



4-H Calendar of Events

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Introducing our New 4-H Youth Development Advisor

Hi everyone! I wanted to briefly introduce myself to the 4-H community. I am Car Mun Kok, the new 4-H Youth Development Advisor for Lake and Mendocino Counties.

I am originally from Malaysia but have lived in the U.S. for 9 years. I recently relocated from Nebraska and I am excited to be a part of the 4-H community in Lake and Mendocino!

I have always enjoyed being involved in community events, either as a volunteer or attendee. I am thrilled that I can be a part of the wonderful 4-H community that we have here!

Working with youth and families is something that I have always been passionate about and it gives me great satisfaction to witness youth grow into contributing members of society through the great 4-H clubs, programs, activities, and events that we offer.

I am always open to new experiences and opportunities, and I know that I will learn a lot from this community.

I look forward to seeing everyone at future 4-H meetings and events!

March

- 12.....Color Me Green has been cancelled for this year
- 15.....Articles due for Round Up Newsletter
- 16.....Executive Council Board meeting 12PM
- 19..... County Presentation Day Potter Valley

April

- 1-3.....California Camping Conference So. Lake Tahoe
- 9.....County Council Meeting Ukiah location TBD
- 15.....Articles due for Round Up Newsletter
- 15.....Russell Preston Scholarship Applications due
- 23.....Sectional Presentation Day Willits
- 30.....Extravaganza Ukiah in the afternoon
- 30.....Potter Valley Rabbit Show, Firehouse in Potter Valley
- 30Project Proficiency plans due to the office

May

- 15.....Articles due for Round Up Newsletter
- 21.....Record Book Club Evaluator Training
- 28.....State 4-H Field Day

June

- 4.....Goat Show during Spring Fair @ REF
- 5.....Sheep Show during Spring Fair @ REF
- 15.....Articles due for Round Up Newsletter
- 17-21.....Cal Focus Sacramento

July

- 9.....County Council Meeting Fort Bragg 9AM-12 PM
- 15.....Articles for Round Up Newsletter Due
- 28-31.....State Leadership Conference Humboldt

August

- 3-7.....4-H Horse Classic, Rancho Murietta
- 4-7.....Redwood Empire Fair
- 31.....Completed Project Proficiency lists due to office

September

- 15.....Articles due for newsletter
- 16-18.....Boonville Fair and Apple Show
- 24.....Record Book County evaluators training

Leaders Page

Communication is the Key

As Leaders in the 4-H program, you communicate with parents, members, other leaders and the office all the time. It is a VERY important part of your volunteer position. As staff for the Mendocino County 4-H program, I too communicate with many people through the 4-H program. I also receive emails and phone calls from people that feel they are "out of the loop" since they don't have a Facebook account or check their email very often. Some people don't text either.

While talking with many leaders, members and parents, I've been asking the best way to contact them. So it would be best, when wanting to communicate with someone ask them; "What is the best way to contact you?" Of course consider the best communication style for you too. Sometimes I need to ask, "do you have a Facebook account, an email that you check fairly often, or would texting be best for you?"

When sending out important information, due dates and deadlines, it's very important to know if everyone is getting that information. I've had people call upset over missing a deadline for turning something in or applying for something because they weren't part of the Facebook group, or they didn't check their email.

It is important that we make sure ALL families are notified, to do that, it might create a little more work for you, but would save lots of time and hurt feelings in the long term.

Ways to communicate with families, parents and members, in no particular order;

- ⇒ Texting (do they text?)
- ⇒ Facebook posting or messages (do they have an account and check it often?)
- ⇒ Email (which email is best, do they check it often?)
- ⇒ Telephone call (do they have a landline with answering machine, or is their cell phone their main line?)
- ⇒ A letter by postal mail, aka snail mail. Believe it or not people still use "snail mail" especially for packets of information
- ⇒ Please consider how to reach everyone, so EVERYONE will be in the loop!

Color Me Green 5K Fundraiser Cancelled

The Color Me Green 5K Fundraiser is cancelled for 2016. The Council and the committee are planning to participate in 2017. So start getting in shape now!

