunlap and Paige Polson gave some very interesting presentations: Christina gave a presentation about Halloween's History.

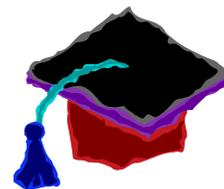
Paige gave a presentation of Proper Use of a Flag.



I hope everyone is having as much fun Long Valley is!

Leslie Kline's 4-H Story

Leslie is one of the 2008 Russell Preston Scholarship Recipients

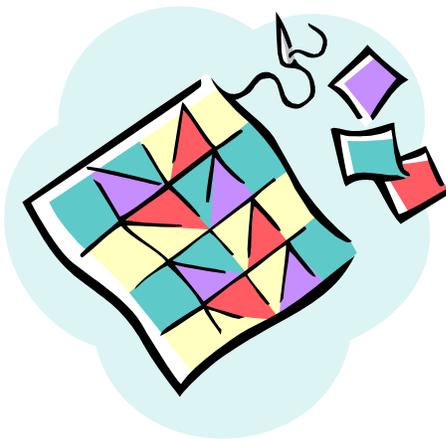


My name is Leslie Kline. I am eighteen years old and have just finished my ninth year in 4-H. In June I graduated from Fort Bragg High School. My father works at Racine's, a local office and art supply store. My mother is an optometrist and has her own practice helping people to see well.

My life in 4-H has been about growing and learning. I remember walking to my first 4-H meeting. I found no one who I knew except for my mother, who stood nearby. I don't remember what we did at orientation, or who I met that day; however, I knew that something exciting would happen. The first year I signed up for quilting and sewing. I knew what a quilt was, but I really didn't know what quilting was all about. I knew what sewing was from watching my mother make a few summer dresses for me. Both of the projects involved learning how to use a sewing machine, yet they were both very different from each other.

At first sewing struck my fancy the most. My mother drove me on a long road to the project leader's house. The house was a quiet old country house. The furniture and the decorations seemed as if they had come from an old movie. Other girls and I would crowd around one of these antique tables with our sewing machines and look upon piles and piles of fabric that our leader had pulled out of her sewing room. For our first project we made place-

mats, which I was very proud of until they were stained with food from use. Near the second or third meeting we were asked to choose our own projects. I found two lovely dresses to make. I found lovely purple and red fabrics for those dresses. The first dress I made was extremely simple and I finished it quickly. However, I had chosen a sheer fabric for the second dress, which was too hard to work with for my first year in sewing. I must say that I enjoyed sewing, but it was stressful working on my dress.



On the other hand, quilting was a delight. I started out with making a simple pin-cushion and I learned to cut out fabric the correct way. I found pleasure in sewing straight lines. I liked working with bright fabrics. I loved walking into the large room we used at the Senior Center. The light from the windows lit up the room. Tables were set up to accommodate all the sewing machines and the cutting boards that were used. The place was a chatty joint, and I found myself striking up conversations with the other girls. The leaders were real friendly and they always found small, useful projects for us. The first quilt I made was a teddy bear tumble quilt. I had the best feeling in the world when I knotted the final tie on my quilt. It was just big enough to wrap around me and it was wonderfully warm.

Finishing up the first year in 4-H was pleasant. My mother, who had been in 4-H previously, showed me how to do my record book which has proven to help with learning to be organized and keeping good records. After earning a few blue ribbons at the fairs, I was ready for my second year in 4-H.

Other projects I have taken are knitting, scrap booking, glass etching, basket weaving, arts and crafts. By taking a number of projects I found that I could be successful at many things. Through the years I became more confident in myself. Even though I was very shy at first, I wanted to be able to do my best and help my community. As I became better in my projects, I was able to help others learn. I have had the opportunity to be a junior/teen leader for quilting for five years. I have shared my passion for this project with my community by making quilts for babies born here. I have entered a number of my quilts in the local fairs and received many Best of Shows and have learned to stand up in front of a group and give presentations and workshops on different quilting techniques. I attended the State Leadership Conference at U.C. Davis, California 4-H Focus in Sacramento and have attended a number of WHY Conferences to develop leadership skills. I developed a project to raise community awareness and money for Healthy Kid's Mendocino to ensure that local children have access to health care, and I enjoyed being a camp counselor at 4-H summer camp.

