



# Mendocino County Roundup

November 2009



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# 4-H Calendar of Events

### November

- 2 Record Books Due to Ukiah 4-H Office for State Judging
- 6 Deadline to RSVP for 4-H Achievement Night
- 6-8 Statewide Leaders Forum, Pacific Grove
- 7-8 Shooting Sports Rifle Training, Ukiah Gun Club,
- 10 New Leader Orientation, 6:30-8:30 p.m., Ukiah 4-H Office
- 14 Achievement Night, Willits Community Center, 5:30 p.m.
- 15 *Round-Up* Deadline for December/January issue
- 26-27 Thanksgiving — 4-H office closed

### December

- 4 SET Power of Wind Workshop, 4-8 p.m., Ukiah Office
- 5 SET Power of Wind Workshop II, 9-5 p.m., Ukiah Office
- 24-25 Christmas Holiday — 4-H Office Closed
- 31 New Year's Eve — 4-H Office Closed



Make the 4-H Pledge a daily practice-  
 I Pledge My Head to Clearer Thinking, My Heart to Greater Loyalty,  
 My Health to Better Living and My Hands to Larger Service

**4-H is ... More Than You Ever Imagined!**

# Mendocino County 4-H Achievement Night 2009 — “Top Dogs”

**Saturday, November 14th; Dinner: 5:30 p.m.; Awards: 6:30 p.m.**  
**Willits Community Center, 101 E. Commercial St.**

**Awards, Honors, & Great Kibbles Will Be Provided**



Mendocino County 4-H will conduct an achievement night this year to recognize and honor our members, leaders, and community supporters. Everyone is invited to attend this evening filled with fun, entertainment, and recognition. Club and county awards will be presented. Dinner will be provided by the 4-H County Council (vegetarian option will be available). Desserts will be provided courtesy of Redwood Valley-Calpella 4-H Club. The theme of 4-H Achievement Night is “Top Dogs.”

The purposes of 4-H incentives and recognition (i.e., achievement awards) are to reinforce the motivation of 4-H members and volunteers to participate, create and achieve in 4-H Youth Development; and to underscore a sense of belonging and being valued in the 4-H community.



Please RSVP by **November 6th** to [weparrish@ucdavis.edu](mailto:weparrish@ucdavis.edu) or by calling 463-4495.

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## 4-H State Rabbit Orientation Day



**Saturday, Nov. 14**  
1:00 - 4:00 pm  
4-H Center, Rohnert Park



This is an informational, educational event for kids and leaders. There will be presentations on showmanship, breed identification, judging, and a leader orientation session. There will also be a session on selecting a rabbit and show rabbits will be for sale from local breeders. Pre-registration is strongly encouraged (there was a huge turnout last year, and they ran out of handouts.) Forms are available on the Sonoma County website at [http://cesonoma.ucdavis.edu/Youth\\_Development](http://cesonoma.ucdavis.edu/Youth_Development). For more information, you can contact Stephanie Karinen-Turner at 707-293-7713.



## **“Club Scribe”**

### **News from county 4-H clubs**



### **RV/Calpella 4-H Club** **Submitted by Bryon Norcross**



Our most recent general meeting was on Tuesday, October 13th. Our outgoing officers introduced the new officers for this year. A big thank you to all of last year’s officers for all of their hard work! Our new officers for this year are:

President: Shaylene Smith  
 Vice Presidents: Jessica Crowhurst and Natasha Looney  
 Secretaries: Casey Looney and Cheyanne Davis  
 Treasurer: Trenton Williams  
 Reporter: Bryon Norcross  
 Historian: Megan Jaramillo  
 Sergeants of Arms: Tristin Vau, Tyler Giuntini, Victoria Vau, Laura Schuler, Connor Hatch  
 Contest Coordinators: Renea Nelson, Nicolas Iverson, Ashley Hatch, Garret Hatch



All of our 4-H members were invited to come to the Achievement Night on November 14, 2009 at the Willits Community Center.

