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# 4-H Calendar of Events

**December**

- 3-5 State Record Book Judging, UC Davis
- 15 Roundup Deadline
- 24—Jan 3 4-H Office closed for the week between Christmas and New Years Day**

**January**

- 14 Roundup Deadline
- 15 Rabbit Show, Santa Rosa
- 17 Martin Luther King Day, 4-H Office Closed
- 22 County Council Meeting, Ukiah 4-H Office

**February**

- 5 Record Book Workshop
- 16 Roundup Deadline
- 19-21 Cloverdale Citrus Fair
- 21 President’s Day, 4-H Office Closed

**March**

- 15 Roundup Deadline
- 19 County-wide Presentation Day
- 26 County Council Meeting, Ukiah 4-H Office



Dear 4H Members and Volunteers,

I wanted to thank each and every one of you for the time, energy, and love that you give to the 4H program. It is your commitment that makes this program successful. It is the volunteers that make a difference everyday in the lives young people and the young people who make a difference in our community. It has been a privilege to work with you and to get to know so many of you throughout the past 4 years.

I have resigned from my position as 4H Youth Development Advisor and will be leaving the position by the end of the year. The time and energy required for the position are no longer tenable for me and my family. I think you will all understand this, and I apologize that I won’t be able to finish the projects that we started together this year. You will be in good hands, as always, with Linda.

You are welcome to contact me if you have questions or concerns. I wish you all the best, and hope to see you again... maybe as a 4H volunteer.

Best wishes,  
*Julie Fetherston*



## Leader Corner...



*Leaders, keep an eye on this space for important dates and messages.*

Yearly County Council meetings are changing! At the October Council meeting we voted to go no longer than 3 hours at each council meeting. The dates/locations for 2011 meetings are:

January 22—Ukiah  
March 26—Ukiah,  
May 7—Ukiah  
July 9—Fort Bragg  
October 1—Ukiah

Meetings are from 9 am until noon. We are planning to streamline the meetings to get through the necessary information much quicker. To accomplish this, the agenda and any supporting paperwork will be sent out the week prior to the meeting. All those giving reports will be asked to have them in writing. Stay tuned for more.....

### **North Coast Youth Summit: “Time for Action”**

**February 12, 2011 9 am to 4 pm**  
(check-in begins at 8 am)  
**College of the Redwoods**

All 7th to 12th grade youth (and adults who work with these youth) are invited to attend this outstanding annual event held this year on the College of the Redwoods campus in Eureka. There will be 40 dynamic workshops available on topics that will empower youth to a “Time for Action!” and keynote speakers who will motivate and challenge delegates to confidently be agents of change in their world.

Full details and registration forms are at: [www.ysummit.org](http://www.ysummit.org). Questions? Contact Sandy Sathrum, Humboldt 4-H Office at 707-445-7351 or email [questions@ysummit.org](mailto:questions@ysummit.org).

## **Incentive and Recognition Committee Report** *by Diane Johnson*

The county-wide *Incentive and Recognition (I&R) Committee* meets monthly to provide guidance, support and training for our county’s 4-H program. This dedicated group of leaders is working to offer incentive and recognition programs that are clear, attainable and inspirational for all county 4-H youth. Currently, the focus of this group’s efforts is on organizing the upcoming Record Book Training on February 5, 2011. Other projects being worked on by the committee include: revitalizing the All-Star program, aligning record book judging with our county’s needs, plus providing “proficiency service” to our county-wide project leaders. Our next meeting is January 10, 2011 at the Ukiah 4-H office. All interested youth and adult leaders are invited to participate and share ideas with this formative team. Have a suggestion? Please email Barbara Elmer at [bnelmer@gmail.com](mailto:bnelmer@gmail.com)

**Camp Dates**  
**June 19-24, 2011**  
**Camp Masonite Navarro**

### **4-H Summer Camp Counselor, Dean and Director Application Due**

Interested in becoming involved with this year’s camp in a leadership role? Download the Camp Counselor, Dean, and Director application from the Lake County website at: [Camp Counselor application](#). Dean, Director, Ambassador and Lead Counselor applications and essays are due December 27 with interviews at the Ukiah 4-H Office on January 5. Counselor applications are due January 5 (postmark). The first Counselor meeting will be Wednesday, January 19 at the Ukiah 4-H Office at 6:30 to 8 pm.

# 2010 Record Book Judging Results

Congratulations to all who participated in Record Book Judging. County Winner who have moved on to the State Competition are Kenzi Wattenburger, Chayton and Chesney Johnson, all from the Potter Valley Club.

