



<i>In This Issue</i>	<i>Page</i>
Leader Corner.....	2
Record Books Due .....	2
Record Book Corner.....	2
Enrollment Time .....	3
New Leader Orientation.....	3
End of Year Paperwork.....	3
Positive Youth Development.....	4
More Camp Thanks.....	4
Club Scribes .....	5
Projects, 6 Hour Rule.....	6
Eel River Cleanup.....	6
Shotgun Training.....	6
Extravaganza.....	6
Facebook & Twitter.....	6
State Updates.....	7

## 4-H Calendar of Events

### September

- 01 Beginning of County 4-H year
- 01 Re-enrollments due to your club
- 06 Labor Day, 4-H Office closed
- 15 Mendocino County Roundup Deadline
- 17-19 WHY Conference, Butte County
- 17-19 Mendocino County Fair, Boonville
- 27 New Leader Orientation, Ukiah 4-H Office , 6:30-8:30 pm
- 30 Project Proficiencies Due

### October

- 02 County Council Meeting
- 08 Record Books due to Ukiah 4-H Office
- 09 Eel River Cleanup
- 09 Livestock Judging Field Day—Penn Valley
- 11 Columbus Day, 4-H Office closed
- 14 County Record Book Judging Ukiah 4-H Office
- 15 4-H New Enrollments Due
- 15 Mendocino County Roundup Deadline
- 16-17 Petting Zoo at Ukiah Pumpkinfest Redwood Valley/Calpella Club
- 19 New Leader Orientation, Ukiah Office, 6:30 to 8:30 pm
- 23-24 Shooting Sports Volunteer Training, Ukiah
- 26 Food Safety Training, Ukiah 4-H Office, 6-9 pm
- 30 County-wide Presentation Day Workshop



### New Look for Newsletter, Website

In an effort to create a stronger image for all programs of the University of California, Agriculture and Natural Resources has created a new brand identification. You will notice this in our current newsletter, and you will see similar branding in our publications and websites. Work is in progress on our office website, and the new State 4-H website has already been launched. The website design is intended to provide a consistent look with similar navigation between various County and UC websites. If you are having any trouble finding your “favorites” on either website, let us know. We’ll try to walk you through them. (We are still learning, too!)

## Leader Corner...

Leaders, keep an eye on this space for important dates and messages.

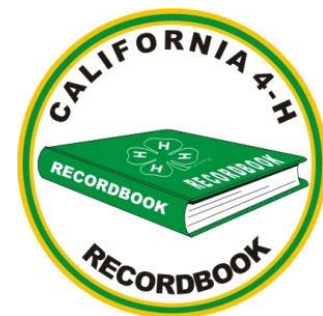


### Mandatory Deadlines:

- 1) September 1st all re-enrollments due to the Club. This is **required** for members who plan to show at the Boonville Fair for insurance purposes.
- 2) September 30th deadline for all Project Proficiencies to 4-H office
- 3) October 8th record books due at office for County judging
- 4) October 14th County record book judging, 1 judge required for every 3 books.
- 5) October 15th enrollments due to 4-H office from club enrollment coordinator with paperwork and club check. Also last day to enroll in a market animal project.
- 6) October 25th Mandatory year-end reports from ALL CLUBS DUE at the office. Mandatory reports include: Inventories, year-end financial report and outreach documentation. (See details on next page.)

## Record Books Due

Gold Seal record books from your club are due at the Ukiah 4-H Office by 5 p.m. on Friday, October 8 along with the names of judges from your club (one judge for every three books). Record books are due at the Club level earlier for Club judging. County record book judging will be October 14 so that they can be sent to the state in time for state judging. If you need forms or information about record books, go to the state 4-H website at [www.ca4h.org](http://www.ca4h.org). Along the top click on "Resources" and then "Youth Members" followed



by "Record Books."

## Record Book Corner

By Barbara Nordin-Elmer



Here are some additional events to add to your Record Book for the current year. If you are missing items, check past issues of the newsletter on the office website at <http://cemendocino.ucdavis.edu>.

### 4-H Camp 6/21-25/10 Level M Navajo

#### Category #

- 3 Events Attended
- 4 Leadership-Committee-Wrote thank you notes to camp sponsors
- 5 Community Service—Made hats for cancer patients
- 8 Lifestyle Activities—Count as one activity. Do not count each camp activity.