Presentation Day March 19th in Potter Valley

<https://ucanr.edu/survey/surveyadmin/summary.cfm>

Above is the link for signing up a presentation

This new Presentation manual has many changes. The major modifications include:

- ⇒ A one-page matrix of all presentation requirements
- ⇒ Removing the audio-visual category
- ⇒ Reworking the Scientific & Engineering Presentation
- ⇒ Removing the Problem Solving Speech category
- ⇒ Adding a Prepared Persuasive Speech category
- ⇒ And modifying the guidelines for all Presentation Days; County, Sectional and State
- ⇒ Now each level: County, Sectional and State have their own scoring ranges, each getting increasingly harder
- ⇒ Manual also includes a section on training the evaluators (formerly known as judges)

A New Presentation Manual is available at: <http://4h.ucanr.edu/files/2193.pdf> to help you plan your presentation.

What kind of Presentations can you do?

- * Demonstration
- * Illustrated Talk
- * Science or Engineering Presentation
- * Educational Display Talk
- * Informative Prepared Speech
- * Persuasive Prepared Speech
- * Impromptu Speech
- * Interpretive Reading
- * Share the 4-H Fun Skit
- * Cultural Arts

If you are working toward Stars for your hat, you must do a Presentation at County Presentation day to qualify in the communications section of the Record Book.

Extravaganza Updates

Date: April 30th

Location: 1373 So. Dora St. Ukiah

Times: 3:00 Registration 3:30 start

Place Setting Contest

**“Good Morning Sunshine” will start at
1:30pm open to the public**

What is Extravaganza you ask? It's really 3 events rolled into one. This year even more things have been added! The event starts at 3:30, dinner provided will start at 5:30PM.

A new contest open to the public for 3rd—6th graders; a Place Setting Contest - 11am set up, 1:30 judging.

There will be a judging contest to participate in with its own set of awards while viewing all the still exhibit entries.

During this time the Favorite Foods and Healthy Living contestants will be judged by a great panel of volunteer judges.

Fashion Revue~ categories

Traditional Outfit:

Upcycled Outfit :

Western Wear Challenge:

Muslin Challenge:

Sewn Item

\$40.00 Outfit Challenge

Repurposed or Upcycled Materials Item:

For more information see the state Fashion Revue Website at http://4h.ucanr.edu/4-H_Events/SFD/SFR/

Food Olympics~ categories

Favorite Foods

Healthy Living

Place Setting

Cupcake Decorating

For more information, see the Mendocino County 4-H website

[http://cemendocino.ucanr.edu/4-H_Program/
Fashion Revue and Favorite Foods/](http://cemendocino.ucanr.edu/4-H_Program/Fashion_Revue_and_Favorite_Foods/)

Still Exhibits~ categories

NEEDLE AND FIBER ARTS

Embroidery on Garment, Accessory, or Decorative Item

Beading—not jewelry: on Garment, Accessory, or Decorative item

Felted Garment, Accessory, or Decorative Item

Woven Fabric or item

Hand spun yarn

Quilted Item

Knitted or Crocheted Garment or Accessory

ART AND CRAFTING

Jewelry: Fly Tying Glass Etching

Home Arts: Stained Glass

Two-dimensional Fine Art:

Three-dimensional Fine Art:

Grapevine Wreath with Greenery:

Leather Craft Item

Welding or Forging

Woodworking

Misc. Arts and Crafts or Unlisted Project

HEALTH AND NUTRITION

My Plate Challenge:

Healthy Snack Challenge:

People's Choice Cookie Contest:

Cookies for the Rest of Us Contest—Restricted Diet:

Preserved Food: Jams, Jellies, Dried Fruit or Veggies, Jerky:

COMMUNICATION

Photography: These guidelines same as State Competition

Best Selfie and Best Selfie with Animal(s):

Educational Poster:

Resume and Cover Letter Contest

2017 State 4-H Field Day Logo Contest

Russell Preston Scholarship Winner Story



By Madeline Cline

Seven years ago, before I started 4-H, I was a timid and self-conscious. When I joined 4-H, I joined to raise animals for fair, but I was surprised to find that leadership was what I really loved to do through 4-H. Over the years, 4-H gave me the opportunity to better myself, and I grew and learned in ways I never expected. 4-H has made me stronger and wiser. Growing in leadership happens in many ways, this past year I focused on making a difference on the California State Incentives and Recognition Committee and the Mendocino County Incentives and Recognition Committee, being the kind of leader that builds others up, and making 4-H fun for everyone.