## Willits

Lance Burgess	Blue
Stetson Burgess	Gold
Caitlyn Forrester	Blue
Emmy Heiken	Blue
Haley Riley	Gold
Morgan Riley	Blue
Ryan LaCount	Blue

## Long Valley

Garrett Campbell	Gold
Tate Campbell	Blue

## Redwood Valley

Colton Pinson	Gold
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## Ukiah

Madeline Cline	Gold
Kenzie Kornegay	Gold
Duncan Cline	Gold
Tanner Whetzel	Gold
Tea Greene	Gold

## Fort Bragg

Miles Anderson	Gold
Ashley Hautala	Gold
William Jones	Blue
Tanisha Norvell	Blue
Lane Norvell	Gold
Julia Ravella	Gold

## Mendocino Spartans

Ariel Anton	Blue
Rory Beak	Blue
Kenyon Begley	Blue
Seamus Begley	Gold
Rowin Breaux	Blue
Eden Lorentzen	Blue
Jordan Yager	Blue

## Potter Valley

Julie Brown	Gold
Chayton Johnson	Gold
Chesney Johnson	Gold
Cooper Johnson	Gold
Wil Matthews	Blue
Katie Penry	Gold
Becca Pierachini	Blue
Kenzi Wattenburger	Gold



## Record Book Workshop Saturday, February 5, 8:30 to Noon

The Incentives and Recognition Committee will be holding a workshop to train adults (parents and leaders) on Record Books at the 4-H Office, 890 N. Bush in Ukiah. These adults can then take this information back to their clubs to help members put together their books. This will be a user-friendly hands-on workshop. You'll be filling out Personal Development Reports (PDR) and Annual Project Reports (APR) throughout the morning. The agenda includes ideas and tips on how to encourage members to keep a Record Book and how to organize Record Books. **Break out** sessions include: Junior/Teen Leadership Reports, Expression and collection pages, PDR, APR and the 4-H story. This is an adult training. The committee would like a team of 5 adults from each club (maximum of 5 adults per club is due to conference room space limitations). Please click to [register here](#) by January 28<sup>th</sup> to reserve your spot and be assured of handouts. Or go to the calendar listing on the 4-H page of our website: [cemendocino@ucdavis.edu](mailto:cemendocino@ucdavis.edu) to register. For more information contact Barbara Elmer at 707-743-1297 or [bnelmer@gmail.com](mailto:bnelmer@gmail.com)

## ***“Club Scribe”*** ***News from county 4-H clubs***

### **Fort Bragg 4-H Club** **Submitted by Rikki Hautala**

The Halloween party at Shoreline Riders Club House was tons of fun for everyone. The main event was the spooky walk that the committee all worked on the morning of the Halloween party. The Fort Bragg Club Officers would like to thank the chairman Wyatt Hobart and his committee members Lucia Jones, Reilly Hackett, Athena Anderson, Deanna Lowe, Clay Anderson, Adriane Lowe, Nathan Brubeck, Myles Anderson, Richard Daniels, Molly Dorsey, Will Jones, Julia Ravella, Emmitt Sanderson, and Nathan Yanez for all their hard work. Thank you to Mark Jones, Juliet Anderson, Jessie Hackett and Angie Daniels for spending most of your day helping out.

Congratulations to all the members who submitted a record book for judging. Everyone did a great job.

Our club is working on several community service activities and club events such as a Thanksgiving basket, Christmas basket, Christmas party, window display and bake sale. We are also excited to announce that we will be having an awards night in December, to reward all the hard work everyone has done.



### **Willits 4-H Club** **Submitted by Caitlyn Forrester**

Willits 4-H has been hard at work on fundraisers this year. We had a very successful bake sale in October and have a couple of fund-raiser scheduled for December. We are hoping to raise enough money to buy a scale for our sheep and hog groups. We had 7 record books go to the county level for judging. Congratulations to every one for all of their hard work. We are really looking forward to the upcoming year.

### **Round Valley 4-H Club** **Submitted by Jocey Thieman**

Hello from Round Valley 4-H! We have started all of our project meetings. Dog group met on the 8th, Beef Group on the 10th, Horse Group on the 15th, Dairy Goat the 16th, Rabbits the 17th and Arts and Crafts the 22nd of November. Officers will meet on the 5th of December. At all the meetings we made Christmas ornaments for the ornament exchange for our December meeting.



We brought food to put in our turkey baskets. Round Valley Recycling donated ten turkeys to us. The club voted to make food baskets. We decided to give five to the elderly and raffle five off as a fund-raiser.

At our December meeting we will have a cake walk and the ornament exchange that we do each year. The December meeting will be on the 6th.

### **Long Valley 4-H Club** **Submitted by Garrett Campbell**

We finished up our speeches and voting in our newest Officers. Our club had 12 members this year who received 100% attendance. Congratulations to: Anna & Melissa Adkisson, Emma & Mady Braught, Hannah & Kaitlyn Whitely, Mason Kelly, Terria Mitchell, Paige Polson, Josh Ivasku and Garrett & Tate Campbell. This year meetings are in full swing, and we are off to a great start. We have 40 members this year, many returning and some new ones as well. I'm excited to announce that we have 7 new leaders this year with many of them offering fun and exciting new projects. We have an awesome community and feel lucky to be offered the opportunity to learn new stuff. We're all very excited about the new 4-H year.