### Redwood Empire Fair 8/5-9/10 Level C Ukiah

#### Category #

- 2 Judge Exhibit—Project work, count each project as one, not the number of items judged, feature booth, garden, showmanship. Count project and showmanship as one each.  
Non-judged Exhibit—Made posters for ag project display
- 3 Event Attended
- 4 Committee—Buyer's Luncheon Set-up or Clean-up, Decoration Committee for barns
- 6 Communications—Representing 4-H—MC for Awards Ceremony, Runner at Auction, worked in County 4-H Booth, Buyer's Luncheon Server
- 7 Honors & Recognitions—Record only top Awards (Best of Show, Division, Breed, 1st Place Showmanship, and Round Robin) Champion 4-H animal, Grand Champion animal. Clean Stall Award. All others are reported in the Annual Project Report.

### 4-H Open House 8/11/10 Level C Ukiah

#### Category #

- 2 Project Skills Activities—Display of any project work or posters
- 3 Event attended.

# Welcome to the New 4-H Year!

The new 4-H year has just begun. To all our returning members, welcome back! We at the 4-H office promise to support you in making this your most rewarding 4-H year yet! To all new members, we welcome you and promise to support you as you acquire leadership, citizenship, and other skills that will last a lifetime!

## Enrollment Time

**Enrollment Fees:** To help control your costs for joining, fees for the 2010-11 enrollment year remain the same as last year at \$20.00 for members and \$6 for volunteer/leaders.

**Re-enrollment:** Your community leaders have received pre-printed re-enrollment forms for last year's members where most of the information is already filled in from last year's records. **Please be sure to review and update your information!** Of particular importance is making sure your contact information, including email, is up to date so you don't miss out on any important information. Also, cross out old projects and be sure to include new projects. Forms and payment are to be returned to your Community Leaders or Enrollment Coordinator.

**New Enrollments:** Please fill out all of the enrollment forms completely. We cannot accept forms without a birthdate. Unfortunately, the computer enrollment system will not allow us to input any project information without a birthdate. An email address is also important so you don't miss any important information.

**Project Enrollments:** Each club will have a list of projects available to you for sign-ups. We cannot enroll you in a project that isn't on your Club's list unless you have been approved to cross-club with another Club or are joining a County-wide Project. (Check with your Community Leader or Club Enrollment Coordinator about cross-clubbing.)

### County-wide Projects:

- ◇ Dog Care & Training—Kelly Boesel, Ukiah
- ◇ Communications — Diane Johnson, Potter Valley
- ◇ Advanced Vet Science (grades 8-12 only, by application only. Request info from 4-H office.
- ◇ Guide Dogs (Inland Only)—Nancy Steiner
- ◇ Hiking—Kelly Boesel, Ukiah

## New Leader Orientation

September 27 or October 19

6:30 to 8:30 pm

Ukiah 4-H Office

As part of the enrollment process, each new leader must attend orientation with 4-H staff prior to starting any project. There are three steps to enrollment: 1) paperwork returned, 2) fingerprints cleared, and 3) orientation completed before any project meeting can be held by the leader. Each project meeting **MUST** have a leader and another adult (over 21) in attendance at all times. **To be sure we have adequate materials, please RSVP to the 4-H Office at 463-4495 with your name and your project(s).**

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## End of the year paperwork

All clubs are required to turn in the following paperwork at the end of each 4-H year **no later than October 25th:**

**Club/project inventories**— List of all supplies owned by 4-H clubs and projects. Staff at the 4-H office check inventories from year to year, so it is very important to explain where the item is being stored. If it is no longer in the inventory, a section on the inventory sheet is used to explain how the item was dealt with — broken, discarded, other. What is 4-H property? Anything that has been bought with 4-H money, donated to the club/project, or purchased with grant money.

**Year-End financial Report** — Each club treasurer is responsible for making monthly and year-end reports. Advice on how to create these reports is in the Treasurer's Manual. The 4-H office is **REQUIRED** to report all year-end financial information to the State at the end of October.

**Outreach Documentation** — 4-H must reach out to the public when clubs are accepting new members. We need to prove that we are doing an open recruitment by supplying information and examples of our outreach efforts. A sample of outreach documentation is in the Officers Manual.

