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4-H Calendar of Events

April

- 1-2 Thrive Training, Rohnert Park
- 9 Sectional Presentation Day, Eureka
- 15 Preston Scholarship Due
- 15 *Roundup* Deadline
- 16 Extravaganza, Ukiah 4-H Office
- 18 I & R Committee Mtg., 4-H Office, 6:15 pm, all are welcome
- 19 WHY Conference Planning Mtg, 4-H Office, 6:30-8 pm
- 20 Camp Counselor Meeting, 4-H Office 6:30-8:30 pm
- 27 Camp Steering Committee Meeting, 4-H Office, 6 to 8 pm
- 30 Potter Valley Rabbit Show, Potter Valley

May

- 1 Redwood Valley Horse Show, Redwood Rider Arena
- 2 Project Proficiency Enrollments Due
- 7 County Council Meeting, Ukiah 4-H Office
- 16 *Roundup* Deadline
- 18 Camp Counselor Meeting, 4-H Office, 6:30-8:30 pm
- 28 State Field Day, UC Davis
- 30 Memorial Day, 4-H Office Closed

June

- 3-5 Spring Fair, Redwood Empire Fairgrounds
- 15 *Roundup* Deadline
- 15 Camp Counselor Meeting, 4-H Office, 6:30-8:30 pm
- 19-24 Summer Camp, Teen Staff, Camp Masonite Navarro
- 20-24 Summer Camp, All campers, Camp Masonite Navarro

2011 Extravaganza!

Saturday, April 16—Ukiah 4-H Office

Favorite Foods

Fashion Revue

Still Exhibits

Extravaganza! Is an opportunity for 4-Hers to display the results of their efforts in various projects. This year the event will be held at the 4-H Office at 890 N. Bush Street in Ukiah. Entry forms are available on our website. Just click on the Extravaganza calendar listing or go to: <http://cemendocino.ucdavis.edu/4-H Program/Fashion Revue and Favorite Foods/>. The due date to turn in entry forms is April 4 to allow time for planning and assigning judges. Please, no exceptions. Entries may be dropped off at the Ukiah office on Friday, April 15 between 8 am and 5 pm or Saturday, April 16 before 9 am. The event will start at 1 pm except for Favorite Foods which will be judged at 10 am.

Leader Corner...



Leaders, keep an eye on this space for important dates and messages.

Urgent needs

As you know, a financial crisis exists at nearly all levels of funding. Please contact your government representatives and let them know the importance of supporting

- Federal—Smith-Lever Funding which funds Cooperative Extension programs across the nation—including 4-H
- State—University of California funding directly impacts Cooperative Extension and the 4-H program
- Local—Mendocino County Board of Supervisors for continued support of our programs at the local level

Please let your representatives know we need to keep our **Positive Youth Development Programs**. Also join the “Revolution of Responsibility” at <http://www.4-h.org/about/revolution/>

Date Reminders

Extravaganza entry forms due **April 4th**
Preston Scholarship applications due **April 15th**
Project Proficiency Enrollments due from each club by **May 2**.

\$ SCHOLARSHIPS \$

Looking for money for education? There are several opportunities for 4-Hers to help pay for higher education. The State 4-H website has information on many of these scholarships. Check this link: http://www.ca4h.org/Resources/Members/Scholarships/Scholarship_Categories/ Other scholarships are available locally, and we will share that information with you in this column. Most applications are available at the 4-H Office.

- **Preston Scholarship**
Offered in honor of Dr. Russell Preston, noted physician in Mendocino. Three \$1,000 scholarships are available to qualified graduating seniors. **Due April 15**
- **Mendocino County Cattlemen’s Association Rudy Mora Beef Scholarship.**
Applications available at 4-H office or MC Farm Bureau. **Due May 15**



Presentation Day Thank You

A super big **Thank you** goes to Sheryn Hildebrand and her team of youth and adult volunteers from Potter Valley 4-H for hosting an outstanding event. These events take much time and dedication, and everyone’s help is sincerely appreciate.

Thank you to the Potter Valley School District for allowing us to use their facilities.