My name is Madeline Cline, and I just graduated from Ukiah High School and I am attending Sonoma State University. I hope that most of you have seen me talking about leadership at different county events in my All Star uniform. 4-H was and will forever be some of my fondest memories. But this year was different, and my experiences have shaped me in a unique way. As I have transitioned from a young and goofy kid to a mature, hard-working, responsible, and strong young adult, I have learned to bite my tongue when necessary and to make the focal point of my last year in 4-H about the positive impact I can have on others. As I sat down at the beginning of the school year applying to colleges, I was forced to think about whom I was as a person in a new light. At that point in my life, I was defined by the high school classes I took, the homework, countless meetings I attended for 4-H, my after-school job, my friends, etc. but I was ready to grow. My last year in 4-H I devoted a lot of my time to develop in the leadership arena, which is both personal and positional for me. I was active on several committees, and meetings were a large part of my time commitment to 4-H. Over my years in 4-H, I transitioned from thinking about myself, to putting other first, especially in my final year.

I am really proud of the work I have done as a part of the State Incentives and Recognition Committee. When I applied, I wasn't exactly sure what I signed up for but after I went to my first meeting in Davis, CA I was so glad that I had applied. Through this committee I was able to make a positive impact on the way 4-H is run at the state level. We worked on improving record books, both the forms and the instructions, and also worked on stuff that affects all 4-Hers like dress codes, uniforms, and record books. I met so many great people there and we all worked together so well, even if we didn't agree on everything. We also went over current events in 4-H, such as the national decline in teenage involvement in clubs such as 4-H and Boys Scouts and Girls Scouts. We talked about how so many teens get burnt out and lose interest in 4-H because so many of the club activities are geared and aimed towards younger kids. By the time most members are in 10th grade they have done the leadership roles in their club that they have had interest in, and don't challenge themselves to go onto other things. I learned so much about problem solving and working on a team. It was such a great experience being a part of a statewide committee and I wish I had applied sooner, I would really encourage high school members to look into statewide committees.

My second area of leadership growth was serving two years as a county All Star. The All Star program in Mendocino County had been nonexistent for a several years and my goal was to revive the program. Unfortunately, things didn't go as planned. It takes a lot of time and dedication from an entire group to keep this going. Geographically it is hard for members of the entire county to work together, but we were able to have some success. We gave talks at different clubs about leadership and the All Star Program. I worked on the Presentation Day Workshop, where we shared examples of different presentations, played some games, and let members ask questions. For Presentation Day, we had a good sized committee led by the leaders of Fort Bragg. We used some great online tools to organize and coordinate where we would each be serving.



Russell Preston Scholarship Winner Story

Continued By Madeline Cline

We were able to have weekly conference phone calls to get things done. That was the highlight of the All Stars because of how well everything worked out for those two events. As an All Star, I chose to go to the monthly Mendocino County I&R committee meetings. It was a nice bridge for me between the state committee and being an All Star. I felt it was really important that a youth member was there to give input. I would also encourage any members who are concerned about the future of 4-H to come to the I&R committee meetings and give their input to what they want from 4-H and how 4-H can improve.

One thing that I encourage members to do is to go to a statewide activity. I went to two years of State Leadership Conferences (SLC) and am really glad that I did. At SLC you meet 4H members from all over the state. Just like with all areas of 4-H, you get out of it, what you put into it. SLC can be a great opportunity if you want to learn about leadership and meet like minded individuals who are passionate about 4-H. The inspirational speakers and the wide range of workshops are very impactful and a great learning experience. SLC takes place every summer at a UC campus, and our county offers scholarships for members to go!