# Putting Positive Youth Development into Practice

By Sharon Junge, Acting Director  
California 4-H Youth Development Program

We all agree youth need positive, nurturing environments in which to learn and grow into healthy thriving adults. So, what does a positive environment look like? What are the characteristics of an effective program? I am sure you have thought about this question. The National Research Council of the Institute of Medicine was also interested. It undertook a 2-year review of theoretical research and promising programs to determine which features of positive developmental settings could be proven effective. What they found was that programs were more successful if they provided youth with:



- Physical and psychological safety and security
- Structure that is developmentally appropriate, with clear expectations for behavior as well as increasing opportunities to make decisions, to participate in governance and rule-making, and to take on leadership roles as one matures and gains more expertise
- Emotional and moral support

- Opportunities to experience supportive adult relationships
- Opportunities to learn how to form close, durable human relationships with peers that support and reinforce healthy behaviors
- Opportunities to feel a sense of belonging and being valued
- Opportunities to develop positive social values and norms
- Opportunities for skill building and mastery
- Opportunities to develop confidence in their abilities to master their environment
- Opportunities to make a contribution to their community and to develop a sense of mattering
- Strong links between families, schools, and broader community resources

As we move forward with our 4-H Thrive Initiative we will be exploring how our California 4-H Youth Development Program can assure that we are creating structures that support our 4-H members with key elements.

## MORE CAMP THANKS!

Last month we thanked all of the adults and businesses that helped make 4-H Camp a success. But Camp couldn't function without the youth staff. So, kudos to our youth staff for all that they do and the additional hours they put into organizing and planning summer camp: Tessa Behnke, Lezlie Elmer, Hannah Foster (Directors); Rich Daniels, Kylie Hill, Ryan Blyleven (Deans); Trenton Phillips (Ambassador). We could not do it with out you!

Thanks to our teen counselors: Adriaan Boer, Morgan Campbell, Jacob Casey, Charlie Coburn, Kayla Delbar, Taylor Delbar, Ashley Edwards, Warren Foster, Vanessa Hanson, Rikki Hautala, Bryce Hayes, Victoria Hayes, Zachary Hedges, Cheyenne Higgins, Chayton Johnson, Chesney Johnson, Kallie Jones, Lindee Jones,

**Save the date....** Camp 2011 is June 19-24 for teen staff and June 20-24 for chaperons and campers, Camp Masonite Navarro.

Alyssa Lombardo, Natasha Looney, Patrick McClure, Michael Murphy, Paul Nelson, Tyler Nolan, Grace Nowak, Courtney O'Ferrall, Cambra Owen, Wyatt Phillips, Kelsey Price, Julia Racz, Bobby Ricetti, Bill Robinson, Cody Smith, Jessica Solgat, Justine Solgat, Macaela Stenback, Dalton Stoker, Travis Thorn, Tristin Vau, Kimberly Walker, Miranda Wanzer, and Megan Whetzel. You helped create a memory of a lifetime for our campers. You all did an awesome job and we look forward to working with you next year!!! Thank you to all 27 of the CITs (counselor in training) you were a huge help and will make great counselors!





## Projects, 6 Hour Rule By Linda Edgington

There has been a lot of conversation lately regarding projects and the 6 hour minimum rule. Let me clear things up for everyone before our new year begins. Six hours is the MINIMUM number of instruction hours required to be considered a project (specifically short-term projects). However, projects may be longer than the minimum 6 hours – and many are. This rule was intended to help project leaders in planning their project activities.

Where confusion exists is determining when a project has been successfully completed. The 6 hour rule was not meant to be the minimum number of hours a member needs to participate to complete the project. Completion of a project may actually require more than six hours to receive adequate instruction toward mastery of a project and is dependent on the individual project. For example, six hours may be more than adequate for a scrapbooking project but may not be enough for more involved projects that teach a specific skill or work with animals.

Project leaders are encouraged to plan their project and activities ahead of time, including setting meeting dates for the year, so that members know exactly how much time the project involves. At this point, the member can make a decision whether or not to sign up for a project. This is an important Life Skill: making a commitment and sticking to it, or making a decision not to sign up for a project if they cannot participate fully.

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## Reminders....

**Eel River Cleanup**  
**Saturday, October 9, 2010**  
**9 am to 2 pm**

Meet under the bridge over the Eel River, five miles north of Potter Valley on Eel River Road. Bring sunscreen, gloves, trash bags, canteen and beach needs. Questions? Call Beb Ware at 743-1525.

**Shotgun Train the Trainer Course**  
**October 23-24 at Ukiah Gun Club**

The cost is \$30 for food, course materials, clay birds and shells. Once you have completed the course, you will be eligible to train others. For questions or more information, contact Linda Edgington at [lgedgington@ucdavis.edu](mailto:lgedgington@ucdavis.edu) or 463-4495.