Judges & Adult Helpers

Barbara Nordin-Elmer, Diane Johnson, Kelly Boesel, Jan Fairbairn, Sue Matthews, Danya Hildebrand, Nadine Boer, Lory McAsey, Eric Cline, Kristin Looney, Camille Schraeder, Brady Heiken, Carre Brown, Linda Edgington, Sheryn Hildebrand, Carrie Dailey, Maureen Phillips, Natalie Shoptaw, Mary Thornton, Rhonda Brown, Jennifer Andrews, Amy Ericksen, Tascha Whetzel and Cathy Welling.

Room Hosts

Chesney, Cooper and Chayton Johnson, Becca and Garrett Pierachini, Kenzi Wattenburger, Emily Eddie, Haley Thornton, Karli Chase, Willy Kile, Wil Matthews, Will Eddie, Sidney Miller, Savannah Logan, Hailey Huey, Julie Redfearn, Monica Galliani, Cassia Lazzaro, Meghan Andrews, Kenzi Kornegay, Shannon Whetzel, Adriaan Boer, Tea Greene, Ryan LaCount, Warren Foster, Scott Dailey and Garrett Chase.

Presentation Day Results

Share the Fun

4H20/Potter Valley, Gold
Chesney, Chayton &
Cooper Johnson, Becca &
Garrett Pierachini, Garrett
Chase, Hailey Thornton,
Julie Brown

4H to the Rescue/Ukiah, Gold

Ericka Boesel, Kenzie
Kornegay, Cierre Martin,
Meghan Andrews, Tea
Green, Marishka Gourno

Young Mc4-Her/Willits, Participation

Madison & Grant Forrester,
Mariah Ochoa, Jaycee
Brackett, Claire Moyle

Job Interviews

Madeline Cline, Ukiah, Gold
Karli Chase, PV, Blue
Kenzi Wattenburger, PV, Gold
Becca Pierrachini, PV, Gold
Megan Whetzel, Ukiah, Gold
Jessica Crowhurst, RV/Calp,
Gold

Cultural Arts

Jacob Crowhurst, RV, Gold

Interpretive Reading

Terria Mitchell, Long Vly, Blue
Katie Penry, PV, Gold

Educational Display

Julia Ravella, FB, Blue
Tanner Whetzel, Ukiah, Gold
Jonathan Hunt, Participation

Demo/Illustrated Talk

Claire Moyle/Jaycee Brackett,
Willits, Participation
Ariel Anton, Mendocino, Gold
Grace & Joy Nowak, Lake Cty,
Gold
Macey Lamp, Ukiah, Blue
Jocey Thieman, Round Vly, Gold
Seamus Begley, Mendocino, Blue
Duncan Cline, Ukiah, Gold
Morgan Riley/Madison
Forrester, Willits,
Participation
Caitlyn Forrester/Hailey Riley,
Willits, Blue

**Congratulations to all
for a job well done!**

The Monthly Update from the Mendocino County Junior Awards Committee

We have been receiving donations from the following sponsors. Please thank them as they are your friends, family and business associates. The Mendocino County Junior Awards Committee purchases awards to go along with the ribbons at the fairs for most winners. All money received by the committee goes directly to these purchases.

We are asking each 4-H family to secure at least one sponsor this year. The donation flyers are available by asking your community leader or by contacting Nadine Boer 463-0411 or by email pirtpete@pacific.net. Let's make this year the best yet. Four more months until fair time!

Anderson Angus Ranch
Anderson Logging Inc
Betty and Raymond Barnett
Francine Bearden
Beckstoffer Vineyards
Blue Ribbon Pets
Mike & Nadine Boer
Clines Unlimited Construction
Daniels Construction
Bob Dempel
Jo and Dale Dinning
Downey Vineyards

Feather Rock Ranch
Gary Swanson Paving, Grading
Happy Woman Jewelry
Keiths Family Food Center
Kiwanis Club of Ukiah
KW Swine
Mendocino Equine Practice/
Dr. Paul Michelsen
Mendocino County Farm Bureau
Potter Valley FFA
Rucker Vineyards
Schmidbauer Ranch

State Farm-Jay Epstein
T & M Aviation
Keith & Angela Thornton
Ukiah 4-H
Rain Waters Sewing
Tony & Gina Vau
Vic & Maggie Weaver
(the Weaver Family)
George Weger
Wine Country Termite & Pest
Yokayo Veterinary Center

4-H State Leadership Conference July 28 - 31, 2011 University of California, Davis

The 4-H State Leadership Conference brings together high school youth (age 14-19 years) from across California in a four-day leadership training, networking, and learning experience. The conference provides advanced leadership training and is an opportunity for 4-H members to network and share ideas with other 4-Hers from across the state. The conference focuses on providing high school youth with experiential education on leadership development, civic engagement, college admissions and other 4-H project areas.