Members need to wear their whites. Let’s celebrate all of the good work of the last year!

Redwood Valley Calpella 4-H member, Jessica Crowhurst won the Mendocino County Breeder of the Year award! Congratulations, Jessica! This is a great honor! Way to go!

The Redwood Valley-Calpella 4-H Club will have their next general meeting on Tuesday, November 10, 2009 at 6:30 p.m. in the Redwood Valley Grange Hall.

Our club contest for next month will be the best dressed turkey. Also, members will bring canned food to our next meeting to donate to the Food Bank. See you there!

### **Ukiah Shamrocks 4-H Club** **Submitted by Megan Whetzel**

The most recent meeting of the Ukiah Shamrocks was on October 1st at the 4-H office. At the meeting, we chose all the different projects we would like to take this year. We have many new members. A big thank you to all the 4-H members who joined and the members who have been in the club for a while. Also, a thank you to the project leaders for helping our club have so many wonderful projects. The Shamrocks’ next meeting will be November 5th in the Ukiah 4-H office. We will be making holiday table centerpieces for a senior citizen facility! Please be there at 6:30 pm!! Thank you!

### **Round Valley 4-H Club** **Submitted by Jocey Thieman**



Round Valley 4-H had our second meeting of the new 4-H year on Monday, October 5th. At our meeting, we voted to wear our 4-H uniforms to school on Wednesday, October 7th for National 4-H Week. We have new members signing up and joining our club. Several new projects are being organized, such as scrap booking and fly tying & fishing. The leaders are organizing a leader’s meeting. Last year’s record books were discussed. The beef group treated us with brownies. Thank you, Tina and Noelia. Our next meeting will be on Monday, November 2nd at 6:00pm at the Buffalo Room.

### **High School 4-H Club** **Submitted by Zach Hedges**

The High 4-H group met Wednesday, October 7 at the Ukiah 4-H office. Officers were elected, the Pumpkin Smashing booth for the Pumpkinfest was planned out, and volunteers signed up. To add a little zazz to the meeting, we took a nonsense quiz and scientifically examined what appeared to be raisins in a cup of 7-Up. Further High 4-H meetings will be held on the 4th Tuesday of every month. The next meeting is October 27.

## Potter Valley 4-H Club

Submitted by Kenzi Wattenburger

Hello, my name is Kenzi Wattenburger and I co-report with Karli Chase for the Potter Valley 4-H Club. Our club held its officer elections recently and this year's officers are:

- President – Gina Gervase
- Vice-Presidents – Emily Eddie & Chayton Johnson
- Secretary/Recorders – Kenzi Wattenburger & Karli Chase
- Treasurer – Chauncey Mills
- Sergeants of Arms – Warren Foster, Taylor Delbar, Garrett Chase, Will Eddie, John Slotte
- Quartermaster – Rebecca Pierachini
- Photography – Britlynn Rodriguez
- Activity Directors – Lezlie Elmer & Wil Matthews

We're starting another great year with cross-club projects like our "Community Services Project," a community collaboration to develop a canned food pantry. This project will kick off with a "Soup On" on Sunday, November 29 from 4-6 p.m. at the Potter Valley Youth and Family Center. We invite everyone to come and share a cup of soup, and all we ask is for each person to bring a canned good for the pantry. Our club also has some mini-projects this year like "Holiday Madness" and "Fair Education Project Roundup" that may only last 2-3 months. These are to get members involved especially when livestock projects may not be active.

We had a great fair season with three of the Grand Champion market animals at the Redwood Empire Fair represented by Potter Valley youth. With fair over, members have worked hard on their record books with the goal of getting gold at Club level to advance to the County and State level. You've never heard so much grumbling in your life as members and their poor parents wish they had kept better track of all those activities they participated so as to get full credit.

Karli will report to you next month with more great news about our club. Stay tuned...