Learning to be a confident speaker in front of a large group is just one of the great opportunities in 4-H. This year I decided to get my presentation proficiency for the second time. Whatever I do as a career and wherever my life takes me, speaking well will be an asset. This year my presentations were on domestic violence, sexual assault and teen dating violence. I spoke to many middle school students and also high school classes, and I hope that I was able to bring awareness to a topic that is not often talked about. I did a lot of research and met with local leaders of the Ukiah community at Project Sanctuary and The Arbor on Main. 4-H has given me confidence to talk with adults and carry myself well.

I made the decision to be involved in club leadership my last year in 4-H. I had watched what happens to most teenagers who didn't involve themselves at the monthly 4-H meetings- they fell asleep, texted, got "bored", and didn't care about what was going on. While I had already been club president in years past, I decided that I would be president with the goal to help lead our club officers, not to lead the meetings. This past year as club president, I continued to learn but my focus was on our officer team. We wanted to get everyone involved with the decision making, encourage group discussion. I wanted the whole officer team to be included and understand the process of planning the meetings. I also wanted the officers to feel comfortable sharing their opinions and input. I read up on some leadership ideas and wanted to have our meetings at a round table, so that everyone would feel like equals. I made sure that during meetings that officers as a whole were making club decisions not the adults and not just me because 4-H is about the members, not what the adults want. At a Kiwanis meeting I saw that the president spoke at a podium and how she had control of the floor. We did this at our monthly meetings and I found it to be effective. In the past I had set at the officer table, but standing gave a new level of efficiency to the position. Sometimes in leadership we don't need to reinvent the wheel, but look around and see what works in other organizations and how those things can be adapted for our use.

Leadership has been my favorite part of 4-H, but some of the most fun times I have had through 4-H have been showing hogs at Redwood Empire Fair for five years, being a junior and teen leader for the Ukiah cooking project, attending multiple years of 4-H camp, and more. Overall, these past seven years in 4-H have been an amazing journey and an incredible learning experience. I loved meeting new people and learning new things, both about myself and the world around me. I am very grateful to be receiving the Russell Preston Scholarship.

New~~~Blue & Gold Winners

Can go to *Sectional Presentation Day*

At the January 9th Council meeting, it was approved for Gold as well as Blue winning presentations to go to Sectional Presentation Day. The scoring will be stiffer at Sectionals. Members with Blue Award Presentations are expected to follow the evaluators comments to improve their presentation prior to attending Sectional Presentation Day. This year Sectional Presentation day will be in Willits on April 23rd.



Now open New State 4-H Management Board Director positions!

Please consider using your time and talents as a Management Board Director.

All youth (aged 16 by July 1) and adults are encouraged to apply! Positions available:

- Chair Vice Chair Secretary Treasurer
- Resource Development Director
- Marketing and Public Relations Director
- Four (4) Area Directors representing different areas of our state.

Apply [online](#) or [download the application](#) and mail it to the State 4-H Office. Encourage your 4-H'ers, adult volunteers, 4-H parents, and program partners to apply too. For job descriptions, selection process and much more visit: http://4h.ucanr.edu/Get_Involved/Management_Board. **Applications are due March 31st.**

We are also recruiting for youth and adults to join the [Management Board Committees](#) and our [Statewide 4-H Advisory Committees](#). We encourage youth members ages 14-19, 4-H adult volunteers, and program partners to apply. Applications for these committees are **due May 31, 2016**. Through participating on these committees, you can help shape the 4-H Youth Development Program and make the best better!

Also At Extravaganza!!

New This year!

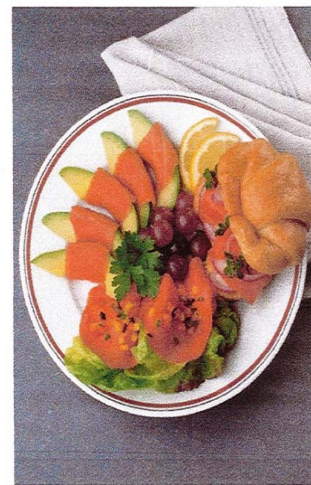
A Place Setting contest

"Good Morning Sunshine"

FREE-Register By Fri April 22, 2016-

Set up on Sat April 30, 2016 Sponsored by W/E Flowers 352 N State St. Ukiah, CA

With Assistance from Mendocino 4-H Programs and Thompson's Party Rental



The Inaugural Place Setting Contest is open to ALL **3rd-6th Graders and Open to the public & 4-H**

Theme, "Good Morning Sunshine".