(Continued on page 7)

Leslie's Story

(Continued from page 6)

While in Norway during my junior year I had the opportunity to experience 4-H in a different culture.



Not only has my 4-H work benefited others, but it has significantly helped me. I am more the confident young adult that I want to be. Getting into a good college was priority, so I needed to concentrate on homework and studies. However, I still didn't want to forget the program that helped me experience so much of my life.

In September, I shall attend Pacific Union College with a goal in pursuing a degree in nursing or social work. In 4-H I have met many wonderful people, and I know that 4-H has prepared me for my future. Participating in leadership and community involvement through 4-H has inspired me to live a life of service to others. Thank you for all the wonderful memories and for all the leaders' parts in helping shape me into the person that I am today.

Record Book 101

Get your 4-H Record Book off to a good start by entering the activities you have already attended right into your Personal Development Record or PDR. The PDR is the official form to keep track of all your 4-H activities and your activities outside of 4-H.



Below is a list of some of the recent county-wide events and where they should be recorded in your PDR if you participated or attended.

- **Showing at Mendocino County Fair & Apple Show, Sept. 12-14**
Enter in section 2- 4-H Project Skill Activities
Receive showmanship credit for each judged exhibit- county level
- **Attendance at one of the Officer Trainings, Oct. 4, 20 or 27**
Enter in section 3- 4H Events Attended
Receive credit for Officer Training-county level
- **Eel River Clean Up- Oct. 11**
Enter in section 5- Community Service
Receive credit for Community Service-county level
- **Pumpkin Fest- Oct. 18 & 19**
Enter in section 6- Communication Skills
Receive credit for representing 4-H to another group

Detailed instruction on how complete a 4-H Record Book and Personal Development Record can be found on the 4-H website
<http://www.ca4h.org/4hresource/ir/recordbook/>

What is Service Learning?

Service-learning is a method through which citizenship, academic subjects, skills, and values are taught. It involves active learning and drawing lessons from the experience of performing service work. There are three basic components to effective service-learning:

- The first is sufficient preparation, which includes setting objectives for skills to be learned or issues to consider, and includes planning projects so they contribute to learning at the same time work gets done.
- The second component is simply performing service.
- Third, the participant attempts to analyze the experience and draw lessons, through such means as discussion with others and reflection on the work.



Getting to Know Diane Johnson Mendocino County Council 4-H Secretary

As many other adult leaders in this county, 4-H has been a part of my life since childhood. Hi, my name is Diane (Freese) Johnson and I am your County Council Secretary. I joined the Potter Valley 4-H club in 1976 at the age of 9 years old and still remember showing my very first ewe "Fluffy" at the Mendocino County Fair that year. As a 4-Her I was very involved with Sheep, Public Speaking, Guide Dogs, 4-H Camp and Leadership. My whole family was involved in 4-H and in 1983-84 I was a County All-Star.

As a young adult, I carried my leadership skills learned through 4-H into college at UC Davis. When I returned to Mendocino County as a new teacher in 1990, it just seemed natural to become an adult 4-H Leader for the Potter Valley club. Although I had no children of my own yet, I enjoyed running a crafts project and helping members with their sheep projects.

Thirteen years later when our own children were old enough to join, our whole family jumped into the Potter Valley 4-H club. My husband, Paul, and I are both Sheep leaders, I run a County-Wide Communications and Pub-

lic Speaking project; and our children, Chayton, Chesney, Cooper and Chancelyn are all active members. During the past five years we have raised sheep and a Guide Dog puppy (Truckee). My kids have cooked, sewn, attended 4-H camp (all 6 of us), plus we have been involved in numerous other projects including Leadership and Community Service.