## Willits 4-H Club

Submitted by Jorden Elliott

We had our first meeting in September. It was good: busy with new enrollments going on. Our club is growing like crazy with lots of younger kids ready to learn what 4-H teaches. We had our new officers take over. Our new officers for 2009/2010 are as follows: President Emmy Heiken, Vice President Elizabeth Rountree, Recording Secretary Cheyenne Verdot, Treasurer Haley Schuck, Historian Keely Ahders, Reporter Jorden Elliott, Corresponding Secretary Taten Heiken, Quartermaster Nicole Moore, Sergeants at Arms Caitlyn Forrester and Ian Seymour. All the new project leaders talked about their projects and when they would be getting started. We are having a bake sale booth at the Willits Harvest Festival in October. By the time you read this, we will also have had a cake walk dessert swap at our October meeting, which was on October 19th.



### Correction from October 2009 Round-Up

Page 6 of the October edition of the *Mendocino County Round-Up* mistakenly refers to Jessica Crowhurst as the winner of the 2009 4-H/FFA Large Animal Round Robin at the Redwood Empire Fair. Under the header "4-H In the News," it features a brief summary of an article Jessica wrote for the August 9th edition of the *Ukiah Daily Journal*. The article is a third-person account of the challenges that come with competing in the Round Robin. Jessica never once mentions herself in the article. Yet, the headline the *Daily Journal's* page 3 editor erroneously chose to accompany it was "Large Animal Round Robin Winner Discusses Challenges of the Competition."

**Actually, the winner of the competition was Mady Braught of Long Valley 4-H. Congratulations, Mady!**

By referring to Jessica as the winner, the *Round-Up* repeated the *Daily Journal's* mistake. We regret the error and hope it underscores the important leadership, citizenship, and life skill of always reading the news with a critical eye!

## Opportunities & Updates from the State 4-H Office



- **Inexpensive curriculum for 4-H volunteer leaders and members** is available through UC Agriculture & Natural Resources Communication Services: <http://anrcatalog.ucdavis.edu/>. Browse through the collection by clicking on “4-H Youth Development” in the “Browse” menu.

- A recent study, “**Vulnerable Youth and the Transition to Adulthood**,” geared toward 4-H leaders, staff, and specialists is available at <http://aspe.hhs.gov/hsp/09/VulnerableYouth/>.

### Science, Engineering, and Technology (SET)

- **FreshBrain** invites youth, ages 13-18, to create a learning path of 5-9 activities from any of the technology areas on their website. Learning Paths are a series of activities that will help a FreshBrain user to gain significant knowledge in an area of technology. Scholarships of \$3,500, \$1,000, and \$500 will be granted to the winners. Entries due November 15, 2009. More info: <https://freshbrain.org/scholarship/freshbrain-design-your-own-content-scholarship>
- **The Kids' Science Challenge (KSC)**: a nationwide competition for 3rd to 6th grade youth to submit experiments and problems for REAL scientists and engineers to solve. Entries must be submitted by February 28, 2010. More info: <http://www.kidsciencechallenge.com/>.
- **Disney's Planet Challenge**: A project-based environmental competition for fourth through sixth grade youth, this program prompts youth to think and act responsibly toward the environment while fostering positive youth development. Registration for the competition closes December 18, 2009. More info: <http://www.Disney.com/planetchallenge>.

## 2010 Fair Dates!

The fair dates for 2010 have been announced:

- California State Fair will take place July 14-August 1.
- Redwood Empire Fair in Ukiah is August 5-8.
- The Mendocino County Fair in Boonville is September 17-19.

## News & Notes from Mendo Office

### Food Safety

A friendly reminder: Each 4-H club needs to have at least two (2) adults certified in Food Safety. The certification can be through Mendocino County, or the 4-H program specifically. Both certifications are good for five years (i.e., they expire after the 5th year). Clubs that serve food of any kind (unless it's all prepackaged) must have the food safety person oversee the event. The best practice is to have the certified person on-site. If that isn't possible, the certified person can help with set-up and teach the group what must be done to prepare, cook, and serve the food. The group must then follow the instructions for safe food handling, hand washing, and more. This also applies to refreshments at club meetings, fundraising food sales, or ANYTHING else that deals with unpackaged food. Contact Linda Edgington if you have questions/concerns.