The conference is planned by a team of high school 4-H members and adult advisors. Working in strong youth-adult partnership, the team designs the educational, recreational and logistical components of the conference.

Need Financial Aid?

Through a grant from Wells Fargo and assistance from the California 4-H Foundation, financial aid is available to delegates wishing to attend the 2011 State Leadership Conference. Applications are due by **May 13, 2011** and can be downloaded at: <http://www.ca4h.org/Programs/Conferences/SLC/>

Redwood Riders Horseshow Sunday, May 1

(rain date: May 14)



Redwood Riders Inc. is holding an annual horseshow and gymkhana to benefit the Redwood Valley/Calpella 4-H on Sunday, May 1 at the Redwood Riders Arena in Redwood Valley.

For more details and entry forms, please go to the calendar listing on our website at: <http://cemendocino.ucdavis.edu> or contact Alaina Morse or Sherry Mobley at 485-9405.

If you could improve the health in your 4-H club, where would YOU start?

The 4-H Healthy Living Initiative Advisory Committee wants to hear about what is currently taking place within your county and club programming, and how the healthy living components and practices of California 4-H can be strengthened. To put it simply, we want to know how we can BEST provide the desired programs, resources, and activities that will benefit your 4-H community. To represent Mendocino County and have your voice heard, visit <http://ucce.ucdavis.edu/survey/survey.cfm?surveynumber=5768>.

W.H.Y. Conference

“4-H Keeps Your Engines Revvin’ in 2011”
September 23-25, 2011

The North Sectional 4-H W.H.Y. Conference will be held September 23-25 at Camp Masonite Navarro. This annual event is for 4-H members, 6th grade and older, and volunteer adult leaders to learn about leadership, citizenship, and life skills.

The planning committee is looking for workshop ideas that are educational, fun, and challenging. Do you have an idea that you would like to share? Go to the 4-H page on our website at: <http://cemendocino.ucdavis.edu/4-H Program/> and scroll down to the WHY Conference information for a form to send in with your workshop ideas. Please submit by June 30th.

T-Shirt Logo Design Contest

Reminder... WHY Conference T-Shirt design contest entries are due May 1. For more information, check out the WHY Conference page on our website or contact Linda Edgington at 463-4495 or lgedgington@ucdavis.edu.

Please help us save postage...

If you are receiving a mailed copy of the Roundup and prefer to get it electronically, please let us know. Also let us know of any email address changes.

“Club Scribe”

News from county 4-H clubs

Ukiah Shamrocks 4-H Club **Submitted by Mattie Duggan**

As always, the minutes of the last meeting were read, and all of the officers' reports were reported. Many members made other announcements as well. Like, if you want to sign up for the seed table committee you need to talk to Lindzey Rozelski. Last year's committee had a lot of fun! Also, if you want to help make two different centerpieces for the Redwood Empire Fair, you can sign up at the next meeting. Both of these can be put on your record book too.

Unfortunately our guest speaker was sick and couldn't make it to the meeting, but we have asked her back to our next meeting. To fill in for her, we had two of our own club members practice for Presentation Day. Duncan Cline and Tanner Whetzel gave us a demonstration of the presentations they are going to give there.



We hope to see you at our next meeting at the 4-H Office at 6:30 on April 7th. Be there! ☺

Fort Bragg 4-H Club **Submitted by Rikki Hautala**

Fort Bragg 4-H's projects are going full throttle this month the swine group, goat group, and pocket money group have all had meetings.

The swine group took a trip over the hill on a blustery Saturday to Redwood Valley to meet a swine breeder. They helped Jessie castrate, ear mark and dock the tails of the young bores. This was very informational to new members in the project, this let them see what kind of work the breeder does with their pig before they receive them for fair. The swine group would like to thank

Jen Estes the swine group's leader for all her hard work planning the fun trip.