Register FREE by Fri, Apr 22, 2016 at 890 N Bush St.

Prepare to set your Place Setting at 11 am on Saturday Apr 30, 2016 at 1337 S Dora, Ukiah, CA. Judging begins at 1:30 pm. Thompson's Party Rentals will provide a white table cloth. You Must Have, 1) A menu with name on the bottom 2) Plate 3) Cup and/or Glass, 4) Napkin. May have (not required): Cup/Saucer, Salt and Pepper Shaker, Silverware, Place Mat and other Decor. Winners will be displayed in the front window at 352 N State St. the week of May 2nd-8th, 2016.

Grand Prize is a Lovely Seasonal Flower Arrangement. Other prizes will be awarded. Pick up your forms at the UCCE, 890 N Bush, Ukiah

County Judging Record Book Results

Twenty-nine record books were judged on October 15th at the UCCE in Ukiah. Thank you to all judges that volunteered their time! Also, thank you to all the members that earned a Gold Seal at Club Level to make them eligible to compete at County Level.

Here are the results by club:

Fort Bragg

Genevieve Carmichael~ Blue

Ashley Hautala~ Gold Lucia Jones~Gold

Julia Ravella~ Gold Jacob Welter~ Blue

Mendocino Spartan

Kona Parker-Akau~ Blue Meali Parker-Akau~ Blue

Rose Parker-Akau~ Gold Ariel Anton~ Gold

Hardy Lee Beak~ Gold Joey Beak ~ Gold

Rory Beak ~ Gold Arete Gagnon~ Blue

Sophia Gagnon~ Blue

Potter Valley

Julie Brown~ Gold Katie Brown~ Gold

Hannah McMenome~ Gold Briley Penry~ Gold

Katie Penry~ Gold Noah Penry~ Gold

Owen Powis~ Gold

Redwood Valley Calpella

Adam Lewis~ Gold

Ukiah Shamrocks

Hayden Hayes~ Gold Nathan Hayes~ Gold

Jonathan Hunt~ Gold Rance Redfearn~ Gold

Rusty Redfearn~ Gold Hailey Seever~ Gold

Shannon Whetzel~ Gold



Two Record book Evaluators Workshop are being planned

<http://4h.ucanr.edu/Resources/Members/RecordBook/>

Above is the link to the New Record Book Manual and Forms.

The Incentives and Recognition Committee is planning a workshop (tentatively set) on **May 21st**. Each club will be mandated to send at least one adult (although more are encouraged) to learn how to evaluate their record books at club level. The I & R committee has discovered that all clubs judge/evaluate their clubs books differently, which makes judging/evaluating books at the County Level more difficult.

This first workshop will show all club evaluators why and how to evaluate the club books. It will show how the new forms are to be used and evaluated. It will help record book advisors guide the members on where to put events that they attend, things that they do in 4-H in their record books.

The second workshop will be for all evaluators (judges) that will be evaluating record books at the County Level. (The tentative date is Sept 24th.)

The Record book manual, forms and evaluations have changed. To be sure all clubs are on the same page and evaluating books the same way, the I & R committee is offering this training to speed up the evaluation process and so everyone will be judging the same way.

Please plan to have at **least** one person (more are encouraged) from each club at each of these trainings.

Due Dates for Record Books at County for Judging

- * **September 30th** with names of judges
- * **October 5th Judging at County**
- * **October 17th** due to County for mailing to State
- * **October 21st is when they MUST be at the State**

Club Scribes

Redwood Valley Calpella

Hello all 4H families! Thank you everyone who attended our last 4H meeting on January

12, 2016. During this meeting, Kyle Rodgers gave another brief presentation on Wreaths Across America. We had a cleanup day for the wreaths we laid last December, so thank you everyone who attended those events. Our club will soon be ordering new club shirts, so be ready for those! Redwood Valley is hosting Extravaganza again this year, so if everyone could please help out that would be great. Please contact Hannah Brown if you would like to do so. Our next meeting will be held on February 9th, 2016, at the Redwood Valley Grange. I hope to see everyone there!