### Last Chance New Leader Orientation!

Linda Edgington will lead an orientation for new project leaders on **November 10th from 6:30 to 8:30 p.m.** at the Ukiah 4-H office (890 N. Bush St.). This is the last **group** orientation we currently have scheduled, so please let prospective new leaders know ASAP!

Anyone who has not attended an orientation is **not** permitted by the CA 4-H office to lead a 4-H project so will not be officially enrolled. As a reminder, new leaders must also complete a livescan at a local law enforcement office and a leader enrollment packet in its entirety.

If you have any questions/concerns, please contact the 4-H office at 463-4495.

### SET Power of Wind Training Coming Up!

The Science, Engineering, and Technology (SET) program is looking for adult and teen volunteers. The purpose is to get more young people interested in science-related careers.

To that end, the Ukiah 4-H office is holding a training on the “Power of Wind” on Friday, Dec. 4th from 4-8 p.m. and Saturday, Dec 5th from 8-5 p.m. This is a hands-on training with materials and food provided. Contact Linda E. for more info.



# ABCs of the Personal Development Report (PDR)

Submitted by Humboldt County 4-H



EVERY 4-H Member should be keeping track of their participation in 4-H on the Personal Development Report Form (PDR). You can access this form at: <http://ca4h.org/4hresource/forms/index.asp>.

The following are the categories and examples of projects, events and activities for which you can earn “star rank” awards in the 4-H Program. Download your PDR today and keep track of all you do in 4-H this year. You’ll be amazed!

## 1. 4-H Projects

**Completed:** It is a requirement that an “Annual Project Report” be completed and included in your record book for each project you complete.

## 2. 4-H Project Skill

**Activities:** This includes judging events, exhibiting your project and showmanship. Look for ways to share what you are doing in 4-H with others.

**3. 4-H Events Attended:** List attendance at Summer Camp and any events listed in the *Round-Up*. You can also count special events that your club sponsors here. Plan to attend WHY Conference in September 2010.

**4. Leadership Development:** Serve on a committee or chair an event; be a Club Officer, or enroll as a Jr. or teen leader in a project. Record your work here.



**5. Citizenship/Community Service:** Help your club plan and complete a project to better some aspect of your community – Eel River Clean-Up; join or cross-club with the Potter Valley Community Service project; collect toys for tots; etc.

**6. Communication Skills:** Have you written an article for the *Round-Up* or the local media about a 4-H event or activity? Can you create a club website? Can your club sponsor an informational booth about 4-H or have an entry in a parade? Plan to do a Presentation this year and share info at your club in a planned talk.

**7. Honors and Recognition:** Super Presenter, Record Book winner, 100% attendance at club meetings, Emerald Star, & 1st place feature booth are some of the honors to record here.

**8. Lifestyle Activities:** What kind of extracurricular structured program are you involved in? Do you attend a church youth program, sing in a choir, take dance lessons or are part of a sports team? Keep track of your participation and list it here on your PDR.

**PLEASE NOTE:** Attendance at 80% or more Community Club and Project meetings is still required for earning any achievement rank.

## Linda Edgington’s Ongoing Supply Wish List

If you have any of these items, we request that you bring them to the 4-H office: Wooden broom sticks/handles; Kids denim jeans (color doesn’t matter) size 10-12; Batting/stuffing for pillows (not forms but loose stuffing); Grosgrain ribbon 1” wide, rolls of any color; felt, squares or rolled pieces, any color; buttons, any kind, size or color; and beakers for science experiments.