The Goat group has had about a meeting a month. At the last meeting the goat group found out that our club will most likely be having about six goats going to fair, which is exciting. The past few years we haven't had may meat goats attend fair. At the last meeting our group watched a pygmy goat get castrated, and learned all the different ways one might go about doing this. The goat group would like to give a huge thank you to Stacy Anderson for making the goat meetings so successful this year.

The pocket money project met at our local Mendo-Lake Credit Union on a stormy Sunday. The group met in the conference room and went over the difference between needs and wants.

Then we went over how to save money for these things, and how a saving s account would help you keep that money. Then once we were done with that we got a tour of



the bank and learned what made it a certified green building. We found out that even if the power went out the bank would remain open because there is a generator that can run up to five days. This building also has solar panels on its roof. It is very exciting that our small town is getting more and more green buildings.

The group would like to thank Teresa Ravella for bringing the delicious piece of cake for a snack, as well as our project leader Lesley Vanderhoof for providing us with the great experience.

The Fort Bragg Club Officers would also like to thank all of the project leaders for all their hard work.

Willits 4-H Club

Submitted by Caitlyn Forrester

Hello! The Willits 4-H has been hard at work this past month. We have a few member doing demonstration and a group of Clover Buds doing a Share the Fun skit in Potter Valley for Presentation Day on March 19th. Every body has been hard at work practicing and presenting their projects so they will ready when they go to Presentation Day.

We are also getting ready for another big fundraiser. We will be putting on a corned beef and cabbage feed with Willits Kiwanis on March 26th.

At our last general meeting we had Jack Beck from Farmers Feed come in and teach us about reading feed tags. He taught us what to look for when buying a specific feed for our animals needs. We played a game with him and had a lot of fun. Now we all feel that we are ready to get our market projects and get them stared on feed. Thanks Jack!!

The theme for the 2011 California State Fair is

“The Adventure Is Bigger Than Ever!”

Big food, big entertainment, BIG Fun!

July 14-31, 2011

www.bigfun.org

4-H Sewing at the California State Fair

4-H sewers and needlers: the deadline for entry into the Youth Art & Design Expo Competition at the State Fair is April 15. This year there is a special same day judging event for all Fashion & Textile Show entries on April 30; exhibitors bring in their actual entries and they will be judged that same day. Go to www.bigfun.org and click on Contests and Competitions: Youth Art & Design Expo for more details.



Operation Cover-up and Quilts for Wounded Warriors



Attention Quilters and Sewers: **CA 4-H State Fashion Revue 2011** would appreciate your help. Make a quilt square, a quilt top, or a complete quilt for a wounded soldier as a service project.

Special size for stretchers and gurneys, approximately 45 x 81 inches, are needed. Red, white and blue fabrics are preferred. If you make 12 ½" x 12 ½" squares then they can be combined with squares made by other people for a whole quilt.

Bring or send your squares, quilt tops and quilts to State Fashion Revue at Olson Hall, UC Davis during State Field Day, **May 28, 2011**. Youth are invited to sew squares together and quilt during the morning SFR workshop. Questions? Contact Lisa Kuntz, SFR youth co-chair, creulgirl101@yahoo.com or Mary Engebreth, committee volunteer, at maryengebret@comcast.net.

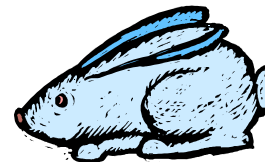
Potter Valley Rabbit & Cavy Show

Saturday, April 30

10 am—Rain or Shine

**Potter Valley Volunteer Fire Department
10521 Main Street**

This is a “learning show” open to 4-H and Primary 4-H members only and is not an ARBA sanctioned show. All entry forms must be postmarked by April 25, 2011. The show is a one-day carrying cage show. All rabbits and cavies must be in cages with bottoms and are to be in place by 9:30 am. Judging will begin at 10 am. Classes are \$1.50, Showmanship \$1.00. It is suggested that showmanship participants wear their 4-H uniform.



For entry form and additional information, see the Calendar listing on our website at: <http://cemendocino.ucdavis.edu> or contact Kay Beeson at 707-743-1630.

Opportunities & Updates from the State 4-H Office

4-H Citizenship ... will soon launch in California, joining **4-H SET** and **4-H Healthy Living** as the third of the 4-H National Mission Mandates. For a century 4-H has engaged youth in citizenship through service learning, decision making, communication, teamwork, problem solving, and critical thinking skills. The 4-H Citizenship Initiative will refocus interest and attention to the important and powerful contributions youth make in their communities everyday!