*Continued on next page*

Our Dog Obedience and Training group made it to the Boonville Fair. Natya Cauckwell got 1st in Obedience & Novice/Intermediate Showmanship as well as Reserve Grand Champion, Collin Rowles got 1st in Showmanship & Obedience, Tate Campbell got 3rd in Obedience & 2nd in Intermediate Showmanship & Garrett Campbell got 2nd in Obedience & Advanced showmanship. Everyone did a great job, and they're looking forward to next year.



National 4-H Month was a ton of fun. Many members made up posters put up around town. They turned out really cute. It was especially nice to see our mini-members participating. We all wore our 4-H shirts on Mondays! I think it really help get the word out about 4-H.

Our group has been very busy with lots of community service this year. Emma and Mady Braught, Terria Mitchell and Garrett Campbell participated in the Eel River Clean-up. Our group actually rolled a recliner all the way down the side of a mountain. We have members helping out with soccer awards and our local Grange. Currently, we are putting together Thanksgiving Baskets to give to four different families this year. For Christmas, we are hoping to get to sing Christmas Carols at the High School for their Christmas Tree Lighting.

I hope that everyone has a super successful year!

## Mendocino Spartans 4-H Club

Submitted by Rory Beak

Fall has been full of fun for us Spartans. We had our annual awards banquet at which many of us received awards. Seven record books went to county, which our small group was very proud of.

We are organizing a food drive to benefit the local homeless shelter for the Holiday season. We are also planning a trip to spread "cheer" and "joy" to our local elderly home.



We have many projects that are just getting into swing and teaching us all many things. We are having fun here on the coast and hope you are too!

**Reminder to Club Scribes...**  
Submissions for the Club Scribes column should be sent to [cemendocino@ucdavis.edu](mailto:cemendocino@ucdavis.edu) by the 15th of the month to be included in the next newsletter. **Questions?** Call Linda Blatchford at 463-4495.

## Record Book Corner

By Barbara Nordin-Elmer

This is the start of a new 4-H year and time to start recording your activities. The 4-H year started Sept. 1<sup>st</sup> and a lot has happened already. I will review the county activities but clubs have many things going on at this time of year, so don't forget to record club and project activities.



**WHY Conference**    **9/17-19/10**    **Level M**    **Butte County**  
Category #

3      Events Attended Count as one event. Explain experiences in your 4-H Story.

## Record Book Corner, continued

**County Council Meeting      10/2/10      Level C      Ukiah**

Category #

Event Attended

Leadership Development – Officer: If designated voting club representative

Communications – Prepared Talk: Reported information or educational material prepared in advance, not a club report or committee report.

**National 4-H Week      10/4—10/10/10      Level N      County wide**

Category #

2      Exhibit – Non-Judged: display or exhibit of projects, or 4-H activities in a public building or business

4      Leadership Development – Committee or Chairperson: Planning or putting up a display, event, or activity.

6      Communications – Representing 4-H: Wore 4-H uniform in public or at school.

Prepared Talk: Presented a prepared talk to your class or other audience about 4-H.

**Record Book Judging      Level L or C or S      County wide**

Category #

4      Leadership Development – Served as Judge: Helped with judging of record books.

7      Honors & Recognition – Received county or state winner in record book competition. Record a seal received from the record book judging.

**Eel River Clean Up      10/9/10      Level C      Potter Valley**

Category #

Event Attended

4      Leadership Development -- Committee or Chairperson: Helped with planning, set up, etc.

5      Community Service – Environmental Issues: Helped clean the Eel River Area

**Pumpkin Fest/ Petting Zoo/ Pumpkin Smash      10/16-17/10      Level C      Ukiah**

Category#

Event Attended: Count this multiple day event as one credit if you participated in the 4-H activities.

Leadership Development – Committee or Chairperson: Planning, set up, clean up, fundraiser.

Communications: Spoke to public about 4-H while wearing 4-H uniform.

**Food Safety Training      10/26/10      Level C      Ukiah**

Category #

Events Attended –Report experiences in your 4-H Story.

**Presentation Day Workshop      10/30/10      Level C      Ukiah**

Category #

3      Events Attended

4      Leader Development – Committee Chair/member for planning, set-up/clean-up

6      Communications – Presented or led break off group, MC the event, Share the Fun Skit.

Be careful when recording community service activities. A community service is doing something for others, not for your 4-H group. Fund-raisers are counted as committees, unless the proceeds go directly to a non-profit organization.