Mendocino Spartan 4-H

Happy New Year Mendocino County 4-H Clubs.

The Mendocino Spartan 4-H Club would love to welcome you into 2016. What an amazing year last year was for our club. We had very high enrollment, and our new members have become very active already! We have been focused on creating great community service opportunities. These community service opportunities included, volunteering at Neighbors helping Neighbors, the Masonic Lodge 100th Year Celebration, and serving food at the Whitesboro Grange Breakfasts. We are planning more community service opportunities each month. We finished off the 2015 year with games, cookies, and dancing. 4-H families flocked to the Mendocino K-8 school multi purpose room to share holiday cheer. 2015 held many good 4H memories; in 2016 let's make some new ones! Happy New Year and we hope to see you all at County Presentation Day.

Rory Beak- Mendocino Spartan Club Communication Liaison

Ukiah Shamrocks

At our first 2016 meeting, held on January 7, 2016, we had a great time with Linda Edgington. For our game we played copycat. Everyone had a lot of fun. Linda explained to us that our club has been lacking a little bit. She also said that we don't have a community leader and if we don't get one by September the Ukiah Shamrocks club will be closed. More about this at the end of this article.

Announcements

- Presentation day March 19th in Potter Valley
- Ukiah won the window display contest
- Extravaganza April 30th Ukiah will be holding it
- Summer camp has been canceled- Next steering camp meeting Jan. 27, 6:30 Ukiah 4-H office
- Presidential Inauguration trip in January 2017

What Linda Explained To Us

There are quite a few adult positions to be filled. If you have any questions or if you need information please contact Linda Edgington. Remember there will be no Ukiah Shamrocks next year if there is not a community leader.

Our next meeting is Thursday, February 4th at 6:30 PM at the 4-H office. Hope to see you there.

At our meeting, held on February 4, 2016, we had Erin Holzhauser as a guest. She talked about the T.R.A.I.L.S program. For our game we played dead fish. Everyone had a lot of fun. I personally was terrible at this game. The point was not to laugh.

Announcements

- Presentation day March 19th in Potter Valley
-
- Presentation Sectionals In Willits- April 23rd
-
- Extravaganza April 30th Ukiah
-

Our next meeting is Thursday, March 3rd at 6:30 PM at the 4-H office. Hope to see you there.

Scholarships, Grants and Awards

Russell Preston Scholarship

All graduating Seniors are encouraged to apply for the Russell Preston Scholarship. Members must have been in 4-H for the 4 years of High School to apply.

The **deadline for applying is April 15, 2016**. Get started now so you'll be ready for the deadline.

We have three \$1,000 scholarships to offer every year.

For the application go to this web page; <http://cemendocino.ucanr.edu/4-H Program/4-H Forms and Information/>



2016 Mendocino County Farm Bureau Scholarship Application is due March 15th

For the application go to this web page; <http://cemendocino.ucanr.edu/4-H Program/4-H Forms and Information/>

Scholarship news from the State 4-H office

[The Gloria Barron Prize for Young Heroes](#)
Deadline: April 15

[Karma for Cara Foundation Micro-grants for Service Projects](#)

Deadline: Rolling

[Home Depot Impact Grants](#)
Deadline: Rolling

[Start a Snowball Grant](#)
Deadline: Rolling

[The Awesome Foundation Grants](#)
Deadline: Rolling

New This Year! Summer 2016 Sustainability Grants

YSA and the Sodexo Foundation will be offering Sustainability Grants during Summer 2016.

More information on State 4-H scholarships will be out after March 1st.