Over the coming months watch for exciting new opportunities for youth to engage and rally their communities in support of active citizenship. Also check out citizenship activities on the state 4-H website at <http://www.ca4h.org/Projects/Citizenship/> and opportunities to participate in the 4-H CAL-Focus Conference, recently awarded the National 4-H Award of Distinction.

Goals of the 4-H Citizenship Initiative are to help youth to:

1. **CONNECT**— Be active partners in a larger community as they recognize, appreciate and respect human diversity and commonality; understand their part in shaping change and work together towards the common good.

2. **LEARN**— Learn from others, self and environment to develop informed perspectives, empathy, ethics, pro-social values, positive self identity and sense of social responsibility.

3. **ENGAGE**— Engage in political education and awareness, social justice, advocacy, negotiation, public problem solving, community service, etc.

4. **LEAD**— Develop leadership skills where youth use their voices, work, ideas or behavior for the greater good.

5. **IMPACT**—Make a difference in community, country and world.

Snack Time: Providing Healthy Snacks in Your After School Program

This free training is provided by the California Healthy Kids Resource Center. Learn why healthy snacks are important and how to create healthy snacks—including the best time to serve snacks, the components of healthy snacks, and how to create a week-long snack menu. This training is essential for 4-H staff and volunteers that serve snacks at 4-H camp, meetings and events. For details about a variety of online trainings that you can participate in at your convenience, visit www.casrc-chkrctrainings.org/training/modules

UCD - Young Scholars Program

<http://yvsp.ucdavis.edu/>

June 19 – July 30, 2011 at UC Davis for Sophomores and Juniors in High school. The UC Davis Young Scholars Program (UCD-YSP) strives to engage 40 academically talented high school sophomores and juniors in a variety of research experiences within the areas of biological and natural sciences. Each student will undertake a six-week, long-term, apprentice-level research project in a university laboratory under the mentorship of university researchers.

How Much do Fruits and Vegetables Really Cost?

A new study released by the U.S. Department of Agriculture's (USDA) Economic Research Service shows just how affordable fruits and vegetables really are. Getting the recommended amount costs only \$2-\$2.50 per day. Researchers also found no significant difference between the average prices of fresh and processed fruits and vegetables. For an array of tips for eating healthy on a budget and advice for eating more fruits and vegetables while limiting sodium, added sugars, and solid fats, visit www.FruitsAndVeggiesMoreMatters.org.

CYFERnet Cyberbullying Resources

Adults who work with young people are concerned about the dangers of cyberbullying. In response to the national focus on these issues, CYFERnet continues to focus on cyberbullying and sexting—what parents and educators need to know and what they can do to help young people in their families, schools, and communities. To browse the recommended resources, visit <http://www1.cyfernet.org/hotnew/12-10-bully.html>

Aid to Japan

Many of you are thinking of how best to help our friends in Japan. Because of continuing problems with infrastructure, distribution is a problem. The best way to help is to contribute financial donations to the Japanese Red Cross. (See Google link: <http://www.google.co.jp/intl/en/crisisresponse/japanquake2011.html>). The amount of the donation should be entered in Japanese Yen. For reference, \$10 is approximately 800 Yen, and \$25 is about 2,000 Yen. (The website www.xe.com is an easy-to-use currency converter.)

To see ALL the State 4-H Updates, go to: <http://www.ca4h.org/News/>

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University of California
Agriculture and Natural Resources



**“Roundup”
MENDOCINO COUNTY 4-H
April 2011**

Web Sites

National 4-H Council

www.4-h.org

California State 4-H <http://ca4h.org>

Record Book forms, officer manuals, Policy Handbook, opportunities for youth and leaders, etc. Click on **Resources** for links to electronic 4-h forms, policies, and opportunities.

Mendocino County web site:

<http://cemendocino.ucdavis.edu>

The *Roundup* is available on this web site. You can also be notified when a new *Roundup* is available electronically. Please contact the Ukiah 4-H office for this information.

Yahoo Groups for Community Club Leaders

<http://groups.yahoo.com/group/4h-ccl/>

Valuable site for discussing issues, sharing information and resources for curriculum, materials and project ideas.

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