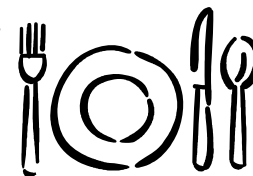
# Extravaganza!

April 16, 2011

At the July County Council meeting it was decided to hold Extravaganza this year — April 16<sup>th</sup> at the Boonville Fairgrounds.

## What is the Extravaganza you ask????

It is the only place that our non-animal people get a chance to showcase their project work for the year. **Fashion Revue** offers categories for sewing, decorating wearables, and selection (where a member purchases an outfit for an occasion and accessorizes it). **Favorite Foods** is an opportunity for members to prepare their favorite food, provide a place setting appropriate for their food along with a recipe and menu. (Easy to get judges for this one!) The **Stills** portion is for everything else. (This is similar to entering in the fair). The Stills category includes (but is not limited to) photography, fine arts (painting, drawing, etc), jewelry, ceramics, fly-tying, arts and crafts, quilting, tole painting and much more.



By planning for Extravaganza early, this will give leaders and members plenty of time to make plans and get their items finished. This event is a huge one and needs more than one chairperson. We need chairpersons for Fashion Revue, Favorite Foods, Stills, awards, decorations, setup, and cleanup. Please ask your clubs for volunteers. Our downtime activity Chair, Stacey Anderson is already planning some fun and interesting activities, similar to the Livestock Expo but in the non-animal world.

**Please mark your calendar April 16, 2011.**

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## Facebook & Twitter Afficionados....

You can now follow John Harper's Livestock & Range Management updates on:

### Facebook

[www.facebook.com/UCCE.Range.Livestock](http://www.facebook.com/UCCE.Range.Livestock)

### Twitter

[www.twitter.com/MendoLakeRange](http://www.twitter.com/MendoLakeRange)

Also check out John's Blog on our office website:  
<http://cemendocino.ucdavis.edu>

## *"Club Scribe"*

*News from county 4-H clubs*

### **Ukiah Shamrocks 4-H Club**

**Submitted by Megan Whetzel**



The Ukiah Shamrocks finally got to camp at the Redwood Empire Fair, and five families were able to stay at the fair! The Shamrocks did very well. We had many entries in the Junior Building. The members that camped brought along pigs, poultry, goats, and cavies. The

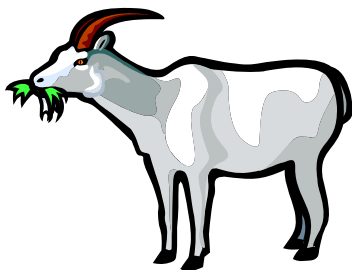
pigs did well at the auction, and the other members did very well in showmanship with their animals. Overall, the fair was a lot of fun, and it was a great experience. Congratulations to all the members that entered items into the fair!

The Ukiah Shamrocks have their re-enrollment night on Wednesday September 1, 2010 at the 4-H office. This will be the only time the Shamrocks will have a general meeting on a Wednesday this year. Hope everyone has a good start to the school year, and we'll see you at the meeting!

### **Long Valley 4-H Club**

**Submitted by Garrett Campbell**

Mardi Gras at The Redwood Empire Fair was awesome! Everyone seemed to really enjoy themselves. Our group really had a lot of fun decorating stalls and wearing beads everywhere. It was a blast sporting the colors: purple, green and gold. Beads galore!



Many of our members did super well with their animals. We had many new young members that got the whole fair experience. We were super proud of Emma Braught winning Supreme Champion Goat Wether! Many

other members did really well, too. We are very proud of all our 4-H members.

I was very excited to go to Small Animal Round Robin for the 2nd year in a row. This year I won 2nd. I think Round Robin is a great experience, and it really makes me want to learn more about the other animals.

Some of our local club members will be at the Boonville Fair in September. It's a great way to end a successful year. Congratulations to all 4-H and FFA Members. I can't wait until next year. Looking forward to next year!

### **Round Valley 4-H Club**

**Submitted by Jocey Thiemann**

Hello from Round Valley 4-H! First off, 4-H camp ROCKED! Five people in our club went. We all had a blast. This summer we only had project meetings. The horse show was two weeks before the fair. The two that went in our club, Ashley Edwards and Jocey Thieman, both got high point. I'd like to thank my leader, Regina Nelson. "Thanks Gina!" Mareeca Franco got Reserve Champion 4-H Goat. Great job!



All of our club meetings this year will be on the first Monday of every month.