Shooting Sports Trainings in March

4-H Shooting Sports Western Heritage Workshop

March 13 – 16, 2016

Plans are underway to host a 4-H Shooting Sports Western Heritage Workshop in California. It will be held at the Safety First Shooting Association in Winton, CA (Merced County). More information and registration material will be sent out when the details are finalized. Those who pass the certification training will be certified to lead a 4-H Western Heritage project. For more information about the project and the location visit:

Western Heritage Project

<http://www.4-hwesternheritageproject.org/>

Safety First Shooting Association

<http://www.safetyfirstshooting.org/>



4-H Shooting Sports Workshop – Rifle or Pistol

WHEN: **Saturday, March 19, 2016 – 8:00 a.m. – 4:00 p.m.**

Sunday, March 20, 2016 – 8:00 a.m. – 4:00 p.m.

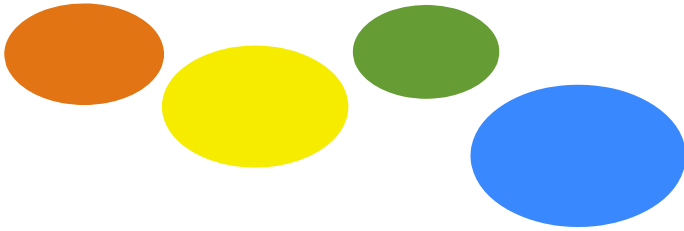
WHERE: **Lincoln Rifle Club – McBean Park Indoor Range, Lincoln, CA (Placer County)**

COST: **\$30.00** - covers the instruction binder that each participant will receive, breakfast and lunch on Saturday. **CERTIFICATION:** Participants must attend both days of training to receive certification. Upon successful completion of the course, the participant will be certified as a rifle trainer and can lead a rifle project at the club level or serve as county trainer to certify other leaders. Teen leaders are invited but must attend with an adult. **REGISTER:** To register and download the application for certification and the medical release forms please visit: <http://ucanr.edu/sites/placercounty4h/?calitem=312672&q=25577>. The application for certification will need to be approved and signed by the county staff prior to attending this class. Registration is due to the Placer County 4-H office no later than Friday, **March 11th**. Space is limited.

State 4-H Updates

Volunteer Development State Leaders' Forum

Connect the Dots



November 11-13, 2016

Registration opens on April 1

Mark your calendars to attend the final State Leaders Forum for a couple of years. Come to **Sonoma County** and the Flamingo Hotel in Santa Rosa to expand your tool box when working with young people. The committee is motivated to create an enlightening experience for you. Scintillating speakers, first class workshops, and clever activities highlight the never-ending quest to ensure you will have monumental memories. We are searching for workshop presenters who are willing to share their out-of-seats delivery.

Please contact Education Chair - Linnaea Knisely (linnaeak@gmail.com). In the mean time visit the website <http://ucanr.edu/4hslf> for updates.

SciGirls Seven: How to Engage Girls in STEM

The SciGirls Seven, is rooted in what research has revealed engages girls in STEM, these strategies have also been proven to work with all learners, including underrepresented youth. For more information visit: <http://scigirlsconnect.org/page/scigirls-seven>



Save the Date!

Plan to Attend

July 28th - 31st, 2016
at Humboldt State University
For High School Youth (Ages 13-19)

The 4-H State Leadership Conference brings together high school youth from across California in a four-day leadership training, networking, and learning experience. The conference provides advanced leadership training and is an opportunity for 4-H members to network and share ideas with other 4-Hers from across the state. The conference focuses on providing high school youth with experiential education on leadership development, civic engagement, college admissions and other 4-H project areas.

Youth delegates gain exposure to the campus by living in the residence halls, eating in the dining commons, and participating in educational sessions, many of which are taught by UC faculty and staff.

The conference is planned by a team of high school 4-H members, key leaders and adult advisors. Working in strong youth-adult partnership, the team designs the educational, recreational and logistical components of the conference.

Healthy Living

4-H THROWDOWN – STATE FAIR

This July at the California State Fair, all 4-H members are invited to take part in the 4-H ThrowDown. The event is divided by age and themes. Each team will consist of three youth members who will be given 15 minutes to prep and then an hour to cook a three course meal. A panel of judges will taste all prepared courses and award a winner.