## Opportunities & Updates from the State 4-H Office

- *Recipes for Healthy Kids Challenge*  
**Deadline: December 30, 2010**  
The USDA is offering cash prizes for winning student teams who submit original recipes that meet the whole grain foods, dark green and/or orange vegetables, and dry beans and peas (legumes) nutrition requirements for school meals. The perfect opportunity for a 4-H cooking or nutrition project. To enter, visit [www.recipesforkidschallenge.com](http://www.recipesforkidschallenge.com).
- *Special Recognition at the 2011 State 4-H Presentation Day on May 28, 2011*  
Two special recognition pins will be awarded for youth who participate in State Presentation Day and focus their presentations on healthy living or on science, engineering and technology (SET). This year's healthy living focus is on injury prevention. Potential topics include bullying, bicycle safety, animal and livestock safety, protective equipment (seatbelts, helmets), athletic training (stretching, warming up), hunting equipment, ATV safety, teen drivers, water-related injuries, dating violence, fire safety and more. The SET focus is on the natural properties and the human interactions with water. Potential topics include water quality, conservation, water cycle, effects on plants and organisms, water in cultural contexts, human impacts on water, phases and/or properties of water, storage and transportation. Participants may only choose one focus area for their presentation, and the area must be the primary topic of the presentation. For details, visit [www.ca4h.org/Programs/Events/SFD/PD/Recognition\\_Opportunities](http://www.ca4h.org/Programs/Events/SFD/PD/Recognition_Opportunities)
- *Apps for Healthy Kids*  
Earlier this year, Michelle Obama challenged software developers and game designers to develop applications that would drive children to eat better and be more physically active. The winning applications have been announced and are available at no cost. Youth and adults will enjoy using tools such as "Pick Chow!" and playing games like "Fitter Critters." View the winnings apps at [www.appsforhealthykids.com/application-gallery](http://www.appsforhealthykids.com/application-gallery).
- *2010 California County Scorecard of Children's Well-Being*  
Measuring 26 indicators of children's well-being across California's 58 counties, this year's scorecard illustrates no two places are alike in terms of the condition of their children. Indicators measure everything from "adolescents who feel connected to an adult" to "children who are safe on and around roads." Check out the results for your community by visiting [www.childrennow.org/index.php/learn/reports\\_and\\_research/article/726](http://www.childrennow.org/index.php/learn/reports_and_research/article/726).
- *National Directory of 4-H Materials*  
Combination of free and for sale materials at <http://www.4-hdirectory.org/> The 4-H National Directory of Materials is a searchable database of educational materials currently available throughout the Cooperative Extension System. You will find group project materials, volunteer and professional development materials, as well as many other resources. You can search by topic area or keyword, then click on the links to the resources.
- *The Forest Foundation*  
Various Curricula and Free PDFs: <http://www.calfoundation.org/>  
The Forest Foundation helps youth learn about the role forests play in the environment and economic health of our state. The Foundation offers free educational materials on topics including wildfires, carbon cycle, and forests.
- *Your Garden Show*  
[www.yourgardenshow.com](http://www.yourgardenshow.com)  
Your Garden Show is a social network dedicated to gardeners. Their mission is to grow the global gardening footprint in order to improve the health, beauty, and well being of communities. On their website, you can get ideas from other gardeners and inspire them with your own garden show. You can also create a GLOG: a garden log of all your planting activities, including a build-your-own-almanac and interactive timeline.
- *Tech Trek Camp Summer 2011*  
<http://www.aauw-techtrek.org/>  
Tech Trek is a summer math/science camp designed to develop interest, excitement, and self-confidence in young women who will enter eighth grade in the fall. It features hands-on activities in math, science and related fields. All sleeping, eating, instructional, and recreational facilities are located on a university campus where camps are held.

To see ALL the State 4-H Updates, go to: <http://www.ca4h.org/News/>

**Cooperative Extension—Mendocino County**

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**University of California**  
Agriculture and Natural Resources



**“Roundup”  
MENDOCINO COUNTY 4-H  
December 2010-January 2011**

**Web Sites**

**National 4-H Council**

[www.4-h.org](http://www.4-h.org)

**California State 4-H** <http://ca4h.org>

Record Book forms, officer manuals, Policy Handbook, opportunities for youth and leaders, etc. Click on **Resources** for links to electronic 4-h forms, policies, and opportunities.

**Mendocino County web site:**

<http://cemendocino.ucdavis.edu>

The *Roundup* is available on this web site. You can also be notified when a new *Roundup* is available electronically. Please contact the Ukiah 4-H office for this information.

**Yahoo Groups for Community Club Leaders**

<http://groups.yahoo.com/group/4h-ccl/>

Valuable site for discussing issues, sharing information and resources for curriculum, materials and project ideas.

**Published by: University of CA Cooperative Extension  
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