## County-Wide Projects — Addition!

In addition to the County-Wide Projects we listed in the October edition of the *Round-Up*, there is one other that’s available: Pathfinders — Guide Dog Puppy Raising with Nancy Steiner!

## 18th Annual Eel River Clean-Up a Huge Success!

On the morning of Saturday, October 18th, a group of 105 people — most of them 4-H members, volunteers, and their families — took a day out of their busy weekends to clean the shores, gravel bars, and roads of the Eel River drainage as part of the 18th annual Eel River Clean-Up. The dedicated clean-up crew cleansed over five miles of river and 20 miles of adjacent county roadways, resulting in 15 cubic yards of trash and 8.5 cubic yards of metal garbage being deposited at the Potter Valley Transfer Station in the course of the day.

The County of Mendocino donated \$450 for dumping fees. PG&E provided a general donation of \$1,000. PG&E also sponsored a barbeque consisting of hamburgers, hot dogs, and tri-tip sandwiches.

According to Ware, who has been organizing the clean-up since its inception, this year's turn-out was one of the biggest so far. "Beb Ware is a happy camper," he said.



The Eel River supplies drinking water to over 500,000 people in southern Mendocino County, Sonoma County, and northern Marin County. It is an ecological keystone of the Pacific north coast. Thank you to all the members and their families who made the clean-up a success!

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### 4-H Shooting Sports Training, Rifle Discipline, Coming Up Quickly!

On the heels of our successful Shotgun Training on October 24-25, a rifle volunteer leader course will be held from 9 a.m. to 5 p.m. on **Saturday and Sunday, November 7-8, 2009** at the Ukiah Gun Club. Upon successful completion of this two-day course, participants will be certified as 4-H leader and be eligible to serve as shooting sports project leaders. Cost for the course is \$20. Teen Leaders may attend, with a participating adult volunteer. Limited camping space is available. You must be an appointed 4-H volunteer or member to attend this training. Send Training Request Form (found at <http://ca4h.org/projresource/shootingsports/index.asp>) with fees payable to "Mendocino County 4-H Council" to UCCE 4-H Rifle, 890 North Bush Street, Ukiah CA 95482, or drop them off here at the 4-H office. For more registration information, contact Linda Edgington (707) 463-4495 or [lgedgington@ucdavis.edu](mailto:lgedgington@ucdavis.edu).

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### Save the Date — 4-H Leader Retreat January 23-24

The third annual Lake-Mendocino County 4-H volunteer leader retreat is scheduled for January 23-24th at a beautiful Mendocino or Lake County location near you! More details to follow in the December/January edition of the *Round-Up*, or check our web site at [cemendocino.ucdavis.edu/4-H\\_program](http://cemendocino.ucdavis.edu/4-H_program) and the sidebar "Leader Retreat."

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### Cloverbud Field Day Postponed Until January 9th

The Cloverbud Field Day has been postponed until Saturday, January 9th from 9:30-12:00 for this event. Mark your calendars! It is open to any 4-H member in K-3rd grade or 5-8 years old. The High 4-H club, along with other teen volunteers, will host and run this super-fun event. Anyone interested in volunteering to help run the event, please contact Linda at 463-4495.

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**“Roundup”  
MENDOCINO COUNTY 4-H  
November 2009**

**Web Sites**

**National 4-H Council**

[www.4-h.org](http://www.4-h.org)

**California State 4-H** <http://ca4h.org>

Record Book forms, officer manuals, Policy Handbook, opportunities for youth and leaders, etc. Click on **Downloads** for links to electronic 4-h forms, clip art, and the policy handbook.

**Mendocino County web site:**

<http://cemendocino.ucdavis.edu>

The *Roundup* is available on this web site. You can also be notified when a new *Roundup* is available electronically. Please contact the Ukiah 4-H office for this information.

**Yahoo Groups for Community Club Leaders**

<http://groups.yahoo.com/group/4h-ccl/>

Valuable site for discussing issues, sharing information and resources for curriculum, materials and project ideas.

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