For more information

[http://4h.ucanr.edu/Projects/HealthyLiving/
Additional Opportunities/](http://4h.ucanr.edu/Projects/HealthyLiving/Additional%20Opportunities/)

CWF PRESIDENTIAL INAUGURATION 2017

Presidential Inauguration 2017
January 17-21, 2017

Join 4-H youth and volunteers from around the Nation at Citizenship Washington Focus Presidential Inauguration 2017.

This is the first time that 4-H has held a Citizenship Washington Focus event during the presidential inauguration.

Who can attend

4-H youth ages 14 - 19 (at time of conference)

Adults are invited to apply to chaperone this event. Please see the Chaperone Information below.

What you will learn and participate in

- Learn the meaning and importance of the Democratic process
- Explore the history of the Presidency, the election process, and the role of the press
- Discover the intricacies of the Executive Branch and careers in politics
- Practice your role in citizenship through service, civic education, and engagement
- Attend the Inauguration Ceremony

Watch the Inauguration Parade

What you will see and do

- Participate in workshops, interactive sessions, and hear inspiring speakers
- Visit National Memorials, Historical Sites, and the Smithsonian museums
- Experience Inauguration Day events
- Dance the night away on an Inaugural Ball dinner and dance cruise

See the [Tentative Schedule](#)

Trip Package

\$1,799 per person, includes:

- Round trip Airline Tickets, airport transportation
- 4 nights lodging at the National 4-H Conference Center
- 4 breakfasts, 3 lunches, and 4 dinners
- Inaugural Ball dinner cruise
- Ground transportation during the program
- Conference shirt and accessories

Note: This event is eligible for our [Gift Certificate Program](#) Please contact Jenna Colburn, State 4-H Office at (530)750-1336, jcolburn@ucanr.edu

State Updates



The **California State Fashion Review** committee has worked hard to create new memories for a fantastic State Fashion Revue (SRF) at UC Davis on Saturday, May 28.

Members, leaders, and parents please check the 4-H website for updated news at http://4h.ucanr.edu/4-H_Events/SFD/SFR/. The updated Scorecards and Guide for Judges have been posted. The entry website at <http://ucanr.edu/sfr2016> register opens March 15. The entry **deadline** is May 14.

Each County must provide one judge for every five entries from their county. Please help us make this year successful by following these guidelines. We are also always in need of adult room monitors.

Register judges and room monitors beginning March 15 at <http://ucanr.edu/sfr2016judges>.

New this year at SFR is a Silent Auction. Donations are gladly accepted to help with the expenses of putting on the event.

There are also some exciting workshops planned this year! Categories for 2016 are Traditional, Consumer Science Purchased \$40, Upcycled, Western Wear Challenge (a western shirt), and Muslin Challenge. And don't forget the community service projects for Recycled Bags and Port Pillows, which are also posted on the website.

If you have questions, contact Sue Moore, SFR Registrar, at 2moores@mlode.com or Mary Engbreth at maryengebreh@comcast.net

Did you know?

National 4-H is hosting a series of webinars on new 4-H curriculum. If you're interested in learning more about our 4-H curriculum, sign up for our webinars. For more information visit: <https://event.on24.com/>

FREE: EVERY KID IN A PARK PASS

A new White House Youth Initiative to get all 4th graders and their families to experience the places that are home to our country's natural treasures, rich history, and vibrant culture FREE OF CHARGE!

The Every Kid in a Park pass is good for the 2015-2016 school year, until August 31, 2016.

Information on obtaining the pass is available by visiting www.everykidinapark.gov



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Web Sites

National 4-H Council
www.4-h.org

California State 4-H Website:
<http://4h.ucanr.edu/>

Record Book forms, officer manuals, Policy Handbook, opportunities for youth and leaders, etc. Click on **Resources** for links to electronic 4-H forms, policies, and opportunities.

Like us on Facebook @ Mendocino County 4-H

Yahoo Groups for Community Club Leaders
<http://groups.yahoo.com/group/4h-ccl/>

Valuable site for discussing issues, sharing information and resources for curriculum, materials and project ideas.

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