My absolute favorite part of 4-H is the opportunity it gives our family to work and play together plus to meet other fantastic families in our community. This past year I volunteered to be on the County

Council as the Recording Secretary because I saw a need and wanted to help out. When I was a member in 4-H, my own mother set an example by being our club's Community Leader and involved with the 4-H County Council.

As a mother now, I welcome the opportunity to support the programs my children are a part of.

Since our youngest child is only six, I know we have many more years of service to give to this wonderful organization.



Photo submitted by Arlene Fuller



Calendar of Events



November

- 03 Mandatory Club Reports due- U4HO
- 05 New Leander Orientation, U4HO, 6:30-8:30 & FB4HO, 4-6 pm **RSVP to the 4-H Office.**
- 7-9 4-H Leaders' Forum at the Asilomar
- 15 Presentation Day Workshop, 9:30 am- 1:00 pm, U4HO
- 15 Mendocino Co. Roundup deadline
- 27-28 Thanksgiving- 4-H offices closed

December

- 24-25 Christmas Holiday- 4-H Offices closed
- 31 New Year's Eve- 4-H Offices closed

January

- Leader's Retreat- TBA
- County Council Meeting-TBA

NOTE: The Calendar for the 4-H Year will appear in next month's issue.

Key: U4HO-Ukiah 4-H Office; F4HO Fort Bragg 4-H Office. Please submit event dates and articles to: Arlene Fuller, fuller4h@mcn.org or FAX 961-2509

State 4-H Updates

The State 4-H Office is looking for innovative and impactful 4-H stories. The State Office will even write the story for you! If you have a story, please contact Emily Lane, State 4-H Office student assistant, at erlane@ucdavis.edu Current stories may be found at <http://www.ca4h.org/4HDelivers.asp>

Western Regional Leader's Forum (WRLF) will be hosted by Colorado State February 25-March 1, 2009. Online registration available beginning October 1, 2008. See website: <http://www.colorado4h.org/wrlf09>. This event is a volunteer leader forum full of hands-on workshops to enhance project development.

Nestlé's "Very Best in Youth" Program is looking to spotlight teens between the ages of 13-18 who exemplify leadership and whose work has positively impacted the lives of those around them. The award will be a \$1,000 donation in the name of each winner to the charity of their choice and winner will be flown and provided accommodations for three nights in Los Angeles for the award ceremony. Youth must have their parent or guardian's permission to apply. Visit <http://www.nestle-verybestinyouth.com/AboutVBINY.aspx> for more details. Please contact Nestle USA at (818) 549-6677 for further questions.

Applications for financial assistance for the Washington Focus Program are due on Monday, October 27. Applicants can request up to \$500 toward their registration fee. Assistance is awarded based on need. Information and the application are available on the web at: <http://www.ca4h.org/citizenship/dcfocus/>



4-H Essential Elements Program Planning Tool

4-H is designed to support the positive and successful development of all youth. 4-H volunteer leaders are essential partners in creating a positive environment by focusing on the strengths of youth and providing positive ways for youth to meet their basic needs. The goal of this tool is to help 4-H volunteers and staff to assess and improve their ability to work with youth.



<http://4htools.cals.arizona.edu/assessmentTool.cfm>

For more information, contact National 4-H Headquarters at 202-720-4087 or <http://www.national4-hheadquarters.gov>



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Web Sites

National 4-H Council
www.fourhcouncil.edu

California State 4-H <http://ca4h.org>

A multitude of 4-H resources for members, leaders and families

Mendocino County web site:
<http://cemendocino.ucdavis.edu>

The Mendocino Roundup is available on this web site. Subscribe to the Roundup please contact 463-4495 for information

Yahoo Groups for Community Club Leaders
<http://groups.yahoo.com/group/4h-ccl/>

Valuable site for discussing issues, sharing information and resources for curriculum, materials and project ideas.

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November 2008