### **Reminder to Club Scribes....**

Submissions for the Club Scribes column should be sent to [cemendocino@ucdavis.edu](mailto:cemendocino@ucdavis.edu) by the 15th of the month to be included in the next newsletter.

**Questions?** Call Linda Blatchford at 463-4495.

# Opportunities & Updates from the State 4-H Office

## 2011 National 4-H Conference

Applications are currently being accepted for the **2011 National 4-H Conference**, to be held on **April 2-9th**. Applications are due by **October 1, 2010**. The National 4-H Conference is a working conference in which youth and adults — at the invitation of the Secretary of Agriculture — assist in the development of recommendations to help guide 4-H Youth Development Programs nationally and in their communities. This event brings together youth, volunteer leaders, and state and county Extension staff members from across the United States, the U.S. Territories, and the Canadian Provinces. Applicants should be at least 15 years old. More information can be found at: <http://www.ca4h.org/Programs/Conferences/N4-HC/> or please contact Quang "Hogan" Tong: 530-752-5644.

## Why service-learning?

Studies show that service-learning's benefits include self-efficacy ("I know how to do something"), self-esteem ("I feel good about myself"), empowerment ("I can make change happen"), motivation ("I'm excited about learning"), and engagement ("I have strong ties to others and to society").

*Service-Learning Research and Development Center, UC Berkeley.*

## California's 4-H International

**Exchange Program** will host students from Costa Rica, Finland, and Japan as well as send delegates outbound to Australia. The hosting programs are all about sharing your regular summer life with a teen from another culture. There is no expectation that students tour California. Find out more by contacting Pat English at [penglish@ucdavis.edu](mailto:penglish@ucdavis.edu) or check on the web at:

<http://www.ca4h.org/Projects/Citizenship/International/>.

## 2011 Western Regional Leaders' Forum,

"Cruise to 4-H Excellence!", is planned for **May 7-14, 2011**, and will be held aboard a cruise ship and will be visiting Alaskan and Canadian ports as attendees participate and learn at the many workshops being offered. You can visit:

<http://4h.wsu.edu/conferences/2011wrlf/index.html> for more information and registration details.

## 4-H Officer Stories

The State Office is currently working with a committee of 4-H youth to make revisions to the Officer Manual, and they need your help!

Consider showcasing the work happening in your county 4-H club programs for your peers across California by having young people in your area write a short story about their experiences, joys, challenges and/or learnings from being a 4-H club officer. Topics can include, but are not limited to the following:

- Youth development;
- Overcoming obstacles;
- Thriving through engagement;
- Youth-adult partnerships;
- Parliamentary procedure;
- Stories about being in a particular club officer role (president, treasurer, etc.);
- Strategies for club officer success;
- Funny club officers anecdotes/stories; and
- Goal setting/management for club officers.

Submit stories for consideration and possible publication no later than 5 pm on Sunday, September 26, 2010. Email stories to: [rsrangi@ucdavis.edu](mailto:rsrangi@ucdavis.edu)

## Make it with Wool Contest

4-H members with an interest in clothing and textile projects may be interested in entering the **California Make it With Wool contest**. The program has provided scholarships and prizes to sewing and knitting enthusiasts since the 1940's. If you would like to enter, visit <http://www.sheepusa.org>. The entry deadline for the District Photo Contest is **October 15**, and the Direct entries to the State contest deadline is **October 31**, 2010. You may contact Julie Castillo at [Calif.wool@gmail.com](mailto:Calif.wool@gmail.com) for more questions.

To see ALL the State 4-H Updates, go to: <http://www.ca4h.org/News/>

**Cooperative Extension—Mendocino County**

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**University of California**  
Agriculture and Natural Resources



**“Roundup”  
MENDOCINO COUNTY 4-H  
September 2010**

**Web Sites**

**National 4-H Council**

[www.4-h.org](http://www.4-h.org)

**California State 4-H** <http://ca4h.org>

Record Book forms, officer manuals, Policy Handbook, opportunities for youth and leaders, etc. Click on **Downloads** for links to electronic 4-h forms, clip art, and the policy handbook.

**Mendocino County web site:**

<http://cemendocino.ucdavis.edu>

The *Roundup* is available on this web site. You can also be notified when a new *Roundup* is available electronically. Please contact the Ukiah 4-H office for this information.

**Yahoo Groups for Community Club Leaders**

<http://groups.yahoo.com/group/4h-ccl/>

Valuable site for discussing issues, sharing information and resources for curriculum, materials and project ideas.

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